



DIPLOMARBEIT
Master's Thesis

**BONE FIBRILLOGENESIS AND MINERALIZATION:
QUANTITATIVE ANALYSIS AND IMPLICATIONS
FOR TISSUE ELASTICITY**

**FIBRILLOGENESE
UND MINERALISIERUNG IN KNOCHEN:
QUANTITATIVE ANALYSE UND AUSWIRKUNGEN AUF
DIE GEWEBSELASTIZITÄT**

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Abstract

The purpose of this master's thesis is to investigate the mineralization and fibrillogenesis mechanism of bone, by interpreting published experimental data in a new way. Corresponding experiments were carried out in different laboratories ranging from the year 1925 up to 2003, using biochemical, biophysical and biomechanical techniques. The first Chapter gives a rough introduction of the topic, while the main part of this thesis consists of an article, which was written in cooperation with Christian Hellmich (this article makes up Chapter 2). The third Chapter summarizes the results, discusses various related scientific papers on biological research, and gives an outlook to future research. The evaluation of the data was done with the software Matlab, and respective source codes with description can be found in the appendix section.

Extracellular bone matrix is a tough material consisting mainly of three types of matter. The organic matter is made up of about 90% collagen, the mineral matter is made up of hydroxyapatite crystals, and the rest of the tissue is made up by water. The goal of our research was to find an inherent 'universal' rule in bone mineralization and fibrillogenesis during growth, adulthood, and finally senescence of humans and various mammals. The first step was to collect data from experiments on bone. We classified the experiments into three different measurement methods: dehydration-demineralization, dehydration-deorganification, and dehydration-ashing tests. All considered experimental protocols covered determination of the overall tissue mass density through Archimedes' principle, and they give access to the weight fractions of the three bone components. We calculated the apparent mass densities of the elementary components of bone, which represent the mass of the respective component per unit volume of the entire tissue. By putting the apparent mass densities of the organic and of the mineral matter in relation, we discovered an astonishing correlation between those two quantities. It becomes evident that the mineral concentration increases linearly with the organic concentration during growth from a young individual until it reaches puberty. After reaching a turning point, the reverse can be seen. At very old age, we may face a decrease of the organic matter with progressing mineralization, and also a decline of water is shown by our results. These findings are consistent with what is known about the cooperation of the biological cells responsible for bone formation and resorption, namely the osteocytes, osteoblasts and osteoclasts, which are guided by growth factors and other stimuli. With the mechanical four-step elastic homogenization scheme developed by Fritsch *et al.* (2009), we could also determine mechanical properties of the extracellular bone matrix on the basis of only one variable

— the overall mass density of the bone sample. Such relations can be suitably expressed by polynomial functions. These findings are also essential in biomaterial design and Computer Tomography based biomedical engineering.

Zusammenfassung

Der Zweck dieser Diplomarbeit ist die Erforschung der Knochenmineralisierung und -fibrillogenese durch Neuinterpretation bereits vorhandener Daten von verschiedenen Experimenten, die in den Jahren 1925 bis 2003 durchgeführt wurden. Biochemische, biophysikalische und biomechanische Techniken wurden hierbei für die Datenerhebung verwendet. Das erste Kapitel umfasst eine kurze Einführung in die Thematik. Kapitel 2 beinhaltet einen wissenschaftlichen Artikel, der in Kooperation mit Christian Hellmich verfasst wurde, welcher den Hauptteil dieser Diplomarbeit ausmacht. Das dritte Kapitel besteht aus einer Zusammenfassung der erzielten Resultate, diskutiert verschiedene wissenschaftliche Artikel, die einen biologischen Bezug zur Thematik aufweisen, und gibt einen Ausblick auf zukünftige Forschungsarbeiten. Die Auswertung der Daten wurde mit Hilfe der Software Matlab durchgeführt, und die dazugehörigen Quelltexte mit genauer Beschreibung befinden sich im Appendix.

Die extrazelluläre Knochenmatrix ist ein widerstandsfähiges Material, welches aus drei Hauptbestandteilen besteht. Der organische Teil besteht hauptsächlich (nämlich zu 90%) aus Kollagen, der Mineralanteil besteht aus Hydroxyapatit-Kristallen, und der Rest des Gewebes besteht aus Wasser. Motivation für unsere Forschung ist es, eine inhärente 'universelle' Regel für Knochenmineralisierung und -fibrillogenese während des Wachstums, des Erwachsenenalters, und schließlich der Vergreisung von Menschen und unterschiedlichen Säugetieren zu finden. Der erste Schritt ist das Sammeln der Daten verschiedenster Knochenexperimente. Die Experimente können nach drei verschiedene Messmethoden klassifiziert werden: Dehydrierung-Demineralisierung, Dehydrierung-Deorganifizierung und Dehydrierung-Verbrennung. Alle berücksichtigten Messprotokolle beinhalteten das Archimedische Prinzip, um die Dichte des Knochenmaterials zu messen. Aus diesen Werten können dann die prozentuellen Gewichtsanteile der drei Knochenkomponenten abgeleitet werden. Wir berechnen die apparte Massendichte (Rohdichte) der drei Knochenkomponenten, welche als die Masse der entsprechenden Knochenkomponente pro Volumseinheit des gesamten Gewebes definiert ist. Wir setzen die apparte Massendichte des organischen und mineralischen Materials in Beziehung und entdecken eine erstaunliche Korrelation zwischen diesen zwei Größen. Die chemische Konzentration des Minerals steigt linear mit der Konzentration des organischen Anteils — während der Wachstungsphase des jungen Individuums bis zur Pubertät. Nach dem Erreichen eines Wendepunktes geschieht beim Umbau des organischen Materials genau das Gegenteil: Im hohen Alter stehen wir einer Abnahme des organischen Anteils bei fortschreitender Mineralisierung gegenüber, und auch eine Verminderung des Wasseranteils

wird aus unseren Resultaten ersichtlich. Diese Ergebnisse passen gut zusammen mit dem aktuellen Wissen über die Kooperation der biologischen Zellen, die für den Knochenaufbau und -abbau verantwortlich sind, nämlich den Osteozyten, den Osteoblasten und den Osteoklasten, die durch Wachstumsfaktoren und anderen *Stimuli* gesteuert werden. Mit Hilfe des mechanischen 4-Stufen Homogenisierungsmodells von Fritsch *et al.* (2009) können wir dann auch die mechanischen Eigenschaften der extrazellulären Knochenmatrix auf Basis einer einzigen Variable bestimmen, nämlich der Massendichte des jeweiligen Knochenstückes. Entsprechende Zusammenhänge können durch Polynome ausgedrückt werden. Diese Erkenntnisse sind auch wichtig beim Entwurf von Biomaterialien, sowie bei auf Computertomographie aufbauender biomedizinischer Technik.

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1. Introduction

Bone can be classified as a connective tissue. It consists of a collagen matrix, with a mineral (hydroxyapatite) and a water phase (Parfitt, 1983) and is known to give structure to our body, provides supporting functions, protects our organs, has metabolic functions, and also stores minerals. These are only a few examples of the many tasks which our bones should fulfill at normal functionality. It has drawn a lot of attention and encouraged scientists to do various experiments to help them understand the biological, chemical, and physical properties of this biological material. Yet a lot of facts are not understood or cannot be explained, some parts of the big puzzle are incomplete, and some pieces still remain undiscovered.

The main focus of this paper is to help bringing light into fibrillogenesis and mineralization of bone, throughout the growing and aging process of different bones stemming from various mammals. Bone consists mainly of three major components: water (H_2O), hydroxyapatatite minerals (HA) and organics (org). The latter are made up by 90% of collagen (Biltz & Pellegrino, 1969; Urist *et al.*, 1983; Lees, 1987; Weiner & Wagner, 1998; Teitelbaum, 2000; Kazuhiko *et al.*, 2009).

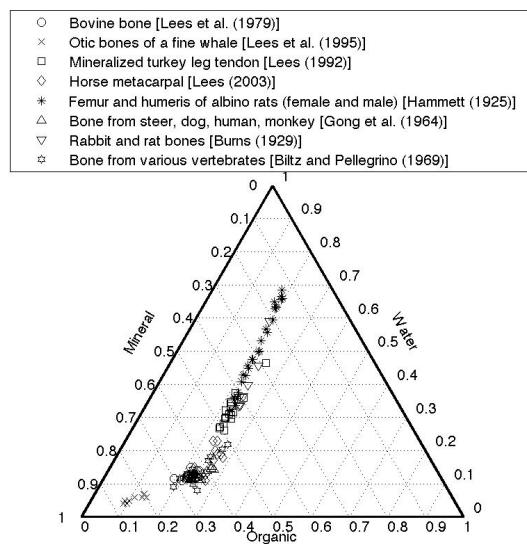


Figure 1.1.: Mineral, water, and organic weight fractions in different mammalian bones

The apparent mass densities, which represent the concentrations of these three bone components, vary among different animals (Lees, 1987; Lees & Page, 1992; Gong *et al.*, 1964; Burns, 1929; Biltz & Pellegrino, 1969) and among animals at different age groups (Lees, 2003; Hammett, 1925). Age being the key factor of enormous chemical composition changes, which is also responsible for changes in mechanical characteristics of bone, was the motivation of several researchers to carry out experiments to find an answer to the question of how aging affects our bones (Kiebzak, 1991; Jowsey, 1960; Frost, 1960; Smith, 1963; Bailey *et al.*, 1998). Even now still a lot of inconsistency exist in the determination of age changes of bone composition between different experiments and researchers. The aim is to define a consistent determination and find a possible explanation with regards to bone biology.

Fritsch & Hellmich (2007) developed a 'universal' five-step micromechanical homogenization model to predict the stiffness of the extravascular bone material. Fritsch & Hellmich (2007) not only developed a model to predict bone stiffness with a high accuracy (mean relative error smaller than 10% between predicted and experimental data), but also pointed out how big the influence of a different composition of water, organics and mineral on the mechanical characteristics of bone is. This is primarily important in designing biomaterials, which should reflect the exact biological and mechanical characteristics of the bone material.

To quantify the mixture of the three bone componentes at different overall mass densities, we aim to define a 'universal' rule of bone mineralization and fibrillogenesis throughout different age groups and density changes as the key factor. To reach this goal, we needed a comprehensive data base from the literature and calculated the concentrations of organic, water and hydroxyapatite minerals by means of quantifying the density and the weight and volume fractions of different bones at different age and from different mammals. On relating these concentrations to the overall mass density, we could define a general pattern of bone samples going through age and density changes. With the knowledge of this growing and aging pattern of bone, the volume fractions of the samples and the 5-step micromechanical homogenization scheme of Fritsch *et al.* (2009), we could predict the mechanical properties by means of the overall mass density with an even higher accuracy as attained by Fritsch & Hellmich (2007).

2. Article: Bone fibrillogenesis and mineralization: Quantitative analysis and implications for tissue elasticity

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Bone fibrillogenesis and mineralization: Quantitative analysis and implications for tissue elasticity

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Abstract

Data from bone drying, demineralization, and deorganification tests, collected over a time span of more than eighty years, evidence a myriad of different chemical compositions of different bone materials. However, careful analysis of the data, as to extract the chemical concentrations of hydroxyapatite, of water, and of organic material (mainly collagen) in the extracellular bone matrix, reveals an astonishing fact: it appears that there exists a unique bilinear relationship between organic concentration and mineral concentration, across different species, organs, and age groups, from early childhood to senility: During organ growth, the mineral concentration increases linearly with the organic concentration (which increases during fibrillogenesis), while from adulthood on, further increase of the mineral concentration is accompanied by a decrease in organic concentration. These relationships imply unique mass density-concentration laws for fibrillogenesis and mineralization, which - in combination with micromechanical models - deliver 'universal' mass density-elasticity relationships in extracellular bone matrix – valid across different species, organs, and ages. They turn out as quantitative reflections of the well-instrumented interplay of osteoblasts, osteoclasts, osteocytes, and their precursors, controlling, in a fine-tuned fashion, the chemical genesis and continuous transformation of the extracellular bone matrix. Considerations of the aforesaid rules may strongly affect the potential success of tissue engineering strategies, in particular when translating, via micromechanics, the aforesaid growth and mineralization characteristics into tissue-specific elastic properties.

Keywords: bone, fibrillogenesis, mineralization, elasticity, continuum
micromechanics, Computer Tomography, biomaterials, tissue engineering

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Nomenclature

A	... regression parameter for function $\mathcal{F}_{\rho_{org}^*}(\rho_{HA}^*)$
b	... average (rigid) collagen crosslink length valid for all mineralized tissues
B	... regression parameter for function $\mathcal{F}_{\rho_{org}^*}(\rho_{HA}^*)$
\mathbb{C}_r	... elasticity tensor of phase r
\mathbb{C}_s	... elasticity tensor of phase s
\mathbb{C}^{ec}	... elasticity tensor of extracellular matrix
\mathbb{C}^{hom}	... homogenized elasticity tensor
\mathbb{C}^0	... elasticity tensor of matrix in Eshelby's matrix-inclusion problem
C_{ijkl}^{ec}	... components of elasticity tensor of extracellular matrix
C_{ijkl}^{exp}	... experimental value for component $ijkl$ of elasticity tensor
C_{ijkl}^{pred}	... model-predicted value for component $ijkl$ of elasticity tensor
d_s	... equatorial diffraction spacing of molecular collagen
D	... axial macropoeriod of staggered assemblies of type I collagen
D_{ijkl}^{ec}	... components of compliance tensor of extracellular matrix
\bar{e}	... mean of relative errors between experimental and model-predicted values
e_s	... standard deviation of relative errors between experimental and model-predicted values
E_1^{ec}	... Young's modulus in transverse direction
E_3^{ec}	... Young's modulus in axial direction
f_{col}	... volume fraction of collagen in extracellular bone matrix
\hat{f}_{col}	... volume fraction of (molecular) collagen at the wet collagen level
f_{ef}	... volume fraction of the extrafibrillar space
f_{fib}	... volume fraction of the fibrillar space
f_{HA}	... volume fraction of hydroxyapatite in extracellular matrix
\check{f}_{HA}	... volume fraction of hydroxyapatite in the fibrillar space
\check{f}_{HA}	... volume fraction of hydroxyapatite in the extrafibrillar space
f_{H_2O}	... volume fraction of water in extracellular matrix
f_{org}	... volume fraction of organic matter in extracellular matrix
f_r	... volume fraction of the phase r

f_s	...	volume fraction of the phase s
\check{f}_{wetcol}	...	volume fraction wet collagen in the fibrillar space
$\mathcal{F}_{\rho_{org}^*}(\rho_{HA}^*)$...	bilinear relationship between ρ_{org}^* and ρ_{HA}^*
$\mathfrak{F}(A, B, \rho_{HA}^{*,crit})$...	sum of squares of the differences between experimental and predicted values
g	...	standard average gravity
G_{12}^{ec}	...	shear modulus in isotropic plane 1 – 2, of extracellular bone material
i	...	index (numbering of experimental values)
\mathbb{I}	...	fourth-order unity tensor
m_0	...	mass constant in diffraction-density relation
M_{air}	...	mass of (millimeter-sized) wet bone sample in air (with empty vascular pores)
M_{dry}	...	mass of (millimeter-sized) dehydrated bone sample
M_{HA}	...	mass of hydroxyapatite in (millimeter-sized) bone sample
M_{H_2O}	...	mass of water in (millimeter-sized) bone sample
M_{org}	...	mass of organic material in (millimeter-sized) bone sample
N	...	number of experimental values
\mathbb{P}_r^0	...	fourth-order Hill tensor
R^2	...	coefficient of determination
SS_{err}	...	sum of squares of the residuals, total sum of squares
SS_{tot}	...	total sum of squares
v_{fib}	...	volume of one rhomboidal fibrillar unit
v_1	...	velocity of acoustic plane wave travelling in transverse direction
v_3	...	velocity of acoustic plane wave travelling in axial direction
V^{ec}	...	volume of the extracellular tissue within (millimeter-sized) bone sample
$W_{submerged}$...	weight of (millimeter-sized) bone sample when fully submerged in liquid
WF_{ash}^{dry}	...	weight fraction of ash in dried bone samples
WF_{HA}	...	weight fraction of hydroxyapatite in extracellular bone matrix
WF_{H_2O}	...	weight fraction of water in extracellular bone matrix
WF_{org}	...	weight fraction of organic material in extracellular bone matrix

$x_{exp,i}$...	i^{th} experimentally obtained value
$x_{pred,i}$...	i^{th} predicted value
μ^{ec}	...	X-ray attenuation coefficient of the extracellular bone material
μ_{HA}	...	X-ray attenuation coefficient of hydroxyapatite
μ_{H_2O}	...	X-ray attenuation coefficient of water
μ_{org}	...	X-ray attenuation coefficient of organic matter
ν_{12}	...	Poisson's ratio in isotropic plane
ν_{13}	...	Poisson's ratio in axial direction
ρ^{ec}	...	mass density of extracellular bone matrix
ρ_{liquid}	...	mass density of liquid
ρ_{HA}	...	real mass density of hydroxyapatite
ρ_{H_2O}	...	real mass density of water
ρ_{org}	...	real mass density of organic matter
ρ_{HA}^*	...	apparent mass density of hydroxyapatite (mass of hydroxyapatite per volume of extracellular bone matrix)
$\rho_{H_2O}^*$...	apparent mass density of water (mass of water per volume of extracellular bone matrix)
ρ_{org}^*	...	apparent mass density of organic matter (mass of organic matter per volume of extracellular bone matrix)
$\phi_{HA,ef}$...	relative amount of hydroxyapatite in the extrafibrillar space, with respect to total amount of hydroxyapatite per volume of extracellular matrix
:	...	second-order tensor contraction

1. Introduction

Bone tissue engineering has become a huge field, both in terms of scientific production and medical potential (Cancedda et al., 2007), and ever since the pioneering work of Langer and Vacanti (1993), a great variety of different material systems have been explored for their potential use as bone tissue engineering scaffolds (Karageorgiou and Kaplan, 2005; Perry, 2002; Komlev et al., 2010; Verma et al., 2008). Quite naturally among all these materials, such based on the actual elementary components of bone, i.e. on hydroxyapatite, collagen and water, may play an important role among all the aforementioned material classes, since one might well expect that such materials might tend to be able to reproduce both the astonishing mechanical properties of bone and the material's biological features (Ficai et al., 2009; Green, 2008; Pramatarova et al., 2005; Roeder, 2008). But even if the materials' basic components are chosen, the questions regarding their mixing characteristics, i.e. of the concentration of the individual components, remain to be answered. A close inspection of century-long chemical investigations clearly shows that there is a larger variety of compositions, ranging all the way from (almost) unmineralized osteoid in early deposition stages to tissues consisting mainly of hydroxyapatite (Hammett, 1925; Lees et al., 1995). To somehow simplify this truly complicated matter, one might hope for general inherent 'rules', quantifying natural relationships between constituent concentrations stemming from sophisticatedly orchestrated activity of biological cells, hormones and growth factors (Lemaire et al., 2004; Gajjeraman et al., 2007; Filvaroff and Derynck, 1998; Pivonka et al., 2010). It is the very focus of this paper to check for the existence of such 'universal' rules in bone fibrillogenesis [when more and more organic matter, mostly collagen, is accumulated in a material volume of bone (Hammett, 1925; Parry and Craig, 1978)] and in bone mineralization [when hydroxyapatite precipitates in the extracollagenous spaces (Hellmich and Ulm, 2003; Höhling, 1969; Landis et al., 1996)]. Therefore, we aim at quantification of relations between the concentrations of the elementary components within a piece of extracellular bone matrix, being expressed as the masses of these constituents per volume of extraellular bone matrix ("apparent mass densities"). In order to reach this aim, we perform the following steps, as described in the sequel of the paper: We collect a comprehensive data base from the literature, related to tissue mass density and composition measurements from a great variety of tissues, belonging either to the same tissue type at different ages of the organism, or to tissues from different organisms at only one age per organism, or both. Subsequently, we describe how to derive constituent concentrations (i.e. apparent mass densities of mineral, collagen and water) from these experimental data base (Section 2). The results of this derivation, 'universal' rules for bone fibrillogenesis and mineralization, are given thereafter (Section 3). Then, the aforementioned bone composition rules are converted, through micromechanics laws, into composition-elasticity relations, which may be used as a prerequisite for biomaterial design (Section 4). Finally, the results are discussed in view of their relation to modern bone biology, as well as with respect to biomaterial design and exploitation of Computer Tomographic Data (Section 5).

2. Evaluation of mass and volume, demineralization and ashing experiments - mass densities and concentrations

2.1. Mass and volume measurements - mass densities

The experimental data of Lees et al. (1979a, 1995, 1983); Lees (1987, 2003); Lees and Page (1992); Biltz and Pellegrino (1969); Gong et al. (1964a); Burns (1929); Hammett (1925) refer to mass density determination according to Archimedes' principle: The mass of samples with a typical size of a few millimeters is measured in air. Hence, the respective value M_{air} refers to a state of empty vascular and lacunar pores, but with wet extracellular (ec) bone matrix. This mass is related to the volume of the extracellular bone matrix V^{ec} , as to arrive at the extracellular tissue mass density

$$\rho^{ec} = \frac{M_{air}}{V^{ec}}. \quad (1)$$

The important feature of Archimedes' principle lies in the mode of determination of V^{ec} . It is determined from M_{air} , together with the weight $W_{submerged}$ of the sample when submerged into a liquid with mass density ρ_{liquid} , according to

$$V^{ec} = \frac{M_{air} - \frac{W_{submerged}}{g}}{\rho_{liquid}}, \quad (2)$$

with g as the standard average gravity, $g = 9.81 \text{ m/s}^2$. Eq. (2) is valid once the pressure in the vascular and lacunar pores follows the hydrostatic pressure distribution in the container where the sample is submerged. Given the characteristic size of vascular and lacunar pores, this requirement is standardly fulfilled. Still, care has to be taken that no air bubbles are entrapped when submerging the samples (Gong et al., 1964a). The extracellular bone tissue mass densities have been documented by Lees et al. (1979a, 1983); Lees (1987); Lees and Page (1992); Lees et al. (1995); Lees (2003); Biltz and Pellegrino (1969); Broz et al. (1995); Gong et al. (1964a); Burns (1929); Hammett (1925), see Tables 1–5.

2.2. Dehydration and demineralization tests - Concentration of hydroxyapatite, organics and water

According to the protocols of Lees et al. (1979a, 1983); Lees (1987); Lees and Page (1992), Lees et al. (1995); Lees (2003), bone samples are dried in a vacuum dessicator at room temperature, until a constant mass is observed (typically after 7 days). This mass is the mass of the dehydrated extracellular bone tissue, M_{dry} . The difference between the wet tissue mass in air, M_{air} , and the dehydrated tissue mass, M_{dry} , equals the mass of water contained in the extracellular matrix,

$$M_{H_2O} = M_{air} - M_{dry}. \quad (3)$$

The water content is typically given in terms of the weight fraction of water,

$$WF_{H_2O} = \frac{M_{H_2O}}{M_{air}}, \quad (4)$$

or in terms of the apparent mass density

$$\rho_{H_2O}^* = \frac{M_{H_2O}}{V^{ec}}, \quad (5)$$

which is proportional to the chemical concentration of water, with the molar mass of water as the proportionality factor. Next, the samples are re-hydrated and then demineralized in a 0.5 M EDTA solution at pH 7.5, until no calcium is detected anymore by an atomic absorption spectrometer. After drying such a demineralized sample in vacuum, one is left with the organic mass contained in the tissue, M_{org} . The respective organic content is typically given in terms of the organic weight fraction

$$WF_{org} = \frac{M_{org}}{M_{air}}, \quad (6)$$

or in terms of the apparent mass density

$$\rho_{org}^* = \frac{M_{org}}{V^{ec}}, \quad (7)$$

which is proportional to the chemical concentration of organic matter within the extracellular bone matrix, with the molar mass of the osteoid organic material as the proportionality factor. Finally, knowledge of mass and concentrations of both organic and water gives access to the hydroxyapatite masses, weight fractions, and apparent mass densities, as

$$M_{HA} = M_{air} - M_{org} - M_{H_2O}, \quad (8)$$

$$WF_{HA} = \frac{M_{HA}}{M_{air}}, \quad (9)$$

$$\rho_{HA}^* = \frac{M_{HA}}{V^{ec}}, \quad (10)$$

and the subsequent relations follow from Eqs. (3)–(10)

$$WF_{HA} + WF_{org} + WF_{H_2O} = 1, \quad (11)$$

$$\rho_{HA}^* + \rho_{org}^* + \rho_{H_2O}^* = \rho^{ec}, \quad (12)$$

with the apparent mass densities calculated via

$$\rho_{org}^* = WF_{org} \times \rho^{ec}, \quad (13)$$

$$\rho_{HA}^* = WF_{HA} \times \rho^{ec}, \quad (14)$$

$$\rho_{H_2O}^* = WF_{H_2O} \times \rho^{ec}. \quad (15)$$

Such weight fractions have been documented by Lees et al. (1979a, 1983); Lees (1987); Lees and Page (1992); Lees et al. (1995); Lees (2003), and Eqs. (13) to (15) were used to compute the apparent mass densities, as given in Tables 1 and 2. The extracellular mass densities ρ^{ec} are not explicitly given in Lees (2003). In this case, the weight fractions provide access to ρ^{ec} , via

$$\begin{aligned} \rho^{ec} &= \left(\frac{WF_{org}}{\rho_{org}} + \frac{WF_{HA}}{\rho_{HA}} + \frac{WF_{H_2O}}{\rho_{H_2O}} \right)^{-1} \\ &= \left(\frac{WF_{org}}{\rho_{org}} + \frac{WF_{HA}}{\rho_{HA}} + \frac{1 - WF_{org} - WF_{HA}}{\rho_{H_2O}} \right)^{-1} \end{aligned} \quad (16)$$

with the real mass densities of water, of organics, and of hydroxyapatite reading as $\rho_{H_2O} = 1 \text{ g/cm}^3$, $\rho_{org} = 1.41 \text{ g/cm}^3$ (Lees, 1987), and $\rho_{HA} = 3 \text{ g/cm}^3$ (Gong et al., 1964b; Lees, 1987; Hellmich, 2005). Corresponding values are documented in Table 3.

Table 1: Bone compositions from dehydration-demineralization experiments of Lees et al. (1979a); Lees and Page (1992)

Tissue	ρ^{ec}	WF_{HA}	WF_{org}	WF_{H_2O}	ρ_{HA}^*	ρ_{org}^*	$\rho_{H_2O}^*$
	[g/cm ³] given	- given	- given	- given	[g/cm ³] Eq. (14)	[g/cm ³] Eq. (13)	[g/cm ³] Eq. (15)
Bovine tibia ^a	2.060	0.66	0.22	0.12	1.355	0.451	0.253
Bovine tibia ^a	2.050	0.66	0.22	0.13	1.345	0.449	0.258
Bovine tibia ^a	2.020	0.62	0.24	0.14	1.254	0.483	0.283
Bovine tibia ^a	2.020	0.63	0.23	0.14	1.267	0.469	0.283
Bovine tibia ^a	2.000	0.64	0.23	0.13	1.286	0.454	0.258
Bovine tibia ^a	2.050	0.64	0.23	0.13	1.318	0.471	0.260
Bovine tibia ^a	2.100	0.67	0.21	0.12	1.409	0.443	0.248
Bovine tibia ^a	2.080	0.66	0.22	0.12	1.381	0.449	0.250
Bovine tibia ^a	2.020	0.66	0.22	0.12	1.329	0.442	0.248
Bovine tibia ^a	1.990	0.66	0.22	0.13	1.305	0.436	0.251
Bovine tibia ^a	1.950	0.64	0.23	0.13	1.248	0.445	0.255
Bovine tibia ^a	2.010	0.66	0.22	0.12	1.325	0.438	0.247
Bovine tibia ^a	2.040	0.64	0.24	0.12	1.302	0.494	0.247
Bovine tibia ^a	2.050	0.70	0.21	0.12	1.433	0.430	0.238
Bovine tibia ^a	2.120	0.66	0.21	0.12	1.401	0.456	0.261
Bovine tibia ^a	2.080	0.66	0.22	0.12	1.379	0.460	0.241
Bovine tibia ^a	2.100	0.65	0.22	0.13	1.359	0.470	0.271
Bovine tibia ^a	1.980	0.65	0.22	0.13	1.295	0.430	0.253
Bovine tibia ^a	2.050	0.64	0.23	0.13	1.320	0.465	0.264
Bovine tibia ^a	2.110	0.65	0.23	0.12	1.369	0.483	0.257
Bovine tibia ^a	2.030	0.64	0.21	0.12	1.295	0.432	0.250
Bovine tibia ^a	2.060	0.70	0.18	0.12	1.440	0.379	0.241
Mineralized turkey leg tendon ^b	1.332	0.29	0.25	0.46	0.380	0.333	0.619
Mineralized turkey leg tendon ^b	1.498	0.45	0.24	0.32	0.667	0.358	0.473
Mineralized turkey leg tendon ^b	1.498	0.41	0.22	0.37	0.614	0.325	0.560
Mineralized turkey leg tendon ^b	1.507	0.44	0.22	0.35	0.658	0.326	0.522
Mineralized turkey leg tendon ^b	1.520	0.45	0.24	0.31	0.690	0.363	0.468
Mineralized turkey leg tendon ^b	1.523	0.44	0.22	0.34	0.666	0.334	0.523
Mineralized turkey leg tendon ^b	1.524	0.40	0.24	0.36	0.603	0.372	0.549
Mineralized turkey leg tendon ^b	1.533	0.44	0.22	0.34	0.678	0.341	0.514
Mineralized turkey leg tendon ^b	1.541	0.46	0.24	0.30	0.707	0.376	0.457
Mineralized turkey leg tendon ^b	1.577	0.47	0.23	0.30	0.746	0.359	0.472
Mineralized turkey leg tendon ^b	1.581	0.46	0.22	0.32	0.730	0.343	0.508
Mineralized turkey leg tendon ^b	1.589	0.48	0.23	0.30	0.756	0.362	0.471
Mineralized turkey leg tendon ^b	1.597	0.49	0.23	0.28	0.777	0.368	0.452
Mineralized turkey leg tendon ^b	1.610	0.46	0.23	0.31	0.739	0.371	0.500
Mineralized turkey leg tendon ^b	1.614	0.49	0.24	0.26	0.799	0.394	0.421
Mineralized turkey leg tendon ^b	1.619	0.50	0.23	0.27	0.810	0.369	0.440
Mineralized turkey leg tendon ^b	1.643	0.51	0.23	0.27	0.831	0.374	0.438

^a Lees et al. (1979a)

^b Lees and Page (1992)

Table 2: Bone compositions from dehydration-demineralization experiments of Lees et al. (1995)

Tissue	ρ^{ec}	WF_{HA}	WF_{org}	WF_{H_2O}	ρ_{HA}^*	ρ_{org}^*	$\rho_{H_2O}^*$
	[g/cm ³] given	- given	- given	- given	[g/cm ³] Eq. (14)	[g/cm ³] Eq. (13)	[g/cm ³] Eq. (15)
Whale malleus ^a	2.490	0.86	0.10	0.04	2.141	0.249	0.100
Whale malleus ^a	2.450	0.80	0.13	0.07	1.960	0.319	0.172
Whale incus ^a	2.500	0.86	0.09	0.05	2.150	0.225	0.125
Whale stapes ^a	2.420	0.81	0.13	0.06	1.960	0.315	0.145
Whale stapes ^a	2.360	0.80	0.14	0.06	1.888	0.330	0.142
Whale periotic ^a	2.400	0.81	0.13	0.07	1.944	0.312	0.168
Whale periotic ^a	2.480	0.83	0.11	0.06	2.058	0.273	0.149
Whale periotic ^a	2.520	0.85	0.10	0.05	2.142	0.252	0.126
Whale periotic ^a	2.520	0.85	0.10	0.05	2.142	0.252	0.126
Whale periotic ^a	2.580	0.87	0.09	0.04	2.245	0.232	0.103
Whale t. bulla ^a	2.480	0.85	0.10	0.05	2.108	0.248	0.124

Table 3: Bone compositions from dehydration-demineralization experiments of Lees (2003)

Tissue	WF_{HA}	WF_{org}	WF_{H_2O}	ρ^{ec}	ρ_{HA}^*	ρ_{org}^*	$\rho_{H_2O}^*$
	- given	- given	- given	[g/cm ³] Eq. (16)	[g/cm ³] Eq. (14)	[g/cm ³] Eq. (13)	[g/cm ³] Eq. (15)
Horse metacarpal	0.54	0.25	0.20	1.784	0.981	0.446	0.357
Horse metacarpal	0.53	0.26	0.17	1.837	1.047	0.478	0.312
Horse metacarpal	0.54	0.26	0.19	1.793	0.986	0.466	0.341
Horse metacarpal	0.63	0.28	0.18	1.790	0.967	0.501	0.322
Horse metacarpal	0.62	0.26	0.12	1.957	1.213	0.509	0.235
Horse metacarpal	0.62	0.27	0.11	1.968	1.220	0.531	0.216
Horse metacarpal	0.64	0.26	0.12	1.957	1.213	0.509	0.235
Horse metacarpal	0.62	0.26	0.13	1.932	1.178	0.502	0.251
Horse metacarpal	0.66	0.25	0.13	1.946	1.206	0.486	0.253
Horse metacarpal	0.63	0.23	0.23	1.745	0.942	0.401	0.401
Horse metacarpal	0.54	0.24	0.23	1.733	0.919	0.416	0.399
Horse metacarpal	0.53	0.27	0.19	1.781	0.962	0.481	0.338
Horse metacarpal	0.54	0.22	0.15	1.938	1.221	0.426	0.291
Horse metacarpal	0.63	0.25	0.13	1.946	1.206	0.486	0.253
Horse metacarpal	0.62	0.26	0.12	1.957	1.213	0.509	0.235
Horse metacarpal	0.62	0.23	0.13	1.975	1.264	0.454	0.257
Horse metacarpal	0.64	0.26	0.12	1.957	1.213	0.509	0.235
Horse metacarpal	0.62	0.23	0.12	1.988	1.312	0.457	0.239
Horse metacarpal	0.66	0.24	0.13	1.960	1.235	0.470	0.255

2.3. Dehydration-deorganification tests of Gong et al. - Concentration of hydroxyapatite, organics and water

According to the protocol of Gong et al. (1964a), bone samples with original weight of M_{air} are dried at 80 °C for 72 hours, after which they exhibit mass M_{dry} . Through Eqs. (3)–(5), these masses give access to the water concentration in the extracellular bone matrices. Next, the samples are freed from fat and other organic material, using, in a soxhlet apparatus, a mixture of 80% ethyl ether and 20% ethyl alcohol, as well as an 80% aqueous solution of ethylene diamine, respectively.

After drying such a de-organized sample at 80 °C until a constant weight is attained, one is left with the hydroxyapatite mass contained in the tissue, M_{HA} . Through Eqs. (9)–(10), this mass gives access to the hydroxyapatite concentrations in the extracellular bone matrices. Finally, when knowing M_{HA} , M_{air} , and M_{H_2O} , Eq. (8), together with Eq. (6) and (7), delivers the organic concentration. Corresponding apparent mass densities are given in Gong et al. (1964a), see Table 4.

Table 4: Bone composition from dehydration-deorganification experiments of Gong et al. (1964a)

Tissue	ρ^{ec}	ρ_{org}^*	$\rho_{H_2O}^*$	ρ_{HA}^*
	[g/cm ³] given	[g/cm ³] given	[g/cm ³] given	[g/cm ³] Eq. (12)
Steer tibial shaft	1.995	0.486	0.252	1.257
Dog femoral shaft	2.003	0.519	0.223	1.261
Human femur and tibia	1.991	0.476	0.237	1.278
Monkey femur diaphysis	2.035	0.487	0.239	1.309
Steer atlas bone	1.93	0.51	0.28	1.14
Dog lumbar vertebral body	1.91	0.51	0.29	1.11
Human 12th thoracic, 1st and 2nd lumbar vertebral body	1.92	0.50	0.27	1.16
Monkey lumbar vertebrae	1.88	0.51	0.27	1.09

2.4. Dehydration-ashing tests - Concentration of hydroxyapatite, organics and water

According to the protocols of Burns (1929) and Hammett (1925), whole bones of rats with fresh weight M_{air} are dried at 105–110 °C for 24 hours (Hammett, 1925; Chick et al., 1926) and at 96 °C for seven days (Hammett, 1925, 1924), respectively. Thereafter, the bones exhibit masses M_{dry} . Through Eqs. (3) and (4), these masses give access to the water weight fractions WF_{H_2O} . Next, the dried bones are gently incinerated until all organic matter is burned off. Subsequent weighing results in the hydroxyapatite mass M_{HA} , giving access to mineral and organic weight fractions according to Eqs. (9), (8) and (6). These weight fractions, in turn, provide access to the mean mass density of the extracellular matrix of the investigated bones, through Eq. (16). Together with Eqs. (16), Eqs. (13)–(15) deliver the apparent mass densities of organics, water and hydroxyapatite. Corresponding values are documented in Table 5.

Table 5: Bone compositions from dehydration-ashing experiments of Hammett (1925) and Burns (1929)

Tissue	WF_{HA}	WF_{org}	WF_{H_2O}	ρ^{ec} [g/cm ³] Eq. (16)	ρ_{HA}^* [g/cm ³] Eq. (10)	ρ_{org}^* [g/cm ³] Eq. (7)	$\rho_{H_2O}^*$ [g/cm ³] Eq. (5)
Rabbit femur, fibula, tibia, humerus, radius and ulna ^a	0.31	0.23	0.45	1.381	0.428	0.324	0.628
Rabbit femur, fibula, tibia, humerus, radius and ulna ^a	0.21	0.20	0.59	1.250	0.266	0.246	0.737
Rat leg bones ^a	0.42	0.25	0.34	1.54	0.64	0.38	0.52
Rat leg bones ^a	0.37	0.24	0.40	1.45	0.53	0.35	0.58
Rat leg bones ^a	0.42	0.24	0.34	1.54	0.65	0.38	0.52
Rat leg bones ^a	0.40	0.23	0.36	1.52	0.62	0.35	0.54
Rat leg bones ^a	0.40	0.24	0.36	1.50	0.59	0.36	0.54
Humerus of rat ^b	0.18	0.19	0.63	1.209	0.155	0.212	0.798
Humerus of rat ^b	0.18	0.19	0.63	1.213	0.169	0.225	0.784
Humerus of rat ^b	0.26	0.20	0.53	1.308	0.249	0.253	0.738
Humerus of rat ^b	0.32	0.21	0.48	1.372	0.379	0.290	0.668
Humerus of rat ^b	0.36	0.21	0.43	1.433	0.433	0.288	0.651
Humerus of rat ^b	0.42	0.22	0.36	1.524	0.509	0.311	0.610
Humerus of rat ^b	0.45	0.23	0.32	1.580	0.628	0.349	0.543
Humerus of rat ^b	0.17	0.18	0.65	1.199	0.169	0.233	0.779
Humerus of rat ^b	0.18	0.19	0.63	1.209	0.178	0.231	0.777
Humerus of rat ^b	0.23	0.20	0.57	1.273	0.300	0.266	0.711
Humerus of rat ^b	0.31	0.21	0.48	1.372	0.387	0.285	0.669
Humerus of rat ^b	0.34	0.21	0.46	1.398	0.475	0.301	0.629
Humerus of rat ^b	0.38	0.21	0.41	1.459	0.601	0.333	0.564
Humerus of rat ^b	0.42	0.22	0.35	1.532	0.666	0.364	0.520
Femur of rat ^b	0.14	0.20	0.66	1.180	0.205	0.215	0.779
Femur of rat ^b	0.15	0.19	0.65	1.186	0.213	0.230	0.766
Femur of rat ^b	0.24	0.21	0.56	1.277	0.299	0.253	0.721
Femur of rat ^b	0.29	0.21	0.50	1.341	0.432	0.288	0.652
Femur of rat ^b	0.34	0.21	0.45	1.404	0.471	0.290	0.637
Femur of rat ^b	0.40	0.22	0.38	1.497	0.552	0.314	0.594
Femur of rat ^b	0.43	0.23	0.34	1.550	0.650	0.340	0.542
Femur of rat ^b	0.13	0.18	0.68	1.165	0.212	0.234	0.763
Femur of rat ^b	0.14	0.19	0.67	1.178	0.218	0.234	0.761
Femur of rat ^b	0.20	0.20	0.59	1.240	0.345	0.268	0.695
Femur of rat ^b	0.28	0.22	0.50	1.337	0.432	0.287	0.652
Femur of rat ^b	0.32	0.21	0.47	1.372	0.519	0.300	0.614
Femur of rat ^b	0.36	0.22	0.43	1.429	0.640	0.334	0.550
Femur of rat ^b	0.41	0.23	0.36	1.520	0.713	0.361	0.506

^a Burns (1929), weight fraction of the fat was given separately, therefore recalculation of the fatless weight fractions necessary

^b Hammett (1925)

According to the protocol of Biltz and Pellegrino (1969), bone samples with original weight of M_{air} , are dried at 105 °C until a constant mass, M_{dry} , is attained. Thereafter, they are incinerated at 600 °C, for sixteen hours, being transformed into ash with weight M_{ash} . Biltz and Pellegrino (1969) documented the volume fraction of water

$$f_{H_2O} = \frac{(M_{air} - M_{dry})}{V^{ec}}, \quad (17)$$

as well as the weight fraction of ash in dried samples,

$$WF_{ash}^{dry} = \frac{M_{ash}}{M_{dry}}. \quad (18)$$

Gong et al. (1964b) showed that, at 600 °C, not only organic matter, but also part of the hydroxyapatite becomes volatile during incineration. In quantitative terms, 6.6% of the ash weight is the weight of volatile inorganic. Hence, the weight fraction of hydroxyapatite in a dried bone sample reads as

$$WF_{HA}^{dry} = WF_{ash}^{dry} \times 1.066. \quad (19)$$

WF_{HA}^{dry} gives access to the apparent mass density of hydroxyapatite, via

$$\rho_{HA}^* = WF_{HA}^{dry} \times (\rho_{exp}^{ec} - \rho_{H_2O}^*), \quad (20)$$

with the apparent mass density of water following from

$$\rho_{H_2O}^* = f_{H_2O} \times \rho_{H_2O}. \quad (21)$$

Finally, the apparent mass density of organic matter follows from Eq. (12). Corresponding values are documented in Table 6.

Table 6: Bone compositions from dehydration-ashing experiments of Biltz and Pellegrino (1969)

Tissue	ρ^{ec} [g/cm ³]	f_{H_2O}	WF_{ash}^{dry}	WF_{HA}^{dry}	WF_{HA}^{ec}	WF_{org}^{ec}	$WF_{H_2O}^{ec}$	ρ_{HA}^* [g/cm ³]	ρ_{org}^* [g/cm ³]	$\rho_{H_2O}^*$ [g/cm ³]
Cortical bone of femora and tibia: given	- given	- given	- Eq. (19)	- Eq. (14)	- Eq. (13)	- Eq. (15)	- Eq. (20)	[g/cm ³] Eq. (20)	[g/cm ³] Eq. (12)	[g/cm ³] Eq. (21)
Fish	1.800	0.40	0.61	0.65	0.51	0.27	0.22	0.913	0.491	0.396
Turtle	1.810	0.37	0.62	0.67	0.53	0.27	0.20	0.958	0.482	0.370
Frog	1.930	0.35	0.66	0.70	0.57	0.25	0.18	1.103	0.475	0.352
Polar Bear	1.920	0.33	0.66	0.70	0.58	0.25	0.17	1.119	0.471	0.330
Man	1.940	0.15	0.67	0.71	0.66	0.26	0.08	1.275	0.510	0.155
Elephant	2.000	0.20	0.69	0.73	0.66	0.24	0.10	1.316	0.484	0.200
Monkey	2.090	0.23	0.69	0.73	0.65	0.24	0.11	1.364	0.496	0.230
Cat	2.050	0.24	0.69	0.74	0.65	0.23	0.12	1.336	0.478	0.236
Horse	2.020	0.25	0.69	0.74	0.65	0.23	0.12	1.309	0.461	0.250
Chicken	2.040	0.24	0.70	0.74	0.65	0.23	0.12	1.332	0.463	0.245
Dog	1.940	0.28	0.70	0.74	0.64	0.22	0.14	1.235	0.425	0.280
Goose	2.040	0.23	0.71	0.75	0.67	0.22	0.11	1.365	0.445	0.230
Cow	2.000	0.26	0.71	0.76	0.66	0.21	0.13	1.315	0.423	0.262
Guinea Pig	2.100	0.25	0.71	0.76	0.67	0.21	0.12	1.404	0.446	0.250
Rabbit	2.120	0.24	0.73	0.77	0.69	0.20	0.12	1.453	0.422	0.245
Rat	2.240	0.20	0.73	0.78	0.71	0.20	0.09	1.597	0.441	0.202

3. 'Universal' rules in bone fibrillogenesis and mineralization

The concentrations (apparent mass densities) of organics, mineral, and water in bone tissues from a great variety of species, organs, and ages [as determined through Eqs. (1)–(21)], strongly correlate mutually, and they also correlate with the bone tissue mass density, as seen in Figures 1–4, plotted on the basis of the data evaluated in Tables 1–6.

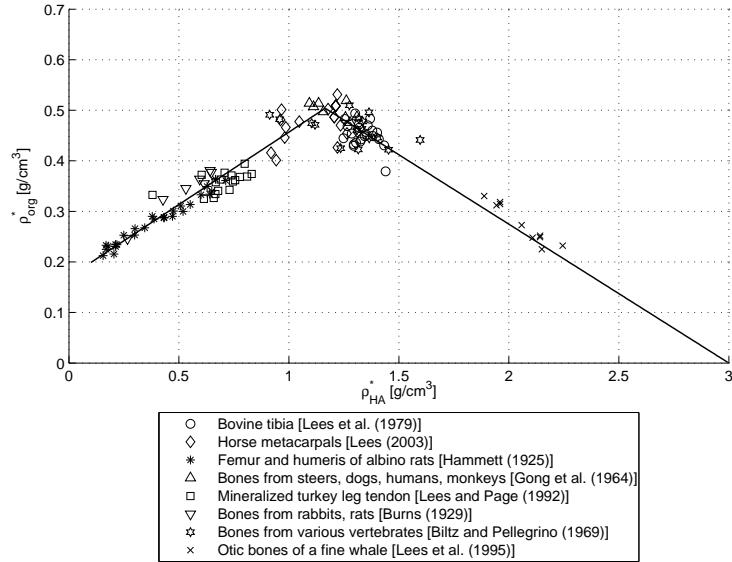


Figure 1: Relation between apparent mass densities of hydroxyapatite and organic matter in extracellular bone matrix, across different species, organs and ages (see Tables 1 to 6 for numerical values and specification of bone types)

Interestingly, all these correlations can be represented by bilinear functions. As for the relationship between organics and mineral concentration, an increase of organic concentration with increasing mineral concentration (up to a critical value $\rho_{HA}^{*,crit}$ of about 1.20 g/m^3) is followed by a decrease of organic concentration with increasing mineral concentration (larger than about 1.20 g/m^3), see Figure 1. The bilinear relationship can be represented by two linear branches,

$$\mathcal{F}_{\rho_{org}^*}(\rho_{HA}^*) = A \times \rho_{HA}^* + B \quad \text{for } 0 < \rho_{HA}^* \leq \rho_{HA}^{*,crit}, \quad (22)$$

$$\begin{aligned} \mathcal{F}_{\rho_{org}^*}(\rho_{HA}^*) &= \left[A \times \rho_{HA}^{*,crit} + B \right] \times \left[1 - \frac{\rho_{HA}^* - \rho_{HA}^{*,crit}}{\rho_{HA} - \rho_{HA}^{*,crit}} \right] \\ &\text{for } \rho_{HA}^{*,crit} < \rho_{HA}^* < \rho_{HA}. \end{aligned} \quad (23)$$

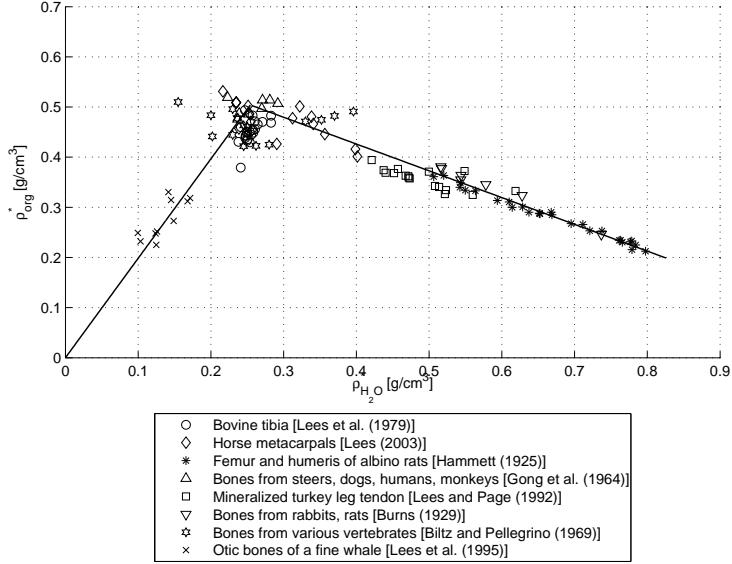


Figure 2: Relation between apparent mass densities of water and organic matter in extracellular bone matrix, across different species, organs and ages (see Tables 1 to 6 for numerical values and specification of bone types)

In Eq. (22) and (23), A , B , and $\rho_{HA}^{*,crit}$ are determined such that the sum of squares of the differences between the N experimental values $\rho_{org,i}^*$ (corresponding to hydroxyapatite concentrations $\rho_{HA,i}^*$) and corresponding fitted values $\mathcal{F}_{\rho_{org}^*}(\rho_{HA,i}^*)$, according to Eqs. (22) and (23), is minimized,

$$\mathfrak{J}(A, B, \rho_{HA}^{*,crit}) = \sum_{i=1}^N \left[\rho_{org,i}^* - \mathcal{F}_{\rho_{org}^*}(\rho_{HA,i}^*) \right]^2 \rightarrow \min. \quad (24)$$

This yields $A = 0.29$ g/cm³, $B = 0.17$ g/cm³, and $\rho_{HA}^{*,crit} = 1.18$ g/cm³. The maximum apparent mass density of organic matter follows as $\mathcal{F}_{\rho_{org}^*}(\rho_{HA}^{*,crit}) = 0.51$ g/cm³. The quality of the bilinear representation expressed through Eq. (22) and (23) is underlined by the coefficient of determination

$$R^2 = 1 - \left(\frac{SS_{err}}{SS_{tot}} \right), \quad (25)$$

with

$$SS_{tot} = \sum_{i=1}^N \left(\rho_{org,i}^* - \frac{1}{N} \sum \rho_{org,i}^* \right)^2, \quad (26)$$

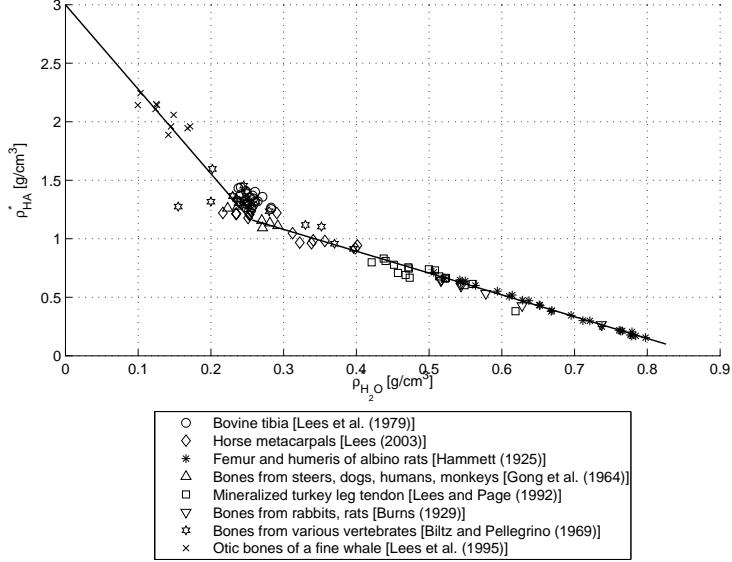


Figure 3: Relation between apparent mass densities of water and hydroxyapatite matter in extracellular bone matrix, across different species, organs and ages (see Tables 1 to 6 for numerical values and specification of bone types)

and

$$SS_{err} = \sum_{i=1}^N (\rho_{org,i}^* - \mathcal{F}_{\rho_{HA,i}^*})^2, \quad (27)$$

amounting to $R^2 = 0.94$.

The apparent mass densities of hydroxyapatite and organics can be transformed into volume fractions (volume of hydroxyapatite or organics within a piece of extracellular bone matrix, over volume V_{ec} of this piece), through

$$f_{HA} = \frac{\rho_{HA}^*}{\rho_{HA}}, \quad (28)$$

$$f_{org} = \frac{\rho_{org}^*}{\rho_{org}}. \quad (29)$$

Since the remaining space in the aforementioned piece of extracellular bone tissue is occupied by water, the volume fraction of the latter follows as

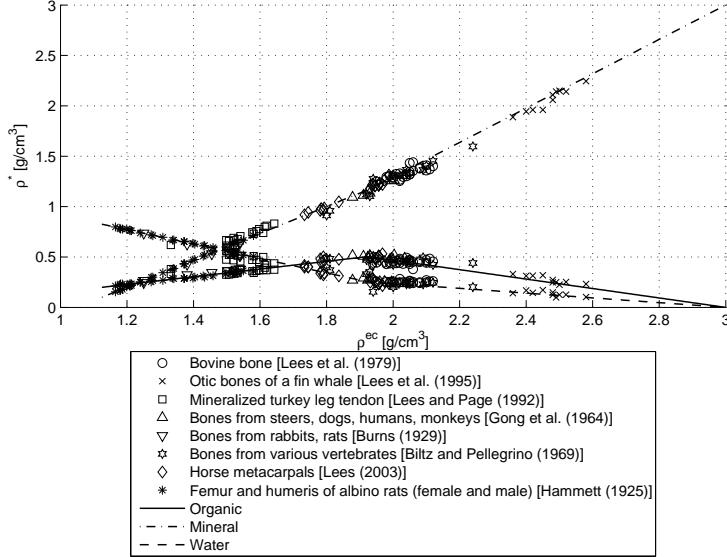


Figure 4: Apparent mass densities of water, hydroxyapatite, and organic matter versus overall mass density ρ^{ec} of extracellular bone matrix, across different species, organs and ages (see Tables 1 to 6 as in Figures 1 to 3

$$f_{H_2O} = 1 - f_{HA} - f_{org}, \quad (30)$$

which gives access to the apparent mass density of water as

$$\rho_{H_2O}^* = f_{H_2O} \times \rho_{H_2O}. \quad (31)$$

When representing ρ_{org}^* through function $\mathcal{F}_{\rho_{org}^*}$ [see Eqs. (22) and (23)], Eqs. (28) to (31) define bilinear relations involving the apparent mass density of water, $\rho_{H_2O}^*$, depicted in Figures 2 and 3. These relationships are characterized by coefficients of determination amounting to $R^2 = 0.75$ and $R^2 = 0.95$, respectively. Alternatively, the apparent mass densities can be given as a function of the extracellular bone tissue mass density

$$\rho^{ec} = f_{H_2O} \times \rho_{H_2O} + f_{org} \times \rho_{org} + f_{HA} \times \rho_{HA}, \quad (32)$$

see Figure 4. Corresponding coefficients of determination for water, organics, and hydroxyapatite amount to $R^2 = 0.97$, $R^2 = 0.90$, and $R^2 = 0.99$, respectively. Alternatively, with the help of Eqs. (28), (29), and (30), the extracellular mass density ρ^{ec} can be related to volume fractions of hydroxyapatite, organics, and water (see Figure 5).

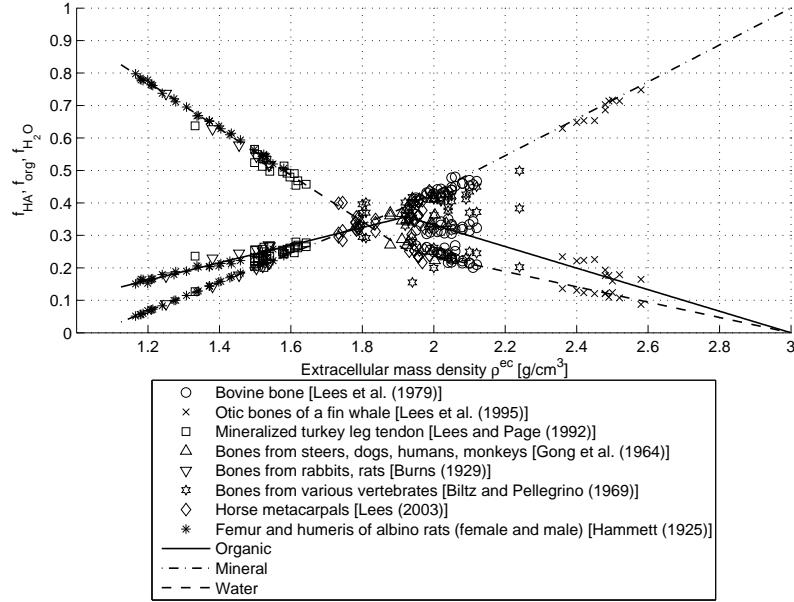


Figure 5: Volume fractions of hydroxyapatite, organs, and water in extracellular bone matrix, as function of the mass density of the latter

4. 'Universal' relations between extracellular mass density and tissue elasticity

Recently, hierarchical material models for bone (Hellmich et al., 2004; Fritsch and Hellmich, 2007; Fritsch et al., 2009a), developed within the framework of continuum micromechanics (Zaoui, 2002) and validated through a multitude of biochemical, biophysical and biomechanical experiments (Bonar et al., 1985; Lees, 1987; Ashman et al., 1984; McCarthy et al., 1990), have opened the way to translate the chemical composition of extracellular bone material (i.e. the volume fractions of organics, water, and hydroxyapatite, as seen in Figure 5) into the tissue's anisotropic elasticity. In the following, we will combine the aforementioned micromechanics models with the relations depicted in Figure 5, as to provide 'universal' relations between extracellular mass density and tissue elasticity (such relations are of interest for biomaterial design or simulation-based biomedical engineering, as discussed later, see Section 5). In more detail, we employ the four-step elastic homogenization scheme reported in (Fritsch and Hellmich, 2007; Fritsch et al., 2009a), see Figure 6, based on the tissue-independent 'universal' elastic properties of the elementary building blocks of extracellular bone material, namely hydroxyapatite, collagen, and water with some insignificant amount of non-collagenous organics. These properties given in (Hellmich et al., 2004; Fritsch and Hellmich, 2007), are accessible through ultrasonic techniques (Katz and Ukrainicik, 1971; Cusack and Miller, 1979) or *ab initio* simulations (Ching et al., 2009). The aforementioned multilevel homogenization scheme relates the stiffness of material phases (i.e. quasi-homogeneous subdomains) within a representative volume element (RVE) [e.g. molecular collagen within RVE of wet collagen in Figure 6 (a), or mineralized

collagen fibril within RVE of extracellular bone matrix in Figure 6 (d)], to the stiffness of the RVE itself, as a function of the phase stiffnesses and of the phase volume fractions in all RVEs. On a mathematical level, this is achieved by setting the phase strain equal to those in ellipsoidal inclusions in infinitely extending matrices of stiffness \mathbb{C}^0 subjected to remote strains, and by combining respective semi-analytical relationships (Eshelby, 1957; Laws, 1977) with stress and strain average rules (Hashin, 1983; Zaoui, 2002). For all four RVEs depicted in Figure 6, the phase elasticities are related to the overall RVE-specific ("homogenized") elasticity through the standard expression of matrix-inclusion-problem-based continuum micromechanics (Benveniste, 1987; Zaoui, 2002)

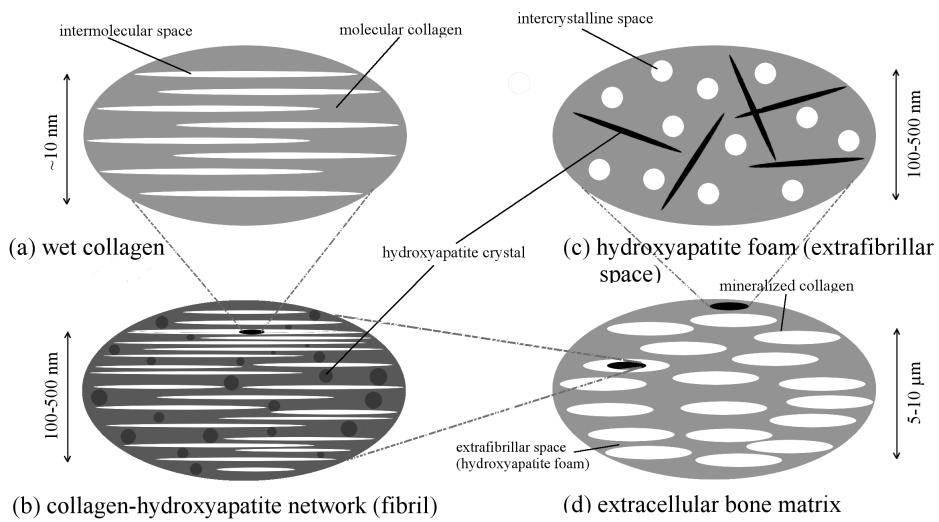


Figure 6: Four-step homogenization scheme after Fritsch and Hellmich (2007), Fritsch et al. (2009a)

$$\begin{aligned} \mathbb{C}^{hom} = & \sum_r f_r \mathbb{C}_r : [\mathbb{I} + \mathbb{P}_r^0 : (\mathbb{C}_r - \mathbb{C}^0)]^{-1} \\ & : \left\{ \sum_s f_s [\mathbb{I} + \mathbb{P}_s^0 : (\mathbb{C}_s - \mathbb{C}^0)]^{-1} \right\}^{-1}, \end{aligned} \quad (33)$$

where f_r and \mathbb{C}_r are the volume fraction and the elastic stiffness of phase r , \mathbb{I} is the fourth-order unity tensor, \mathbb{P}_r^0 the fourth-order Hill tensor of the characteristic shape of phase r and \mathbb{C}^0 is the matrix stiffness. Choice of this stiffness describes the interactions between the phases: for \mathbb{C}^0 coinciding with one of the phase stiffnesses [Mori-Tanaka scheme, (Mori and Tanaka, 1973; Wakashima and Tsukamoto, 1991)], a composite material is represented [contiguous matrix with inclusions - see Figure 6 (d)]; for $\mathbb{C}^0 = \mathbb{C}^{hom}$ (self-consistent scheme Hershey (1954); Hill (1963)), a dispersed arrangement

of the phases is considered [typical for polycrystals - see Figure 6 (a),(b),(c)]. In case of the extrafibrillar space [Figure 6 (c)], with infinitely many crystal phases oriented in all directions, the sums in Eq. (33) need to be replaced by integrals over the unit sphere, as detailed in Fritsch et al. (2009a,b).

The volume fractions of the four RVEs of Figure 6 need to be derived from f_{org} , f_{HA} , and f_{H_2O} : first, the volume fraction of collagen is determined from the organic volume fraction, through the fact that 90% of the organic matter in extracellular bone matrix is collagen,

$$f_{col} = 0.9 \times f_{org}. \quad (34)$$

The volume fraction of the fibrils and the extrafibrillar space [see Figure 6 (b),(c),(d)], f_{fib} and f_{ef} can be quantified on the basis of the generalized packing model of Lees et al. (1984b); Lees (1987), through

$$f_{fib} = f_{col} \times \frac{v_{fib}}{v_{col}}, \quad v_{fib} = bd_s 5D, \quad (35)$$

where f_{col} is determined according to Eq. (34). In Eq. (35), $v_{col} = 335.6 \text{ nm}^3$ is the volume of a single collagen molecule (Lees, 1987); v_{fib} is the volume of one rhomboidal fibrillar unit with length $5D$, width b , and height d_s , $b = 1.47 \text{ nm}$ is an average (rigid) collagen crosslink length valid for all mineralized tissues (Lees et al., 1984b), $D \approx 64 \text{ nm}$ is the axial macroperiod of staggered assemblies of type I collagen, and d_s is the tissue-specific neutron diffraction spacing between collagen molecules, which depends on the mineralization and the hydration state of the tissue (Lees et al., 1984a; Bonar et al., 1985; Lees et al., 1994b). For wet tissues, d_s can be given in a dimensionless form (Hellmich and Ulm, 2003), as a function of ρ^{ec} only

$$d_s = \text{const} \times m_0^{\frac{1}{3}} \rho^{ec - \frac{1}{3}}, \quad (36)$$

for $(\text{const} \times m_0^{\frac{1}{3}}) = 1.57 \times 10^{-10} \text{ kg}^{\frac{1}{3}}$.

The volume fractions for scales below the ultrastructure can be derived directly from f_{fib} and f_{col} , on the basis of the finding of Hellmich and Ulm (2001, 2003) that the average hydroxyapatite concentration in the extra-collagenous space of the extracellular wet mineralized tissues is the same inside and outside the fibrils. Accordingly, the relative amount of hydroxyapatite in the extrafibrillar space reads as (Hellmich and Ulm, 2001, 2003)

$$\phi_{HA,ef} = \frac{1 - f_{fib}}{1 - f_{col}}. \quad (37)$$

With this value at hand, the mineral volume fractions in the fibrillar and the extrafibrillar space follow as [see Figure 6 (b),(c),(d)]

$$\check{f}_{HA} = \frac{f_{HA}(1 - \phi_{HA,ef})}{f_{fib}}, \quad (38)$$

$$\check{f}_{HA} = \frac{\phi_{HA,ef} f_{HA}}{f_{ef}}. \quad (39)$$

Within the fibril, comprising the phases hydroxyapatite and wet collagen [see Figure 6 (b)], the volume fraction of the latter reads as

$$\check{f}_{wetcol} = 1 - \check{f}_{HA}. \quad (40)$$

Finally, the volume fraction of (molecular) collagen [see Figure 6 (a)] at the wet collagen level can be calculated from \bar{f}_{col} , through

$$\check{f}_{col} = \frac{\bar{f}_{col}}{\check{f}_{wetcol}}. \quad (41)$$

Eqs. (33) and (36), together with Eqs. (34)–(41), deliver the extracellular elasticity tensor components C_{ijkl}^{ec} as a function of the extracellular mass density ρ^{ec} [see Figures 8(a) and 8(b)]. These elasticity tensor components give access to the Young's moduli [see Figures 9(a) and 9(b)] via

$$E_1^{ec} = \frac{1}{D_{1111}^{ec}}, \quad (42)$$

$$E_3^{ec} = \frac{1}{D_{3333}^{ec}}, \quad (43)$$

with compliance tensor \mathbb{D}^{ec} being the inverse of \mathbb{C}^{ec} ; and the Poisson's ratio and the shear modulus of the bone material [see Figures 10(a), 10(b), 9(a) and 9(b)] read as

$$\nu_{12}^{ec} = -D_{1122}^{ec} \times E_1^{ec}, \quad (44)$$

$$\nu_{13}^{ec} = -D_{1133}^{ec} \times E_3^{ec}, \quad (45)$$

$$G_{12}^{ec} = \frac{E_1^{ec}}{2(1 + \nu_{12}^{ec})} = C_{1212}^{ec}. \quad (46)$$

see Figure 10.

These mass density-elasticity relations can be independently checked through ultrasonic experiments at a frequency of 10 MHz (Lees et al., 1979b, 1983, 1995), revealing the elastic properties of extracellular bone matrix as (Carcione, 2001; Fritsch and Hellmich, 2007)

$$C_{1111}^{ec} = \rho^{ec} \nu_1^2, \quad (47)$$

$$C_{3333}^{ec} = \rho^{ec} \nu_3^2, \quad (48)$$

with ν_1 and ν_3 being the velocity of the longitudinal acoustic waves travelling in the transverse and axial directions, respectively, see Tables 7 and 8 for experimental values. The mean \bar{e} and the standard deviation e_s of the relative errors between stiffness prediction and experiments,

$$\bar{e} = \frac{1}{N} \sum e_i = \frac{1}{N} \sum \frac{C_{ijkl}^{pred} - C_{ijkl}^{exp}}{C_{ijkl}^{exp}}, \quad (49)$$

$$e_s = \left[\frac{1}{N-1} \sum (e_i - \bar{e})^2 \right]^{1/2}, \quad (50)$$

are as low as $+5.47 \pm 10.17\%$ [mean value \pm standard deviation] for the transverse normal stiffness C_{1111}^{ec} , and $+4.82 \pm 8.81\%$ [mean value \pm standard deviation] for the longitudinal normal stiffness C_{3333}^{ec} , see Figure 7 for a comparison of model predictions and experiments. This is, to the authors' knowledge, the highest predictive precision ever attained in the field of bone microelasticity. The mass density-elasticity relationship of Figure 8 can be suitably approximated through higher order polynomials with mean relative errors below 0.25% (with respect to the micromechanical estimates). In a dimensionless form based on the normal elastic stiffness and the mass density of hydroxyapatite, $C_{1111}^{HA} = 137$ GPa (Katz and Uraiancik, 1971) and $\rho_{HA} = 3$ g/cm³ (Lees, 1987), such polynomials read as

$$C_{1111}^{ec}(\rho^{ec})/C_{1111}^{HA} \simeq +4.6826 \times (\rho^{ec}/\rho_{HA})^3 - 6.0171 \times (\rho^{ec}/\rho_{HA})^2 + 2.8081 \times (\rho^{ec}/\rho_{HA}) - 0.4470, \quad (51)$$

with a relative approximation error of $-0.17 \pm 1.64\%$ [mean value \pm standard deviation according to Eq. (49) and (50)];

$$\begin{aligned} C_{3333}^{ec}(\rho^{ec})/C_{1111}^{HA} \simeq & -6.8447 \times (\rho^{ec}/\rho_{HA})^4 + 17.6300 \times (\rho^{ec}/\rho_{HA})^3 \\ & - 13.5048 \times (\rho^{ec}/\rho_{HA})^2 + 4.2118 \times (\rho^{ec}/\rho_{HA}) \\ & - 0.4573, \end{aligned} \quad (52)$$

with a relative approximation error of $+0.2 \pm 5.5\%$ [mean value \pm standard deviation];

$$\begin{aligned} C_{1122}^{ec}(\rho^{ec})/C_{1111}^{HA} \simeq & -11.0152 \times (\rho^{ec}/\rho_{HA})^5 + 29.7474 \times (\rho^{ec}/\rho_{HA})^4 \\ & - 28.7144 \times (\rho^{ec}/\rho_{HA})^3 + 12.5870 \times (\rho^{ec}/\rho_{HA})^2 \\ & - 2.3375 \times (\rho^{ec}/\rho_{HA}) + 0.1188, \end{aligned} \quad (53)$$

with a relative approximation of $-0.02 \pm 0.69\%$ [mean value \pm standard deviation];

$$\begin{aligned} C_{1133}^{ec}(\rho^{ec})/C_{1111}^{HA} \simeq & -5.0088 \times (\rho^{ec}/\rho_{HA})^4 + 13.7237 \times (\rho^{ec}/\rho_{HA})^3 \\ & - 12.4876 \times (\rho^{ec}/\rho_{HA})^2 + 4.8307 \times (\rho^{ec}/\rho_{HA}) \\ & - 0.6745, \end{aligned} \quad (54)$$

with a relative approximation error of $-0.05 \pm 2.42\%$ [mean value \pm standard deviation]; and finally

$$\begin{aligned} C_{2323}^{ec}(\rho^{ec})/C_{1111}^{HA} \simeq & +4.1245 \times (\rho^{ec}/\rho_{HA})^5 - 14.9352 \times (\rho^{ec}/\rho_{HA})^4 \\ & + 21.9578 \times (\rho^{ec}/\rho_{HA})^3 - 15.1486 \times (\rho^{ec}/\rho_{HA})^2 \\ & + 4.9459 \times (\rho^{ec}/\rho_{HA}) - 0.6169, \end{aligned} \quad (55)$$

with a relative approximation error of $-0.18 \pm 5.02\%$ [mean value \pm standard deviation].

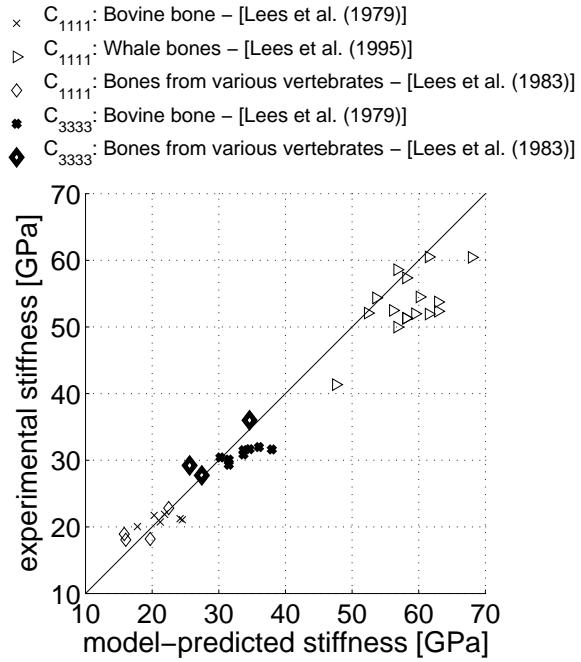


Figure 7: Extracellular tissue elasticity: Comparison between model-predicted and ultrasonic experiments at 10 MHz frequency

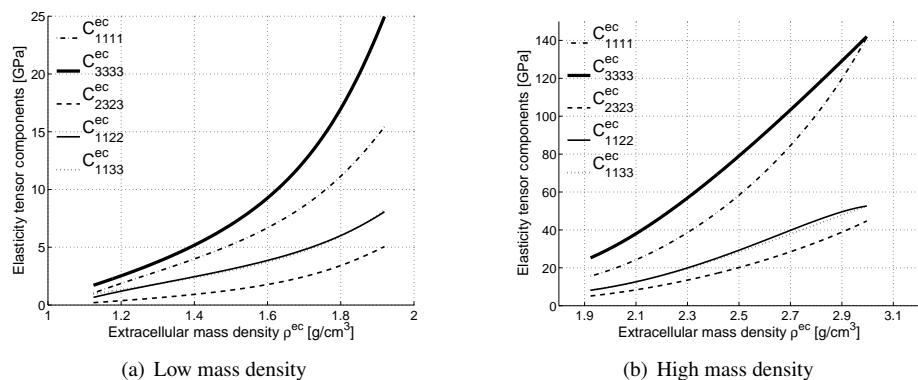


Figure 8: Elasticity tensor components of extracellular bone matrix, as a function of the mass density of the latter (3 ... axial direction; 1,2 ... transverse direction)

Table 7: Experimental ultrasound data in transverse direction

Tissue	ρ^{ec}	ν_1	$C_{1111,exp}^{ec}$	$C_{1111,pre}^{ec}$
	[g/cm ³] given	[m/s] given	[GPa] Eq. (47)	[GPa] Eqs. (??)-(41)
Bovine tibia ^a	2.10	3.18	21.2	24.2
Bovine tibia ^a	1.98	3.18	20.0	17.8
Bovine tibia ^a	2.05	3.18	20.7	21.2
Bovine tibia ^a	2.11	3.16	21.1	24.5
Bovine tibia ^a	2.03	3.27	21.7	20.3
Bovine tibia ^a	2.06	3.26	21.9	21.9
Bovine tibia ^b	2.07	3.32	22.8	22.5
Dugong rib ^b	2.02	3.00	18.2	19.7
Elephant radius ^b	1.94	3.05	18.0	16.0
Human femur ^b	1.93	3.13	18.9	15.8
Whale malleus ^c	2.49	4.85	58.6	56.8
Whale malleus ^c	2.53	4.89	60.5	61.5
Whale malleus ^c	2.51	4.55	52.0	59.5
Whale malleus ^c	2.45	4.61	52.1	52.4
Whale incus ^c	2.50	4.79	57.4	58.1
Whale incus ^c	2.46	4.70	54.3	53.6
Whale stapes ^c	2.40	4.15	41.3	47.6
Whale stapes ^c	2.48	4.60	52.5	56.1
Whale periotic ^c	2.50	4.53	51.3	58.1
Whale periotic ^c	2.52	4.65	54.5	60.1
Whale periotic ^c	2.58	4.84	60.4	68.0
Whale periotic ^c	2.54	4.60	53.7	62.9
Whale periotic ^c	2.50	4.53	51.3	58.1
Whale t. bulla ^c	2.53	4.53	51.9	61.5
Whale t. bulla ^c	2.54	4.54	52.4	62.9
Whale t. bulla ^c	2.49	4.48	50.0	56.8

^a Lees et al. (1979b)

^b Lees et al. (1983)

^c Lees et al. (1995)

Table 8: Experimental ultrasound data in axial direction

Tissue	ρ^{ec}	ν_3	$C_{3333,exp}^{ec}$	$C_{3333,pre}^{ec}$
	[g/cm ³] given	[m/s] given	[GPa] Eq. (48)	[GPa] Eqs. (??)-(41)
Bovine tibia ^a	2.06	3.92	31.7	34.6
Bovine tibia ^a	2.05	3.92	31.5	33.7
Bovine tibia ^a	2.02	3.81	29.3	31.5
Bovine tibia ^a	2.02	3.86	30.1	31.5
Bovine tibia ^a	2.00	3.90	30.4	30.2
Bovine tibia ^a	2.05	3.88	30.9	33.7
Bovine tibia ^a	2.10	3.88	31.6	38.0
Bovine tibia ^a	2.08	3.92	32.0	36.0
Bovine tibia ^b	2.07	4.18	36.0	34.6
Elephant radius ^b	2.02	3.89	29.2	25.6
Human femur ^b	1.94	3.76	27.7	27.5

^a Lees et al. (1979b)

^b Lees et al. (1983)

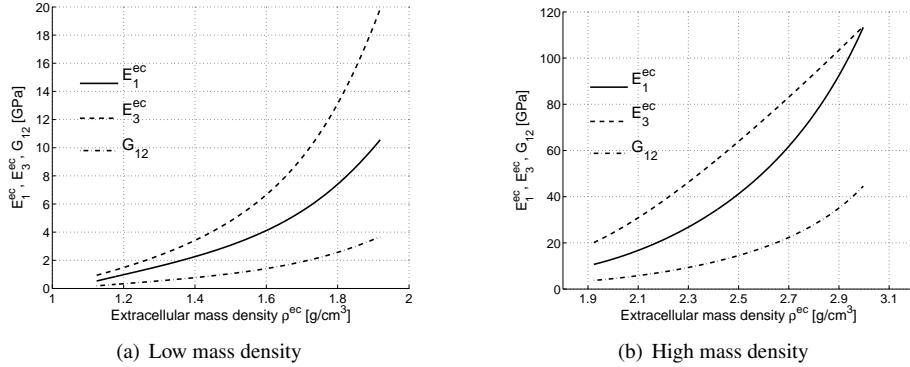


Figure 9: Young's and shear moduli of extracellular bone matrix, as a function of the mass density of the latter (3 ... axial direction; 1,2 ... transverse direction)

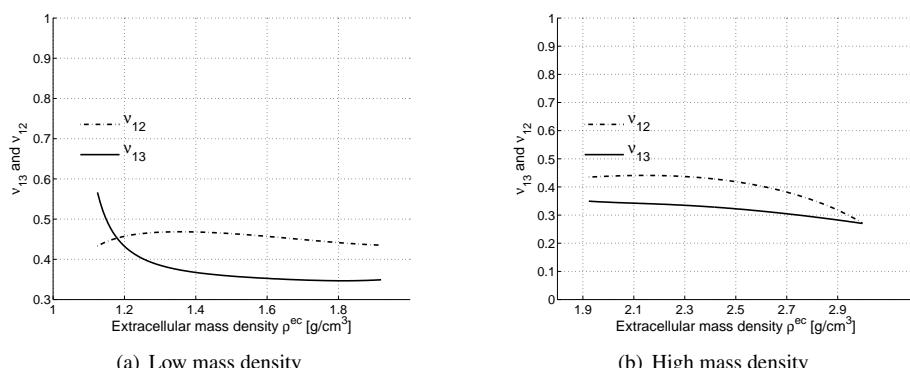


Figure 10: Poisson's ratio of extracellular bone matrix, as a function of the mass density of the latter (3 ... axial direction; 1,2 ... transverse direction)

5. Discussion

This contribution revealed inter-relation between the mineral, organics, and water concentrations in extracellular bone materials, inherent to tissues across different species, organs, and ages, see Figures 1–5. In this context, it is particularly noteworthy that the positive progression along the ρ_{HA}^* -axis in Figure 1, as well as along the ρ^{ec} -axis in Figure 4, relates to first growing and then to further aging of the bone tissues during adolescence of the respective animals or humans. In fact, the data of Hammett (1925) for rat femur and humerus allow for computation of an organic apposition rate, as $(d\rho_{org}^*/dt) = 0.0317 \text{ g/cm}^3$ per month, see Figure 11(a), which is even constant throughout the time of animal growth, as is the growth rate in rat tail tendon, see Figure 11(b) for data of Parry and Craig (1978).

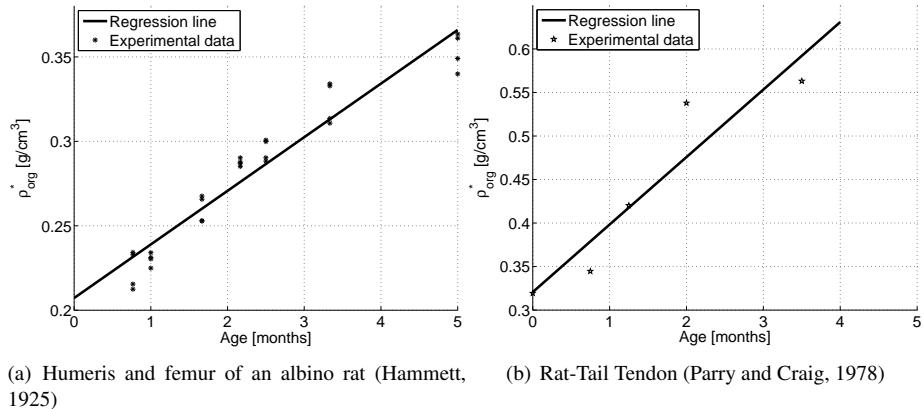


Figure 11: Age-related organic apparent mass density

Thus, while organic matter is accumulated during animal or human growth (see e.g. rising branch in Figure 1), it may be continuously reduced once adulthood is reached (see e.g. declining branch in Figure 1). This reduction, however, may be considerably delayed, i.e. occurring only at very high age in specific organs, since it is known from imaging techniques, such as computerized quantitative contact microradiography (Boivin and Meunier, 2002), quantitative backscattered electron imaging (Roschger et al., 2003), Raman microscopy (Akkus et al., 2003), and Synchrotron Micro Computer Tomography (Bossy et al., 2004), that the chemical compositions of adult bone matrix remains, for a long time, constant throughout specific organs, and in particular with age (Hellmich et al., 2008). During this time span, measured mechanical properties of the extracellular bone matrix, such as indentation modulus and hardness, appear also as time-invariant (Weaver, 1966; Hoffler et al., 2000; Wolfram et al., 2010; Rho et al., 2002; Burkett et al., 2011), while such mechanical properties increase during animal (or human) growth (Feng and Jasiuk, 2011; Weaver, 1966). It is interesting to discuss the mineral-organics concentration relation of Figure 1 from the viewpoint of cell biology: During growth, the ratio between a portion of newly deposited osteoid (i.e. unmineralized organic bone matrix) and the amount of mineral precipitating immediately after

osteoid deposition, is a constant,

$$\frac{d\rho_{HA}^*}{d\rho_{org}^*} = \frac{1}{A} = 3.5 \quad \text{for } 0 < \rho_{HA}^* \leq \rho_{HA}^{*,crit}, \quad (56)$$

"universally" valid throughout different tissues of different growing species at different ages, see Figure 1. This constant expresses the working mode of osteoblasts (polygonal bone cells with several tens of micrometers characteristic length (Aaron, 1971; Noble, 2008), which deposit new osteoid, and afterward inject the latter, through filopodia (cell processes), with mineral, in a quasi-instantaneous fashion often referred to as primary mineralization with a characteristic time of hours at most (Buckwalter et al., 1995; Aaron, 1971; Parfitt, 1983). Thereby, initially meta-stable calcium phosphate solutions precipitate into hydroxyapatite crystals (Gajeraman et al., 2007; Reddi, 2000; Höhling, 1969), thanks to the removal of mineralization-inhibitors such as decorin (Mochida et al., 2008; Hoshi et al., 1999) and to the enzymatic capacity of non-collagenous matrix proteins, often called bone matrix proteins (BMPs). Bone regeneration was successfully induced in biomaterial scaffolds loaded with BMPs (Schopper et al., 2008, 2009). The primary mineralization takes place in the matrix vesicles, round or oval shaped entities with a diameter of around 100 nm, which may be extruded by a budding from the processes of the osteoblasts (Wiesmann et al., 2005). The subsequent secondary mineralization, which is related to further growth of the primary crystals injected through the osteoblasts, would take several months to proceed - but this secondary mineralization is continuously interrupted through the high bone turnover rate in growing organisms (Jowsey, 1960): I.e. before the crystals can remarkably grow, the entire bone is resorbed by osteoclasts, followed by yet more newly osteoblast-formed osteoid, as described before. This leads to maintenance of a constant mineral-to-organics apposition ratio in growing organisms, as seen in Figure 1. The picture may change in adult organisms, and especially does so at very old age, where the osteoclasts [bone cells with several hundreds of micrometers characteristic length, Aaron (1971)] resorb more bone tissue than the osteoblasts can produce (Kiebzak, 1991), so that the organic concentration steadily decreases. Furthermore, bone turnover, i.e. amount of bone remodeling processes over space and tissue drastically decreases so that secondary mineralization, i.e. growth of existing crystals throughout months and years becomes the dominant process, being expressed by a (negative) mineral-growth-to-organic-removal ratio,

$$\frac{d\rho_{HA}^*}{d\rho_{org}^*} = -3.6 \quad \text{for } \rho_{HA}^{*,crit} < \rho_{HA}^* \leq \rho_{HA}, \quad (57)$$

see Figure 1. Maintenance of a constant mineral-to-organic ratio in newly deposited bone during growth, as expressed in Eq. (56), is also supported by the activity of osteocytes, preventing mineralization of lacunae (Bonucci, 2009). However, at high age, this activity decreases, and with $d\rho_{HA}^*/d\rho_{org}^* < 0$, Eq. (57), lacunae may be filled with mineral, as evidenced by Frost (1960), Jowsey (1960), and Bell et al. (2008). We also remark that Figures 1–5 refer to physiologically normal conditions, while drug treatments (Lees et al., 1994a) may lead to considerable deviations from these rules for

fibrillogenesis and mineralization.

From a more practical viewpoint, relations of Figures 1–5, and 8–10 can be employed for enhanced exploitation of Computer Tomographic (CT) data (Komlev et al., 2010). Namely, the volume fractions of the tissue’s components can be related to the X-ray attenuation coefficients quantifiable in a micro Computer Tomograph (Jackson and Hawkes, 1981; Hellmich et al., 2008; Scheiner et al., 2009)

$$\mu^{ec} = f_{H_2O}\mu_{H_2O} + f_{HA}\mu_{HA} + f_{org}\mu_{org}, \quad (58)$$

with $\mu_{H_2O} = 5.33 \text{ cm}^{-1}$, $\mu_{HA} = 142 \text{ cm}^{-1}$, $\mu_{org} = 5.71 \text{ cm}^{-1}$ as the attenuation coefficients of water, organics, and hydroxyapatite at a photon energy of 10 keV, which is typically used in bone micro CT imaging. The values for μ_{H_2O} , μ_{HA} , μ_{org} are accessible from the NIST database¹. Combination of Eq. (58) with the miromechanics model Eqs. (33)–(41) yields attenuation coefficient-elasticity relations, see Fig. 12. They open interesting possibilities for CT-based, micromechanics-supported biomaterial design (Bertrand and Hellmich, 2009): Voxel-specific gray values guide the way to individuum- and location-specific elastic properties, which an implant is required to exhibit, as not to disturb the physiological force field, necessary for undisturbed biophysical functionality of the organism.

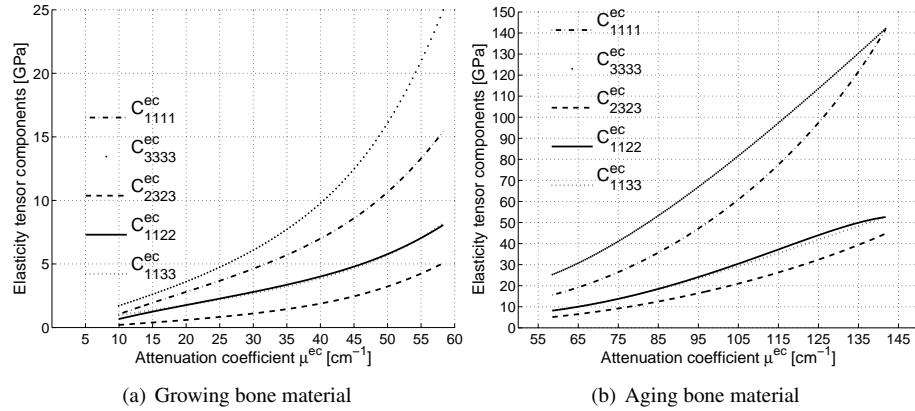


Figure 12: Elasticity tensor components as a function of attenuation coefficient μ^{ec} at 10 keV photon energy (3 … axial direction; 1,2 … transverse direction)

¹NIST XCOM database, US National Institute of Standards and Technology, <http://physics.nist.gov/PhysRefData/Xcom/html/xcom1.html>, 2010

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3. Summary, Biological Review, and Perspective

The main focus of this thesis was to find a 'universal' pattern in fibrillogenesis and mineralization of bone and derive mechanical properties for biomaterial design. Analyzation of already available experimental data collected throughout 70 years of bone research and found a new perspective to evaluate and interpret them. Bone is a living tissue underlying changes during growth and also during aging under normal physiological conditions. Kiebzak (1991) stated a few age-related changes of bone, such as mismatch between bone formation and resorption, changes of the bone mineral content (hyper- and hypomineralization) and alterations of the bone matrix (protein content and organization).

Osteoclasts and osteoblasts are types of bone cells being responsible for bone resorption and formation (Buckwalter *et al.*, 1995a; Loveridge, 1999). Osteoblast are a result of mesenchymal stem cell differentiation Lemaire *et al.* (2004) at the embryonic stadium. Initially they form an unmineralized osteoid, which is a mesh-like structure consisting of collagen and proteoglycans providing a basis for the aggregation of mineral crystals (Ozawa *et al.*, 2008; Hoshi *et al.*, 1999). During resorption the mineral component and the bone matrix is being decomposed and formation of the bone is the substitution of this resorbed matrix which then becomes again mineralized (Kazuhiko *et al.*, 2009). In the growing phase of an individual there is a correlation of these two mechanism. This correlation is still not well understood. When bone is being resorbed by the osteoclasts, new bone is being formed by the osteoblasts, in other words there is a balance. At a high age however there is a so-called uncoupling between bone resorption and formation as being described by Kiebzak (1991) and bone formation rate decreases (Buckwalter *et al.*, 1995b; Jowsey, 1960). Osteoblasts either apoptose or differentiate into osteocytes trapped in lacunae after bone formation. In older individuals it may occur that a non-functional osteoblast is being formed, leading to an increase of area where bone cells can not be grown and thus a decrease of bone formation rate causing an imbalance (Sharpe, 1979; Kazuhiko *et al.*, 2009).

In order to determine what might cause the imbalance during aging, it is essential to know how osteoblasts and osteoclasts communicate with each other. Lemaire *et al.* (2004) developed a mathematical model to describe the interactions between osteoblast and osteoclasts under normal conditions and, amongst other diseases, also under aging (senescense). The model describes an interaction of osteoclast and osteoblast guided by the regulators parathyroid hormone (PTH), receptor activator of nuclear factor κ B (RANK), ligand of RANK (RANKL),

osteoprotegerin (OPG) and transforming growth factor beta (TGF- β), see Fig. 1 in Lemaire *et al.* (2004). Osteoblasts originate from progenitors (mesenchymal stem cells) who commit themselves to differentiate into preosteoblasts stimulated by TGF- β . They further differentiate into osteoblasts with an interaction between PTH and TGF- β . The latter acts as an inhibitor of osteoblastic differentiation. Osteoclasts have a different path of differentiation than osteoblasts. They stem from precursor which differentiate with cell contact of osteoblasts and precursor of osteoclasts via RANK and RANKL. Produced by preosteoblasts, OPGs are able to bind RANKL inhibiting the cell contact and thus regulating the differentiation of osteoclasts. TGF- β are produced and released by osteoclasts and might also induce apoptosis of their producer. Roholl *et al.* (1994) found out that maturation of preosteoblasts to osteoblasts decreases with age in rats. While the number of preosteoblasts and osteoclasts per 100 μm almost remain the same, the activity and the number of matured osteoblasts decreases dramatically due to lack of regulator stimuli.

The results of the apparent mass density of the mineral and the organic content show us that old bone has a higher degree of mineralization than young bone. The apparent mass density and the volume fraction of the mineral content keeps increasing at growth and at the aging process. These findings correlate well with the results from Reid & Boyde (1987), who investigated the mineral density distribution with age by analysing SEM images. A decreasing number of low-density tissues was found with progressing age while the reverse was found for high-density tissues. The localized distribution of the mineralized tissues also changes during aging. The canaliculae and the lacunae filled with osteocytes are empty at young individuals but are filled with mineralized tissue at high age (Frost, 1960). This phenomenon was also observed by Jowsey (1960) who used a microradiography to study human bones. A high number of lacunae filled with bone mineral, which most often appear in the interstitial bone and the central canal of the osteon filled with calcified tissue could be found at high age. In the same course of research an increased number of almost complete mineralized osteones was found in bones of individuals with an age higher than 60 years. As was summarized by Kiebzak (1991), our results also suggest that the apparent mass density of the mineral content increases with age.

The focus of the research of Smith (1963) was to determine the alteration of the bone inorganic and organic fraction with age by investigating the organic component in the primary and secondary osteons. Primary osteons are being laid down at the beginning of the growing process and are going through changes with age. Secondary osteons are being accreted at the center of new bone, which are being resorbed and new secondary osteons are being formed. The tissue surrounding the secondary osteons is called interstitial tissue and is always older than the secondary osteon, which is newly formed consistently. Smith (1963) discovered that the organic concentration in the interstitial tissue is lower than in the secondary osteon, whose concentration is also higher than that of the primary osteons. Since the inorganic fraction was also observed by Smith (1963) and an increase with age noted, it seemed obvious to suggest that progressing mineralization is accompanied by decrease of the organic fraction. Similar results were found by Bailey *et al.* (1999) who researched on male and female human anterior or superior iliac spine to relate the collagen changes to age and to bone strength. It was found that the total collagen concentration decreases with age for both sexes which reflects the results of our evaluation indicating a decline of the organic apparent mass density after reaching

the turning point between growing and aging. It is hypothesized that this can be explained by the diminishment of bone turnover as was already indicated by the increase of mineralization degree.

Since about 90% of the organic matter of bone consists of collagen (Biltz & Pellegrino, 1969; Urist *et al.*, 1983; Lees, 1987; Weiner & Wagner, 1998; Teitelbaum, 2000; Kazuhiko *et al.*, 2009), it also makes sense to turn our attention to collagen in other tissues besides bone. Research has been done on collagen in rat skin, liver, tendon, etc. related to age and a consistent finding among the different experiments could be proven. Mays *et al.* (1991) used rat tissue to determine the change of collagen and found a decrease in turnover with increasing age which is consistent to the findings of Lindstedt & Prockop (1960) and Neuberger *et al.* (1950), who also investigated the collagen content of rat tissues independently. These experiments reflect that not only collagen content in bone but also in different tissues undergo a decline with progressing age.

The results, shown in this thesis, reflect very well the mechanism of growing and aging bone in consideration of the well-directed interaction between bone forming and resorbing cells. The concentration of water, mineral, organics and thus the overall mass density have a strong influence on the mechanical properties of the bone tissue, as can be seen in Figures 8–12. Biomaterials used in surgery, should integrate easily in their environment and should not be much different than the biological tissue they are replacing. These facts display a strong demand of providing an easy access to those mechanical properties, which are essential in biomaterial design. Eqs. (35)–(43) deliver an approach to calculate the elasticity tensor components with the overall mass density as a single input parameter.

A. Scientific Appendix

A.1. Precision of Eq. (16) for determination of extracellular mass density

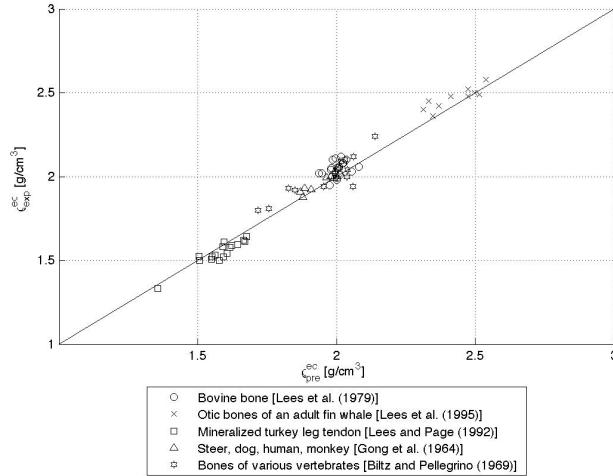
The extracellular mass density of those bone samples, whose mass density ρ_{exp}^{ec} were determined via the Archimedes' principle, was also computed by using Eq.(16), see Chapter 2, delivering the weight fractions of the water, the hydroxyapatite mineral and the organic matter, on the basis of the predicted density ρ_{pred}^{ec} . The mean and the standard deviation of the relative errors between the predicted values ρ_{pred}^{ec} and the experimentally obtained extracellular bone density ρ_{exp}^{ec} given in the papers, which were collected for the data basis, was calculated according to

$$err_{mean} = \frac{1}{n} * \sum_{i=1}^n err_i = \frac{1}{n} * \sum_{i=1}^n \frac{\rho_{pred,i}^{ec} - \rho_{exp,i}^{ec}}{\rho_{exp,i}^{ec}}, \quad (\text{A.1})$$

$$err_{std} = \sqrt{\frac{1}{n-1} * \sum_{i=1}^n (err_i - err_{mean})^2}, \quad (\text{A.2})$$

where n is the total number of specimens from each experiment. These values amount to $-0.85 \pm 2.67\%$ [mean±standard deviation]. Given this mean relative error of even less than 1%, Eq. (16) in Chapter 2 is validated to be accurate enough to calculate the extracellular mass density for those bone samples, where the density was not determined in the course of the experiment or was not specifically stated in the used scientific paper itself.

Figure A.1.: Experimental and predicted extracellular bone density



A.2. Detailed description of the four homogenization steps taken from Fritsch *et al.* (2009)

Based on the multistep microstructural homogenization scheme developed by Fritsch *et al.* (2009) and on the relations between mass density and constituent volume fraction of Chapter 2, we calculated the stiffness tensor components as functions of the experimentally accessible extracellular mass density ρ^{ec} .

We employ four homogenization steps at different observation scales, starting with the smallest scale, see Fig. 3 in Fritsch *et al.* (2009) or Fig. 6 of Chapter 2:

- First step: homogenization of cross-linked collagen molecules forming a matrix with water-filled intermolecular spaces (“wet collagen”)
- Second step: hydroxyapatite crystal agglomerations in the gap zone of the collagen fibrils and the “wet collagen” interpenetrate each other and form mineralized collagen fibrils
- Third step: needle-shaped hydroxyapatite crystal phases and the intercrystalline space form a porous polycrystal (“hydroxyapatite foam”)
- Fourth step: homogenization of extracellular bone matrix - the foam from the third step forms a matrix with embedded mineralized collagen fibrils from the second step.

A.2.1. First step - “wet collagen”

A Mori-Tanaka scheme was used to homogenize the wet collagen molecules, which are attached at their ends. For that scheme the transversely isotropic stiffness tensor of the collagen \mathbb{C}_{col} was necessary for calculation. The values were taken from Table 1 of Fritsch & Hellmich (2007) based on experiments by Cusack & Miller (1979). The result from this homogenization step is the stiffness tensor of the “wet collagen” phase:

$$\begin{aligned} \mathbb{C}_{wetcol} = & \left\{ (1 - \dot{f}_{im})\mathbb{C}_{col} + \dot{f}_{im}\mathbb{C}_{im} : \left[\mathbb{I} + \mathbb{P}_{cyl}^{col} : (\mathbb{C}_{im} - \mathbb{C}_{col}) \right]^{-1} \right\} \\ & : \left\{ (1 - \dot{f}_{im})\mathbb{I} + \dot{f}_{im} \left[\mathbb{I} + \mathbb{P}_{cyl}^{col} : (\mathbb{C}_{im} - \mathbb{C}_{col}) \right]^{-1} \right\}^{-1} \end{aligned} \quad (\text{A.3})$$

$\dot{f}_{im} + \dot{f}_{col} = 1$, where \dot{f}_{im} is the volume fraction of the intermolecular space and \dot{f}_{col} is the volume fraction of the molecular collagen. \mathbb{I} is the fourth order unity tensor, \mathbb{C}_{im} denotes the stiffness tensor of the intermolecular water and \mathbb{P}_{cyl}^{col} is Hill’s morphology tensor for cylindrical inclusions (intermolecular pores) in a matrix built up by molecular collagen.

A.2.2. Second step - “mineralized collagen fibril”

A self-consistent scheme is used here for homogenization of the wet collagen phase with stiffness \mathbb{C}_{wetcol} and the mineral phase with stiffness \mathbb{C}_{HA} (taken from experiments of Katz & Ukraincik (1971)):

$$\begin{aligned} \mathbb{C}_{fib} = & \left\{ \check{f}_{wetcol}\mathbb{C}_{wetcol} : \left[\mathbb{I} + \mathbb{P}_{cyl}^{fib} : (\mathbb{C}_{wetcol} - \mathbb{C}_{fib}) \right]^{-1} + \check{f}_{HA}\mathbb{C}_{HA} \right. \\ & : \left. \left[\mathbb{I} + \mathbb{P}_{sph}^{fib} : (\mathbb{C}_{HA} - \mathbb{C}_{fib}) \right]^{-1} \right\} : \left\{ \check{f}_{wetcol} \left[\mathbb{I} + \mathbb{P}_{cyl}^{fib} : (\mathbb{C}_{wetcol} - \mathbb{C}_{fib}) \right]^{-1} \right. \\ & \left. + \check{f}_{HA} \left[\mathbb{I} + \mathbb{P}_{sph}^{fib} : (\mathbb{C}_{HA} - \mathbb{C}_{fib}) \right]^{-1} \right\}^{-1} \end{aligned} \quad (\text{A.4})$$

$\check{f}_{HA} + \check{f}_{wetcol} = 1$, whereas \check{f}_{HA} is the volume fraction of the hydroxyapatite crystals and \check{f}_{wetcol} is the volume fraction of the wet collagen phase. \mathbb{C}_{HA} is the stiffness of the hydroxyapatite, \mathbb{P}_{cyl}^{fib} and \mathbb{P}_{sph}^{fib} are Hill’s morphology tensors for a cylindrical (wet collagen) and spherical (mineral) inclusions in a matrix with the elastic properties of the mineralized collagen fibril.

A.2.3. Third step - “extrafibrillar hydroxyapatite foam”

In this step the homogenization occurs over the phase hydroxyapatite and the phase intercrystalline space to compose the extrafibrillar space (hydroxyapatite foam). Therefore a self-consistent scheme was used with uniform orientation distribution, needle-like inclusion phase for the mineral:

$$\begin{aligned} \mathbb{C}_{ef} = & \check{f}_{HA} \mathbb{C}_{HA} : \left\langle [\mathbb{I} + \mathbb{P}_{cyl}^{ef} : (\mathbb{C}_{HA} - \mathbb{C}_{ef})]^{-1} \right\rangle + (1 - \check{f}_{HA}) \mathbb{C}_{H_2O} : \\ & [\mathbb{I} + \mathbb{P}_{sph}^{ef} : (\mathbb{C}_{H_2O} - \mathbb{C}_{ec})]^{-1} : \left\{ \check{f}_{HA} \left\langle [\mathbb{I} + \mathbb{P}_{cyl}^{ef} : (\mathbb{C}_{HA} - \mathbb{C}_{ef})]^{-1} \right\rangle \right. \\ & \left. + (1 - \check{f}_{HA}) [(\mathbb{I} - \mathbb{P}_{sph}^{ic} : \mathbb{C}_{ef})]^{-1} \right\}^{-1} \end{aligned} \quad (\text{A.5})$$

where $\left\langle [\mathbb{I} + \mathbb{P}_{cyl}^{ef} : (\mathbb{C}_{HA} - \mathbb{C}_{ef})]^{-1} \right\rangle$ denotes the average over all crystal orientations ϑ and φ , see (Pichler *et al.*, 2008):

$$\int_{\varphi=0}^{2\pi} \int_{\vartheta=0}^{\pi} \left[\mathbb{I} + \mathbb{P}_{cyl}^{ef}(\varphi, \vartheta) : (\mathbb{C}_{HA} - \mathbb{C}_{ef}) \right]^{-1} \frac{\sin \vartheta}{4\pi} d\vartheta d\varphi \quad (\text{A.6})$$

\check{f}_{HA} is the volume fraction of the hydroxyapatite crystals and $(1 - \check{f}_{HA})$ is the volume fraction of the intercrystalline space. \mathbb{P}_{cyl}^{HA} and \mathbb{P}_{sph}^{ic} are Hill’s morphology tensors for cylindrical and spherical inclusions in a matrix of stiffness \mathbb{C}_{ef} .

A.2.4. Fourth step - “extracellular bone matrix”

Taking the mineralized collagen fibrils from step two and the hydroxyapatite foam calculated in the third step, we combine those two phases with their volume fractions \bar{f}_{fib} , $\bar{f}_{ef} = 1 - \bar{f}_{fib}$ and homogenize them using a Mori-Tanaka scheme, in order to obtain the extracellular (or ultrastructural) bone matrix, according to the following equation:

$$\begin{aligned} \mathbb{C}_{ultra} = & \left\{ (1 - \bar{f}_{fib}) \mathbb{C}_{ef} + \bar{f}_{fib} \mathbb{C}_{fib} : \left[\mathbb{I} + \mathbb{P}_{cyl}^{ef} : (\mathbb{C}_{fib} - \mathbb{C}_{ef}) \right]^{-1} \right\} \\ & : \left\{ (1 - \bar{f}_{fib}) \mathbb{I} + \bar{f}_{fib} \left[\mathbb{I} + \mathbb{P}_{cyl}^{ef} : (\mathbb{C}_{fib} - \mathbb{C}_{ef}) \right]^{-1} \right\}^{-1} \end{aligned} \quad (\text{A.7})$$

\mathbb{P}_{cyl}^{ef} denotes Hill’s morphology tensor for a cylindrical inclusion in a matrix with stiffness \mathbb{C}_{ef} .

B. Source codes in MATLAB

The calculations were done with Matlab®, Version 7.7.0.471 (R2008b), Students license.

B.1. ExpData.m

This file is the collection of all differently obtained experimental data from literature and bringing them to a consistent level.

```
1 % ****
2 % 01. EXTRACELLULAR EXPERIMENTAL DATAS
3 % ****
4 % NEED FUNCTION: WFmtlt.m, ternaryc.m, terlabel.m, terplot.m
5 %
6 % -----
7 % OUTPUT: terData.jpg
8 %
9 %
10 clear all;
11 clc
12
13 if ispc
14 slash = '\';
15 else
16 slash = '/';
17 end;
18
19 % data from ultrasonic experiments done by Lees, Heeley and Cleary
20 % (1979) on bovine cortical bone tested in three different axis (axial,
21 % tangential, radial), microstructural weight fractions
22 WFminaxiallees79 = [0.658 0.656 0.621 0.627 0.643 0.643 0.671 0.664];
23 WForgaxiallees79 = [0.219 0.219 0.239 0.232 0.227 0.230 0.211 0.216];
24 WFwateraxiallees79 = [0.123 0.126 0.140 0.140 0.129 0.127 0.118 0.120];
25
26 WFmintanglees79 = [0.661 0.663 0.647 0.654 0.644 0.649 0.638 0.699];
27 WForgtanglees79 = [0.215 0.221 0.224 0.217 0.227 0.229 0.213 0.184];
28 WFwatertanglees79 = [0.123 0.116 0.129 0.128 0.129 0.122 0.123 0.117];
29
30 WFminradlees79 = [0.658 0.656 0.640 0.659 0.638 0.699];
```

```

29 WForgradlees79 = [0.219 0.219 0.228 0.218 0.242 0.210];
30 WFwaterradlees79 = [0.123 0.126 0.131 0.123 0.121 0.116];
31
32 % -----
33 % Lees95 - Some acoustical properties of the otic bones of a fin whale
34 % 1.-2. Maleus 3. Incus 4.-5. Stapes 6.-10. Periotic 11. T.bulla
35 WFminlees95 = [0.86 0.80 0.86 0.81 0.80 0.81 0.83 0.85 0.85 0.87 0.85];
36 WForglees95 = [0.1 0.13 0.09 0.13 0.14 0.13 0.11 0.1 0.1 0.09 0.1];
37 WFwaterlees95 = [0.04 0.07 0.05 0.06 0.06 0.07 0.06 0.05 0.05 0.04 0.05];
38
39 % -----
40 % Lees92
41 % WF from Figure 1 page 265
42
43 % MTLT
44 [rhoeclees92exp, WFminlees92, WForglees92] = WFmtlt();
45 WFwaterlees92 = 1 - WFminlees92 - WForglees92;
46
47 for i = 1:2
48     rhoeclees92exp(i) = [];
49     WFwaterlees92(i) = [];
50     WFminlees92(i) = [];
51     WForglees92(i) = [];
52 end
53
54 % -----
55 % Gong64 - Steer, Dog, Human, Monkey
56 % Density:
57 rhoectrabgong64exp = [1.93 1.911 1.924 1.878];
58 rhoeccorgong64exp = [1.995 2.003 1.991 2.035];
59
60 % Apparent density:
61 rhoappwatertrabgong64 = [0.281 0.292 0.27 0.271];
62 rhoappwatercorgong64 = [0.252 0.223 0.237 0.239];
63
64 rhoapporgtrabgong64 = [0.514 0.507 0.497 0.514];
65 rhoapporgcorgong64 = [0.486 0.519 0.476 0.487];
66
67 rhoappmintrabgong64 = rhoectrabgong64exp-rhoappwatertrabgong64 ...
68             -rhoapporgtrabgong64;
69 rhoappmincorgong64 = rhoeccorgong64exp-rhoappwatercorgong64 ...
70             -rhoapporgcorgong64;
71
72 % Weight fractions
73 WForgtrabgong64 = rhoapporgtrabgong64./rhoectrabgong64exp;
74 WFmintrabgong64 = rhoappmintrabgong64./rhoectrabgong64exp;
75 WFwatertrabgong64 = 1 - WForgtrabgong64 - WFmintrabgong64;
76
77 WForgcorgong64 = rhoapporgcorgong64./rhoeccorgong64exp;
78 WFmincorgong64 = rhoappmincorgong64./rhoeccorgong64exp;
79 WFwatercorgong64 = 1 - WForgcorgong64 - WFmincorgong64;
80

```

```

81
82 % -----
83 % DENSITY MISSING
84 %
85 % Hammett25 - Albino rats - no density, age in days
86 Agehammett25 = [23 30 50 65 75 100 150];
87
88 Mhummalehammett25 = [0.0557 0.0786 0.1018 0.1488 0.1591 0.1847 0.2556];
89 Mfemmalehammett25 = [0.0842 0.1373 0.2069 0.3255 0.3407 0.4050 0.5811];
90 Mhumfemhammett25 = [0.0537 0.0725 0.1008 0.1333 0.1417 0.1732 0.2033];
91 Mfemfemhammett25 = [0.0885 0.1258 0.2011 0.2866 0.3080 0.3818 0.4502];
92
93 WForghummalehammett25 = [0.1797 0.1906 0.1988 0.2097 0.2076 0.2149 0.2219];
94 WFminhummalehammett25 = [0.1707 0.1760 0.2347 0.3149 0.3367 0.3781 0.4241];
95 WFwaterhummalehammett25 = 1-WForghummalehammett25-WFminhummalehammett25;
96
97 WForgfemalehammett25 = [0.1823 0.1909 0.2039 0.2171 0.2101 0.2174 0.2296];
98 WFminfemalehammett25 = [0.1332 0.1437 0.2012 0.2833 0.3152 0.3558 0.4132];
99 WFwaterfemalehammett25 = 1-WForgfemalehammett25-WFminfemalehammett25;
100
101 WForghumfemhammett25 = [0.1937 0.1929 0.2046 0.2093 0.2092 0.2192 0.2285];
102 WFminhumfemhammett25 = [0.1751 0.1797 0.2638 0.3151 0.3622 0.4201 0.4511];
103 WFwaterhumfemhammett25 = 1-WForghumfemhammett25-WFminhumfemhammett25;
104
105 WForgfemfemhammett25 = [0.1972 0.1949 0.2080 0.2127 0.2142 0.2223 0.2346];
106 WFminfemfemhammett25 = [0.1432 0.1502 0.2351 0.2884 0.3381 0.4012 0.4298];
107 WFwaterfemfemhammett25 = 1-WForgfemfemhammett25-WFminfemfemhammett25;
108
109 Morghummalehammett25 = WForghummalehammett25.*Mhummalehammett25;
110 Mminhummalehammett25 = WFminhummalehammett25.*Mhummalehammett25;
111 Mwaterhummalehammett25 = WFwaterhummalehammett25.*Mhummalehammett25;
112
113 Morgfemalehammett25 = WForgfemalehammett25.*Mfemmalehammett25;
114 Mminfemalehammett25 = WFminfemalehammett25.*Mfemmalehammett25;
115 Mwaterfemalehammett25 = WFwaterfemalehammett25.*Mfemmalehammett25;
116
117 Morghumfemhammett25 = WForghumfemhammett25.*Mhumfemhammett25;
118 Mminhumfemhammett25 = WFminhumfemhammett25.*Mhumfemhammett25;
119 Mwaterhumfemhammett25 = WFwaterhumfemhammett25.*Mhumfemhammett25;
120
121 Morgfemfemhammett25 = WForgfemfemhammett25.*Mfemfemhammett25;
122 Mminfemfemhammett25 = WFminfemfemhammett25.*Mfemfemhammett25;
123 Mwaterfemfemhammett25 = WFwaterfemfemhammett25.*Mfemfemhammett25;
124
125 % Lees03 - Mineralization of Type I Collagen
126 % third metacarpal of a horse
127 %
128 % Composition of the third horse metacarpal as a function of age and sex
129 % Male, age in months:
130 WFwatermlees03 = [0.2 0.17 0.19 0.18 0.12 0.11 0.12 0.13 0.13];
131 WFminmlees03 = [0.55 0.57 0.55 0.54 0.62 0.62 0.62 0.61 0.62];
132 WForgmlees03 = [0.25 0.26 0.26 0.28 0.26 0.27 0.26 0.26 0.25];

```

```

133 Agemlees03 = [0.1 0.13 0.33 0.4 7.0 12.0 12.0 17.0 19.0];
134 % Female, age in months:
135 WFWaterflees03 = [0.23 0.23 0.19 0.15 0.13 0.12 0.13 0.12 0.12 0.13];
136 WFminflees03 = [0.54 0.53 0.54 0.63 0.62 0.62 0.64 0.62 0.66 0.63];
137 WForgflees03 = [0.23 0.24 0.27 0.22 0.25 0.26 0.23 0.26 0.23 0.24];
138 Ageflees03 = [0.03 0.23 2.5 4.0 6.0 7.0 12.0 15.0 24.0 32.0];
139
140 %
141 % Burns29
142 % Rabbit: Duration of experiments: 17, 28
143 % last two data points of the control group was not taken since the % of
144 % fat was not determined
145 Mrabbitburns29 = [6.714 4.400];
146 WForgrabbitburns29f = [0.202 0.194];
147 WFFatrabbitburns29 = [0.138 0.014];
148 WFwaterrabbitburns29f = [0.392 0.581];
149 WFminrabbitburns29f = [0.267 0.21];
150
151 Morgrabbitburns29 = Mrabbitburns29.*WForgrabbitburns29f;
152 Mfatrabitburns29 = Mrabbitburns29.*WFFatrabbitburns29;
153 Mwaterabbitburns29 = Mrabbitburns29.*WFwaterabbitburns29f;
154 Mminrabbitburns29 = Mrabbitburns29.*WFminrabbitburns29f;
155
156 WForgrabbitburns29 = Morgrabbitburns29./ ...
    (Mrabbitburns29-Mfatrabitburns29);
157 WFminrabbitburns29 = Mminrabbitburns29./ ...
    (Mrabbitburns29-Mfatrabitburns29);
158 WFwaterabbitburns29 = Mwaterabbitburns29./ ...
    (Mrabbitburns29-Mfatrabitburns29);
159
160 % Rat: Duration of experiments: 70, 70, 70, 70, 60 days
161 Mratburns29 = [2.461 2.510 2.269 2.313 1.944];
162 WForgratburns29f = [0.231 0.224 0.232 0.218 0.23];
163 WFFatrataburns29 = [0.067 0.056 0.052 0.065 0.049];
164 WFwaterataburns29f = [0.313 0.375 0.318 0.334 0.344];
165 WFminratburns29f = [0.389 0.345 0.398 0.378 0.376];
166
167 Morgratburns29 = Mratburns29.*WForgratburns29f;
168 Mfatrataburns29 = Mratburns29.*WFFatrataburns29;
169 Mwaterataburns29 = Mratburns29.*WFwaterataburns29f;
170 Mminratburns29 = Mratburns29.*WFminratburns29f;
171
172 WForgratburns29 = Morgratburns29./ (Mratburns29-Mfatrataburns29);
173 WFminratburns29 = Mminratburns29./ (Mratburns29-Mfatrataburns29);
174 WFwaterataburns29 = Mwaterataburns29./ (Mratburns29-Mfatrataburns29);
175
176 %
177 % ***** DENSITY CALCULATIONS *****
178 %
179 % -----
180 % given in literature (Fritsch, Hellmich 2007)
181 % volume fractions of vascular and lacunar porosity
182
183
184

```

```

185 % In Literature:
186 rhowater = 1;
187 rhocoll = 1.41;
188 rhomin = 3;
189
190 % density from different experiments
191 % Lees 79
192 rhoecaxiallees79exp = [2.06 2.05 2.02 2.02 2.00 2.05 2.10 2.08];
193 rhoectanglees79exp = [2.12 2.08 2.10 1.98 2.05 2.11 2.03 2.06];
194 rhoecradlees79exp = [2.02 1.99 1.95 2.01 2.04 2.05];
195
196 rhoeclees79exp = [rhoecaxiallees79exp rhoecradlees79exp rhoectanglees79exp];
197
198 % Lees 95
199 rhoeclees95exp = [2.49 2.45 2.5 2.42 2.36 2.4 2.48 2.52 2.52 2.58 2.48];
200
201 % Lees (83 b)
202 % 1. porpoise t bulla 2.porpoise t bulla
203 % 3.whale t bulla 4.whale t bulla 5.horse t bulla 6.bovine dentin
204 rhoecwetlees87exp = [2.70 2.68 2.54 2.50 2.29 2.09];
205
206 % % Broz95
207 % rhoecbroz95exp = [2.02 2.01 1.99 1.95 1.95];
208
209 % Biltz and Pellegrino Biltz69
210 rhoecbiltz69exp = [1.8 1.81 1.93 1.92 1.94 2.0 2.09 2.05 2.02 2.04 ...
211 1.94 2.04 2.0 2.10 2.12 2.24];
212 tissuesbiltz69 = char(['Fish      '; 'Turtle     '; 'Frog      ';
213 'Polar Bear'; 'Man       '; 'Elephant   ';
214 'Monkey    '; 'Cat       '; 'Horse     ';
215 'Chicken   '; 'Dog       '; 'Goose     ';
216 'Cow       '; 'Guinea Pig'; 'Rabbit    ';
217 'Rat       ']);
218 vfwaterbiltz69 = [0.396 0.37 0.352 0.33 0.155 0.2 0.23 0.236 0.25 ...
219 0.245 0.28 0.23 0.262 0.25 0.245 0.202];
220 vfmrbiltz69 = [0.295 0.292 0.345 0.362 0.399 0.411 0.426 0.422 ...
221 0.41 0.417 0.387 0.427 0.426 0.435 0.45 0.499];
222 vforgbiltz69 = [0.369 0.401 0.385 0.401 0.418 0.415 0.411 0.405 0.405 ...
223 0.387 0.355 0.376 0.362 0.37 0.372 0.383];
224 WFcabilz69 = [0.2326 0.245 0.2469 0.2475 0.2569 0.2601 0.2614 0.266 ...
225 0.2644 0.2631 0.2668 0.2694 0.2759 0.2701 0.2821 0.2881];
226 WFashdrybiltz69 = [0.61 0.624 0.656 0.66 0.67 0.686 0.688 0.691 0.694 ...
227 0.696 0.698 0.7077 0.71 0.712 0.727 0.735];
228 WFmindrybiltz69 = WFashdrybiltz69*1.066;
229
230 % Taken von Hellmich and Ulm 2003
231 rhoappwaterbiltz69 = vfwaterbiltz69.*rhowater;
232 rhoappminbiltz69 = WFmindrybiltz69.*(rhoecbiltz69exp-rhoappwaterbiltz69);
233 rhoapporgbiltz69 = rhoecbiltz69exp-rhoappwaterbiltz69-rhoappminbiltz69;
234 WFminbiltz69 = rhoappminbiltz69./rhoecbiltz69exp;
235 WFwaterbiltz69 = rhoappwaterbiltz69./rhoecbiltz69exp;
236 WForgbiltz69 = 1-WFwaterbiltz69-WFminbiltz69;

```

```

237
238 % ****
239 % PLOT DATA IN A TERNARY DIAGRAM
240 % ****
241
242 % Plot axis
243 [h,hg,htick] = terplot;
244
245 % Plot the data
246 % Lees79
247 terWFaxiallees79 = ternaryc(WFminaxiallees79, WForgaxiallees79, ...
248 %WFwateraxiallees79);
249 terWFradees79 = ternaryc(WFminradlees79, WForgradlees79, ...
250 %WFwaterradlees79);
251 terWFTanglees79 = ternaryc(WFmintanglees79, WForgtanglees79, ...
252 %WFwatertanglees79);
253
254 set(terWFaxiallees79,'marker','o','markerfacecolor', 'none', 'color', ...
255 'black', 'markersize', 6)
256 set(terWFradees79,'marker','o','markerfacecolor', 'none', 'color', ...
257 'black', 'markersize', 6)
258 set(terWFTanglees79,'marker','o','markerfacecolor', 'none', 'color', ...
259 'black', 'markersize', 6)
260
261 % Lees95
262 terWFlees95 = ternaryc(WFminlees95, WForglees95, WFwaterlees95);
263
264 set(terWFlees95,'marker','x','markerfacecolor', 'none', 'color', ...
265 'black', 'markersize', 6)
266
267 % Lees92
268 terWFlees92 = ternaryc(WFminlees92, WForglees92, WFwaterlees92);
269
270 set(terWFlees92,'marker','s','markerfacecolor', 'none', 'color', ...
271 'black', 'markersize', 6)
272
273 % Lees03
274 terWFFflees03 = ternaryc(WFminfflees03, WForgfflees03, WFwaterfflees03);
275 set(terWFFflees03,'marker','d','markerfacecolor', 'none', 'color', ...
276 'black', 'markersize', 6)
277
278 terWFmlees03 = ternaryc(WFminmlees03, WForgmlees03, WFwatermlees03);
279 set(terWFmlees03,'marker','d','markerfacecolor', 'none', 'color', ...
280 'black', 'markersize', 6)
281
282 % Hammett25
283 terWFhummalehammett25 = ternaryc(WFminhummalehammett25, ...
284 %WForghummalehammett25, WFwaterhummalehammett25);
285 set(terWFhummalehammett25,'marker','*','markerfacecolor', 'none', ...
286 'color', 'black', 'markersize', 6)
287
288 terWFfemalehammett25 = ternaryc(WFminfemalehammett25, ...

```

```

289                               WForgfemmalehammett25, WFWaterfemmalehammett25);
290 set(terWFfemmalehammett25, 'marker', '*', 'markerfacecolor', 'none', ...
291     'color', 'black', 'markersize', 6)
292
293 terWFfemfemhammett25 = ternaryc(WFminfemfemhammett25, ...
294                                     WForgfemfemhammett25, WFWaterfemfemhammett25);
295 set(terWFfemfemhammett25, 'marker', '*', 'markerfacecolor', 'none', ...
296     'color', 'black', 'markersize', 6)
297
298 terWFhumfemhammett25 = ternaryc(WFminhumfemhammett25, ...
299                                     WForghumfemhammett25, WFWaterhumfemhammett25);
300 set(terWFhumfemhammett25, 'marker', '*', 'markerfacecolor', 'none', ...
301     'color', 'black', 'markersize', 6)
302
303 % gong64
304 terWFtrabgong64 = ternaryc(WFmintrabgong64, WForgtrabgong64, ...
305                                     WFWatertrabgong64);
306 set(terWFtrabgong64, 'marker', '^', 'markerfacecolor', 'none', 'color', ...
307     'black', 'markersize', 6)
308
309 terWFcorgong64 = ternaryc(WFmincorgong64, WForgcorgong64, ...
310                                     WFWatercorgong64);
311 set(terWFcorgong64, 'marker', '^', 'markerfacecolor', 'none', 'color', ...
312     'black', 'markersize', 6)
313
314 % burns29
315 terWFrabbitburns29 = ternaryc(WFminrabbitburns29, WForgrabbitburns29, ...
316                                     WFWaterrabbitburns29);
317 set(terWFrabbitburns29, 'marker', 'v', 'markerfacecolor', 'none', ...
318     'color', 'black', 'markersize', 6)
319 terWFrataburns29 = ternaryc(WFminratburns29, WForgratburns29, ...
320                                     WFWaterratburns29);
321 set(terWFrataburns29, 'marker', 'v', 'markerfacecolor', 'none', 'color', ...
322     'black', 'markersize', 6)
323
324 % biltz69
325 terWFbiltz69 = ternaryc(WFminbiltz69, WForgbiltz69, WFWaterbiltz69);
326 set(terWFbiltz69, 'marker', 'h', 'markerfacecolor', 'none', 'color', ...
327     'black', 'markersize', 6)
328
329 hlabels=terlabel('Mineral', 'Organic', 'Water');
330
331 hlegend = legend([terWFaxiallees79(1) terWFlees95(1) terWFlees92(1) ...
332 terWFflees03(1) terWFhummalehammett25(1) terWFtrabgong64(1) ...
333 terWFrabbitburns29(1) terWFbiltz69(1)], ...
334 'Bovine bone [Lees et al. (1979)]', ...
335 'Otic bones of a fine whale [Lees et al. (1995)]', ...
336 'Mineralized turkey leg tendon [Lees (1992)]', ...
337 'Horse metacarpal [Lees (2003)]', ...
338 'Femur and humeris of albino rats (female and male) [Hammett (1925)]', ...
339 'Bone from steer, dog, human, monkey [Gong et al. (1964)]', ...
340 'Rabbit and rat bones [Burns (1929)]', ...

```

```

341 'Bone from various vertebrates [Biltz and Pellegrino (1969)]', ...
342 'location', 'northoutside');
343
344 filename = 'terData.jpg';
345 currentDir = pwd;
346 absPathPlot = strcat(pwd, slash, 'LatexFiles', slash, filename);
347 print('-jpeg', absPathPlot);

```

B.1.1. WFmilt.m

The purpose of this function, is to import Fig. 1 in Lees & Page (1992) and automatically determine the overall mass density, the weight fractions for hydroxyapatite, water and the organic matter.

```

1 % ****
2 % Lees 92: Turkey Leg Tendon
3 % Reading weight fractions from Figure 1
4 % ****
5 % Original image measures 113 x 204 mm
6
7 function[rhomuLees92, WFMuminLees92, WFMuorgLees92]=WFmilt()
8 imgOrg = imread('WF_Org.gif', 'gif');
9 k = 1;
10 sizeOrg = size(imgOrg);
11
12 for i = 1:sizeOrg(:,2);
13     for j = 1:sizeOrg(:,1)
14         if imgOrg(j, i) < 240; % 255 = white, else counts as black
15             y = (j * 113/sizeOrg(:,1)); % converting indices into mm
16             WFMuorgLees92temp(k) = ((113-y-10) * 0.0078);
17             % converting into scale of picture
18
19             x = i * 204/sizeOrg(:,2);
20             rhomuorgLees92temp(k) = ((x * 0.0039) + 1);
21
22             k = k + 1;
23         else
24             end
25     end
26 end
27
28 imgMin = imread('WF_Min.gif', 'gif');
29 k = 1;
30 sizeMin = size(imgOrg);
31
32 for i = 1:sizeMin(:,2);

```

```

34 for j = 1:sizeMin(:,1)
35     if imgMin(j, i) < 240; % 255 = white, else counts as black
36         y = (j * 113/sizeMin(:,1)); % converting indices into mm
37         WFmuminLees92temp(k) = ((113-y-10) * 0.0078);
38         % converting into scale of picture (
39
40         if WFmuminLees92temp(k) < 0
41             WFmuminLees92temp(k) = 0;
42         end
43
44         x = i * 204/sizeMin(:,2);
45         rhomuminLees92temp(k) = ((x * 0.0039) + 1);
46
47         k = k + 1;
48     end
49 end
50
51 % Mapping of weight fractions organic and mineral to the corresponding
52 % density
53
54
55 n = 1;
56
57 for l=1:length(rhomuminLees92temp)
58     for m=1:length(rhomuorgLees92temp)
59         if (rhomuminLees92temp(l)-rhomuorgLees92temp(m)) == 0
60             rhomuLees92(n) = rhomuminLees92temp(l);
61             WFmuminLees92(n) = WFmuminLees92temp(l);
62             WFmuorgLees92(n) = WFmuorgLees92temp(m);
63
64             rhomuminLees92temp(l) = 100;
65             rhomuorgLees92temp(m) = 50;
66             WFmuminLees92temp(l) = 0;
67             WFmuorgLees92temp(m) = 0;
68
69             n = n + 1;
70         elseif (rhomuminLees92temp(l)-rhomuorgLees92temp(m)) <= 0.005 ...
71             && (rhomuminLees92temp(l)-rhomuorgLees92temp(m)) > -0.005
72
73             rhomuLees92(n) = rhomuminLees92temp(l);
74             WFmuminLees92(n) = WFmuminLees92temp(l);
75             WFmuorgLees92(n) = WFmuorgLees92temp(m);
76
77             rhomuminLees92temp(l) = 1000;
78             rhomuorgLees92temp(m) = 500;
79             WFmuminLees92temp(l) = 0;
80             WFmuorgLees92temp(m) = 0;
81
82             n = n + 1;
83     end
84 end

```

```
86 end  
87 end
```

B.1.2. Ternary Diagram

The functions **ternaryc.m**, **terlabel.m** and **terplot.m**, required for **ExpData.m** were taken from MATLAB® CENTRAL - An open exchange for the MATLAB and SIMULINK user community, with thanks to the author Ulrich Theune:

(<http://www.mathworks.com/matlabcentral/fileexchange/7210>, 2010)

B.2. DensityPrediction.m

This file was written to predict the extracellular density. The experimental and predicted density was then compared to obtain the relative mean error and the standard deviation to determine the accuracy.

```
1 % ****
2 % PREDICTION: Density of extracellular bone matrix
3 %
4 % RUN: ExpData.m
5 % NEED FUNCTION: funcRhoecpre.m
6 %
7 % OUTPUT: boneDensities.jpg
8 %
9 % Data from Lees79, bovine cortical bone
10
11 rhoecaxiallees79pre = funcRhoecpre(WForgaxiallees79, WFminaxiallees79, ...
12                               WFwateraxiallees79, rhocoll, rhomin, rhowater);
13 rhoecradlees79pre = funcRhoecpre(WForgradlees79, WFminradlees79, ...
14                               WFwaterradlees79, rhocoll, rhomin, rhowater);
15 rhoectanglees79pre = funcRhoecpre(WForgtanglees79, WFmintanglees79, ...
16                               WFwatertanglees79, rhocoll, rhomin, rhowater);
17
18 %
19 % Data from Lees95
20 % Whale
21 rhoeclees95pre = funcRhoecpre(WForglees95, WFminlees95, WFwaterlees95, ...
22                               rhocoll, rhomin, rhowater);
23
24 % Data from Lees92 MTLT
25 rhoeclees92pre = funcRhoecpre(WForglees92, WFminlees92, WFwaterlees92, ...
26                               rhocoll, rhomin, rhowater);
27
28 % Data from gong64
29 rhoectrabgong64pre = funcRhoecpre(WForgtrabgong64, WFmintrabgong64, ...
30                               WFwatertrabgong64, rhocoll, rhomin, rhowater);
31 rhoeccorgong64pre = funcRhoecpre(WForgcorgong64, WFmincorgong64, ...
32                               WFwatercorgong64, rhocoll, rhomin, rhowater);
33
34 % Data from biltz69
35 rhoecbiltz69pre = funcRhoecpre(WForgbiltz69, WFminbiltz69, ...
36                               WFwaterbiltz69, rhocoll, rhomin, rhowater);
37
38 % Data from burns29
39 rhoecrabbittburns29pre = funcRhoecpre(WForgrabbitburns29, ...
40                               WFminrabbittburns29, WFwaterrabbittburns29, ...
41                               rhocoll, rhomin, rhowater);
42 rhoecratburns29pre = funcRhoecpre(WForgratburns29, WFminratburns29, ...
43                               WFwaterratburns29, rhocoll, rhomin, rhowater);
44
45 % Data from Hammett 25
```

```

46 rhoecfemfemhammett25pre = funcRhoecpre(WForgfemfemhammett25, ...
47                               WFminfemfemhammett25, WFWaterfemfemhammett25, ...
48                               rhocoll, rhomin, rhowater);
49 rhoechumfemhammett25pre = funcRhoecpre(WForghumfemhammett25, ...
50                               WFminhumfemhammett25, WFWaterhumfemhammett25, ...
51                               rhocoll, rhomin, rhowater);
52 rhoecfemalehammett25pre = funcRhoecpre(WForgfemmalehammett25, ...
53                               WFminfemmalehammett25, ...
54                               WFWaterfemmalehammett25, rhocoll, rhomin, ...
55                               rhowater);
56 rhoechummalehammett25pre = funcRhoecpre(WForghummalehammett25, ...
57                               WFminhummalehammett25, ...
58                               WFWaterhummalehammett25, rhocoll, rhomin, ...
59                               rhowater);
60
61
62 rhoechammett25pre = [rhoechumfemhammett25pre rhoechummalehammett25pre ...
63                           rhoecfemfemhammett25pre rhoecfemalehammett25pre];
64
65 % Data from Lees03
66 rhoecmlees03pre = funcRhoecpre(WForgmlees03, WFminmlees03, ...
67                               WFWatermlees03, rhocoll, rhomin, rhowater);
68 rhoecflees03pre = funcRhoecpre(WForgflees03, WFminflees03, ...
69                               WFWaterflees03, rhocoll, rhomin, rhowater);
70
71 rhoeclees03pre = [rhoecmlees03pre rhoecflees03pre];
72
73
74 % *****
75 % Calculate error of all calculated and experimental density
76 % *****
77 % calculate error in subgroups
78 % Lees79: bovine bones
79 rhoeclees79 = ([rhoecaxiallees79pre rhoecradlees79pre ...
80                   rhoectanglees79pre; rhoecaxiallees79exp ...
81                   rhoecradlees79exp rhoectanglees79exp]');
82 err_rholees79 = (rhoeclees79(:,1)-rhoeclees79(:,2))./rhoeclees79(:,2);
83 meanerr_rholees79 = mean(err_rholees79);
84 stderr_rholees79 = std(err_rholees79);
85 varerr_rholees79 = var(err_rholees79);
86
87 % Lees95: otic wale bones
88 rhoeclees95 = ([rhoeclees95pre; rhoeclees95exp]');
89 err_rholees95 = (rhoeclees95(:,1)-rhoeclees95(:,2))./rhoeclees95(:,2);
90 meanerr_rholees95 = mean(err_rholees95);
91 stderr_rholees95 = std(err_rholees95);
92 varerr_rholees95 = var(err_rholees95);
93
94 % Lees92: MTLT
95 rhoeclees92 = ([rhoeclees92pre; rhoeclees92exp]');
96 err_rholees92 = (rhoeclees92(:,1)-rhoeclees92(:,2))./rhoeclees92(:,2);
97 meanerr_rholees92 = mean(err_rholees92);

```

```

98 stderr_rholees92 = std(err_rholees92);
99 varerr_rholees92 = var(err_rholees92);
100
101 % gong64
102 rhoecgong64 = ([rhoectrabgong64pre rhoeccorgong64pre; ...
103                      rhoectrabgong64exp rhoeccorgong64exp]');
104 err_rhogong64 = (rhoecgong64(:,1)-rhoecgong64(:,2))./rhoecgong64(:,2);
105 meanerr_rhogong64 = mean(err_rhogong64);
106 stderr_rhogong64 = std(err_rhogong64);
107 varerr_rhogong64 = var(err_rhogong64);
108
109 % biltz69
110 rhoecbiltz69 = ([rhoecbiltz69pre; rhoecbiltz69exp']);
111 err_rhbiltz69 = (rhoecbiltz69(:,1)-rhoecbiltz69(:,2))./rhoecbiltz69(:,2);
112 meanerr_rhbiltz69 = mean(err_rhbiltz69);
113 stderr_rhbiltz69 = std(err_rhbiltz69);
114 varerr_rhbiltz69 = var(err_rhbiltz69);
115
116 % All errors
117 rhoecall = ([rhoeclees79' rhoeclees92' rhoeclees95' rhoecgong64' ...
118                      rhoecbiltz69']);'
119 err_all = (rhoecall(:,1)-rhoecall(:,2))./rhoecall(:,2);
120 meanerr_all = mean(err_all)
121 stderr_all = std(err_all)
122 varerr_all = var(err_all)
123
124 % *****
125 % Plot results
126 % *****
127
128 hold on
129 plot([rhoecaxiallees79pre rhoectanglees79pre rhoecradlees79pre], ...
130       [rhoecaxiallees79exp rhoectanglees79exp rhoecradlees79exp], ...
131       'o', 'color', 'black')
132 plot(rhoeclees95pre, rhoeclees95exp, 'x', 'color', 'black')
133 plot(rhoeclees92pre, rhoeclees92exp, 's', 'color', 'black')
134 plot([rhoectrabgong64pre rhoeccorgong64pre], ...
135       [rhoectrabgong64exp rhoeccorgong64exp], '^', 'color', 'black')
136 plot(rhoecbiltz69pre, rhoecbiltz69exp, 'h', 'color', 'black')
137 plot([1 3], [1 3], 'color', 'black')
138 hlegend = legend('Bovine bone [Lees et al. (1979)]', ...
139                   'Otic bones of an adult fin whale [Lees et al. (1995)]', ...
140                   'Mineralized turkey leg tendon [Lees and Page (1992)]', ...
141                   'Steer, dog, human, monkey [Gong et al. (1964)]', ...
142                   'Bones of various vertebrates [Biltz and Pellegrino (1969)]', ...
143                   'location', 'southoutside');
144 set(hlegend, 'fontsize', 10);
145
146 set(gca, 'XTick', 1.5:0.5:3, 'XTickLabel',{'1.5','2','2.5','3'}, ...
147       'YTick', 0:0.5:3.5, 'YTickLabel',{'0','0.5','1','1.5','2','2.5',...
148       '3','3.5'})
149 xlabel('\rho^{ec}_{pre} [g/cm^3]')

```

```

150 ylabel('\rho^{ec}_{exp} [g/cm^3]')
151 grid('on')
152
153 filename = 'boneDensities.jpg';
154 absPathPlot = strcat(pwd, slash, 'LatexFiles', slash, filename);
155 print('-djpeg', absPathPlot);

```

B.2.1. funcRhoecpre.m

This function predicts the extracellular density on the basis of the hydroxyapatite, water and organic weight fractions and their density.

```

1 % Calculation of predicted extracecullar density
2
3 function[rhoecpre] = funcRhoecpre(WForg,WFmin,WFwater,rhocoll,rhomin,rhowater)
4 rhoecpre = (WForg/rhocoll + WFmin/rhomin + WFwater/rhowater).^-1;
5 end

```

B.3. AppRho.m

This file was written to calculate the concentration of the three bone components, namely the apparent mass density and delivers 4 EPS graphic files as Output. It also compares the correlation of each apparent mass density to the other and determines a growing and aging pattern of bone by finding the best coefficient of determination.

```

1 % ****
2 % 03. APPARENT MASS DENSITIES of components of microstructure!
3 %
4 % RUN: ExpData.m, DensityPrediction.m
5 % NEED FUNCTION: funcappRho.m, rsquare.m, funcVF.m, funcWF.m
6 %
7 % -----
8 % OUTPUT: appDensity_WaterMin.eps, appDensity_MinOrg.eps,
9 % appDensity_WaterOrg.eps, appDensity_rhoec.eps
10 %
11 %
12 [rhoappwaterlees79, rhoapporglees79, rhoappminlees79] = ...
13 funcappRho([WFwateraxiallees79 WFwaterradlees79 WFwatertanglees79], ...
14 [WForgaxiallees79 WForgradlees79 WForgtanglees79], [WFminaxiallees79 ...
15 WFminradlees79 WFMintanglees79], [rhoecaxiallees79exp ...
16 rhoecradlees79exp rhoectanglees79exp]);
17 [rhoappwaterlees03, rhoapporglees03, rhoappminlees03] = ...
18 funcappRho([WFwatermlees03 WFwaterflees03], [WForgmlees03 ...
19 WForgflees03], [WFminmlees03 WFminflees03], [rhoecmlees03pre ...
20 rhoecflees03pre]);
21 [rhoappwaterhammett25, rhoapporghammett25, rhoappminhammett25] = ...
22 funcappRho([WFwaterfemmalehammett25 WFwaterfemfemhammett25 ...
23 WFwaterhummalehammett25 WFwaterhumfemhammett25], ...
24 [WForgfemmalehammett25 WForgfemfemhammett25 WForghummalehammett25 ...
25 WForghumfemhammett25], [WFminfemmalehammett25 WFminfemfemhammett25 ...
26 WFminhummalehammett25 WFminhumfemhammett25], ...
27 [rhoecfemmalehammett25pre rhoecfemfemhammett25pre ...
28 rhoechummalehammett25pre rhoechumfemhammett25pre]);
29 [rhoappwaterrabbitburns29, rhoapporgrabbitburns29, ...
30 rhoappminrabbitburns29] = funcappRho(WFwaterrabbitburns29, ...
31 WForgrabbitburns29, WFminrabbitburns29, rhoecrabbitburns29pre);
32 [rhoappwaterratburns29, rhoapporgratburns29, rhoappminratburns29] = ...
33 funcappRho(WFwaterratburns29, WForgratburns29, WFminratburns29, ...
34 rhoecratburns29pre);
35 [rhoappwaterlees95, rhoapporglees95, rhoappminlees95] = ...
36 funcappRho(WFwaterlees95, WForglees95, WFminlees95, rhoeclees95exp);
37 [rhoappwaterlees92, rhoapporglees92, rhoappminlees92] = ...
38 funcappRho(WFwaterlees92, WForglees92, WFminlees92, rhoeclees92exp);
39 %
40 % Biltz69: apparent mass density given in ExpData.m (taken from Hellmich
41 % and Ulm)
42 %
43 % -----
44 % REGRESSION

```

```

45 %
46
47 rhoapp = [rhoapporglees95 rhoapporgbiltz69 rhoapporgcorgong64 ...
48 rhoapporhammett25 rhoapporglees03 rhoapporglees79 rhoapporglees92 ...
49 rhoapporgrabbitburns29 rhoapporgratburns29 ...
50 rhoapporgtrabgong64; ...
51 rhoappminlees95 rhoappminbiltz69 rhoappmincorgong64 ...
52 rhoappminhammett25 rhoappminlees03 rhoappminlees79 rhoappminlees92 ...
53 rhoappminrabbitburns29 rhoappminratburns29 ...
54 rhoappmintrabgong64; ...
55 rhoappwaterlees95 rhoappwaterbiltz69 rhoappwatercorgong64 ...
56 rhoappwaterhammett25 rhoappwaterlees03 rhoappwaterlees79 ...
57 rhoappwaterlees92 rhoappwaterrabbitburns29 ...
58 rhoappwaterratburns29 rhoappwatertrabgong64; ...
59 rhoeclees95exp rhoecbiltz69exp rhoeccorgong64exp ...
60 rhoechammett25pre rhoeclees03pre rhoeclees79exp ...
61 rhoeclees92exp rhoecrabitburns29pre ...
62 rhoecratburns29pre rhoectrabgong64exp];
63
64 % Find threshold between Growing and Aging - Algorithm comparing the R^2
65 % with each other and determine the threshold with the highest R^2
66
67 % Define maximum rhoapp organic and determine matching rhoapp
68 % mineral-boundaries of +/- 25.
69 [maxrhoapporg,Ind]=max(rhoapp(:,1));
70 TSrhoappmin = rhoapp(Ind,2);
71 TSrhoappminlow = rhoapp(Ind,2)/100*75;
72 TSrhoappminhigh = rhoapp(Ind,2)*1.25;
73 TS = (TSrhoappminlow:0.01:TSrhoappminhigh);
74
75 % Calculate R^2 for different threshold (threshold defines, where process
76 % Growing stops and process Aging begins)
77 for m = (1:length(TS))
78     j = 1;
79     k = 1;
80     for i = 1:length(rhoapp)
81         if rhoapp(i,2) <= TS(m)
82             rhoapporgminGrowthtemp(j,1) = rhoapp(i,1);
83             rhoapporgminGrowthtemp(j,2) = rhoapp(i,2);
84             j = j+1;
85         else
86             rhoapporgminAgetemp(k,1) = rhoapp(i,1);
87             rhoapporgminAgetemp(k,2) = rhoapp(i,2);
88             k = k+1;
89         end
90     end
91 polyGrowthtemp = polyfit(rhoapporgminGrowthtemp(:,2), ...
92                           rhoapporgminGrowthtemp(:,1), 1);
93 rhoapporgGrowthtemp = polyGrowthtemp(:,1)* ...
94                           rhoapporgminGrowthtemp(:,2) + polyGrowthtemp(:,2);
95
96 rhoapporgAgetemp = (polyGrowthtemp(:,1)* TS(m) + polyGrowthtemp(:,2)).*...

```

```

97      (1-(rhoapporgminAgetemp(:,2)-TS(m))./(rhomin-TS(m)));
98
99      testTS(m,1) = TS(m);
100     testTS(m,2) = rsquare([rhoapporgminGrowthtemp(:,1); ...
101         rhoapporgminAgetemp(:,1)], [rhoapporgGrowthtemp; rhoapporgAgetemp]);
102     clear rhoapporgminGrowthtemp;
103     clear rhoapporgminAgetemp;
104 end
105
106 % Find out best R^2 in the values with different thresholds
107 [bestRR, indbestRR] = max(testTS(:,2));
108 bestTSrhoappmin = testTS(indbestRR,1);
109
110 bestRR
111
112 % separate values in two groups with the best threshold (best R^2) in Aging
113 % and Growing process
114 j=1; k=1;
115 for i = 1:length(rhoapp)
116     if rhoapp(i,2) <= bestTSrhoappmin
117         rhoappGrowth(j,1) = rhoapp(i,1);
118         rhoappGrowth(j,2) = rhoapp(i,2);
119         rhoappGrowth(j,3) = rhoapp(i,3);
120         rhoappGrowth(j,4) = rhoapp(i,4);
121         j = j+1;
122     elseif rhoapp(i,2) > bestTSrhoappmin
123         rhoappAge(k,1) = rhoapp(i,1);
124         rhoappAge(k,2) = rhoapp(i,2);
125         rhoappAge(k,3) = rhoapp(i,3);
126         rhoappAge(k,4) = rhoapp(i,4);
127         k=k+1;
128     end
129 end
130
131 clear j k;
132
133 % Calculate regression with the best mineral threshold between Aging and
134 % Growing
135 polyrhoappGrowth = polyfit(rhoappGrowth(:,2), ...
136                             rhoappGrowth(:,1), 1);
137 rhoappminGrowth = (0.1:0.01:bestTSrhoappmin);
138 rhoapporgGrowth = polyrhoappGrowth(:,1)*rhoappminGrowth ...
139                     +polyrhoappGrowth(:,2);
140
141 % Regression for Aging is simply a regression between start point (which is
142 % end point of Aging process) and end point (which is were rhoapp organic =
143 % 0 and rhoapp mineral = 3, since pure mineral density is 3 g/cm^2
144 minAging = [bestTSrhoappmin; 3];
145 orgAging = [(polyrhoappGrowth(:,2)*bestTSrhoappmin ...
146             +polyrhoappGrowth(:,2)); 0];
147 polyrhoappAge = polyfit(minAging, orgAging, 1);
148

```

```

149 rhoappminAge = (bestTSrhoappmin:0.01:3);
150 rhoapporgAge = (polyrhoappGrowth(:,1)*bestTSrhoappmin ...
151           + polyrhoappGrowth(:,2)).*...
152           (1-(rhoappminAge-bestTSrhoappmin)./(rhomin-bestTSrhoappmin));
153
154 % CALCULATIONS OF DATA FROM REGRESSION
155
156 [vfminregAge, vforgregAge, vfwaterregAge] = ...
157   funcVF(rhoappminAge, rhoapporgAge, rhomin, rhocoll);
158 [vfminregGrowth, vforgregGrowth, vfwaterregGrowth] = ...
159   funcVF(rhoappminGrowth, rhoapporgGrowth, rhomin, rhocoll);
160 rhoappwaterAge = vfwaterregAge.*rhowater;
161 rhoappwaterGrowth = vfwaterregGrowth.*rhowater;
162
163 rhoecregAge = (rhoappwaterAge+rhoappminAge+rhoapporgAge);
164 rhoecregGrowth = (rhoappwaterGrowth+rhoappminGrowth+rhoapporgGrowth);
165
166 [WFwaterregAge, WForgregAge, WFminregAge] = ...
167   funcWF(rhoappwaterAge, rhoappminAge, rhoapporgAge, ...
168           (rhoappwaterAge+rhoappminAge+rhoapporgAge));
169 [WFwaterregGrowth, WForgregGrowth, WFminregGrowth] = ...
170   funcWF(rhoappwaterGrowth, rhoappminGrowth, rhoapporgGrowth, ...
171           (rhoappwaterGrowth+rhoappminGrowth+rhoapporgGrowth));
172
173 % for determination coefficient of water vs. organic, water vs. mineral
174
175 polyrhoapporgwaterAge = polyfit(rhoappwaterAge, rhoapporgAge, 1);
176 polyrhoapporgwaterGrowth = polyfit(rhoappwaterGrowth, rhoapporgGrowth, 1);
177
178 polyrhoappminwaterAge = polyfit(rhoappwaterAge, rhoappminAge, 1);
179 polyrhoappminwaterGrowth = polyfit(rhoappwaterGrowth, rhoappminGrowth, 1);
180
181 rhoapporgAgerr = polyrhoapporgwaterAge(:,1).*rhoappAge(:,3) + ...
182   polyrhoapporgwaterAge(:,2);
183 rhoapporgGrowthrr = polyrhoapporgwaterGrowth(:,1).*rhoappGrowth(:,3) + ...
184   polyrhoapporgwaterGrowth(:,2);
185
186 rhoappminAgerr = polyrhoappminwaterAge(:,1).*rhoappAge(:,3) + ...
187   polyrhoappminwaterAge(:,2);
188 rhoappminGrowthrr = polyrhoappminwaterGrowth(:,1).*rhoappGrowth(:,3) + ...
189   polyrhoappminwaterGrowth(:,2);
190
191 RRorgwater = rsquare([rhoappGrowth(:,1); rhoappAge(:,1)], ...
192   [rhoapporgGrowthrr; rhoapporgAgerr])
193
194 RRminwater = rsquare([rhoappGrowth(:,2); rhoappAge(:,2)], ...
195   [rhoappminGrowthrr; rhoappminAgerr])
196
197 % coefficient of determination for rhoapp vs. rhoec
198
199
200

```

```

201 polyrhoapporgecAge = polyfit(rhoecregAge, rhoapporgAge, 1);
202 polyrhoappminecAge = polyfit(rhoecregAge, rhoappminAge, 1);
203 polyrhoappwaterAge = polyfit(rhoecregAge, rhoappwaterAge, 1);
204
205 polyrhoapporgecGrowth = polyfit(rhoecregGrowth, rhoappGrowth, 1);
206 polyrhoappminecGrowth = polyfit(rhoecregGrowth, rhoappminGrowth, 1);
207 polyrhoappwaterAgeGrowth = polyfit(rhoecregGrowth, rhoappwaterGrowth, 1);
208
209 rhoapporgecAge = polyrhoapporgecAge(:,1).*rhoappAge(:,4)+...
210                 polyrhoapporgecAge(:,2);
211 rhoapporgecGrowth = polyrhoapporgecGrowth(:,1).*rhoappGrowth(:,4)+...
212                 polyrhoapporgecGrowth(:,2);
213
214 rhoappminecAge = polyrhoappminecAge(:,1).*rhoappAge(:,4)+...
215                 polyrhoappminecAge(:,2);
216 rhoappminecGrowth = polyrhoappminecGrowth(:,1).*rhoappGrowth(:,4)+...
217                 polyrhoappminecGrowth(:,2);
218
219 rhoappwaterAge = polyrhoappwaterAge(:,1).*rhoappAge(:,4)+...
220                 polyrhoappwaterAge(:,2);
221 rhoappwaterAgeGrowth = polyrhoappwaterAgeGrowth(:,1).*rhoappGrowth(:,4)+...
222                 polyrhoappwaterAgeGrowth(:,2);
223
224 RRrhoecwater = rsquare([rhoappGrowth(:,3); rhoappAge(:,3)], ...
225                           [rhoappwaterAge; rhoappwaterAge])
226
227 RRrhoecmin = rsquare([rhoappGrowth(:,2); rhoappAge(:,2)], ...
228                           [rhoappminecGrowth; rhoappminecAge])
229
230 RRrhoecorg = rsquare([rhoappGrowth(:,1); rhoappAge(:,1)], ...
231                           [rhoapporgecGrowth; rhoapporgecAge])
232
233 % PLOT RHOAPP WATER VS. RHOAPP MIN
234
235 hold on
236 plot(rhoappwaterlees79, rhoappminlees79, 'o', 'color', 'black')
237 plot(rhoappwaterlees03, rhoappminlees03, 'd', 'color', 'black')
238 plot(rhoappwaterhammett25, rhoappminhammett25, '*', 'color', 'black')
239 plot([rhoappwatertrabgong64 rhoappwatercorgong64], ...
240       [rhoappmintrabgong64 rhoappmincorgong64], '^', 'color', 'black')
241 plot(rhoappwaterlees92, rhoappminlees92, 's', 'color', 'black')
242 plot([rhoappwaterrabbitburns29 rhoappwaterratburns29], ...
243       [rhoappminrabbitburns29 rhoappminratburns29], 'v', 'color', 'black')
244 plot(rhoappwaterbiltz69, rhoappminbiltz69, 'h', 'color', 'black')
245 plot(rhoappwaterlees95, rhoappminlees95, 'x', 'color', 'black')
246
247 plot(rhoappwaterGrowth, rhoappminGrowth, '-', 'color', 'black', ...
248       'linewidth', 1)
249 plot(rhoappwaterAge, rhoappminAge, '-', 'color', 'black', 'linewidth', 1)
250 plot(0,0)
251 xlabel('\rho^*\{H_2O\} [g/cm^3]')
252 ylabel('\rho^*\{HA\} [g/cm^3]')

```

```

253 grid('on')
254
255 hlegend = legend('Bovine tibia [Lees et al. (1979)]', ...
256 'Horse metacarpals [Lees (2003)]', ...
257 'Femur and humeris of albino rats [Hammett (1925)]', ...
258 'Bones from steers, dogs, humans, monkeys [Gong et al. (1964)]', ...
259 'Mineralized turkey leg tendon [Lees and Page (1992)]', ...
260 'Bones from rabbits, rats [Burns (1929)]', ...
261 'Bones from various vertebrates [Biltz and Pellegrino (1969)]', ...
262 'Otic bones of a fine whale [Lees et al. (1995)]', ...
263 'location', 'southoutside');
264 set(hlegend, 'fontsize', 10);
265
266 filename = 'appDensity_WaterMin.eps';
267 absPathPlot = strcat(pwd, slash, 'LatexFiles', slash, filename);
268 print('-depsc', absPathPlot);
269
270 % PLOT RHOAPP MIN VS. RHOAPP ORG
271
272 figure
273 hold on
274 plot(rhoappminlees79, rhoapporglees79, 'o', 'color', 'black')
275 plot(rhoappminlees03, rhoapporglees03, 'd', 'color', 'black')
276 plot(rhoappminhammett25, rhoapporghanmett25, '*', 'color', 'black')
277 plot([rhoappmintrabgong64 rhoappmincorgong64], ...
278 [rhoapporgtrabgong64 rhoapporgcorgong64], '^', 'color', 'black')
279 plot(rhoappminlees92, rhoapporglees92, 's', 'color', 'black')
280 plot([rhoappminrabbitburns29 rhoappminratburns29], ...
281 [rhoapporgrabbitburns29 rhoapporgratburns29], 'v', 'color', 'black')
282 plot(rhoappminbiltz69, rhoapporgbiltz69, 'h', 'color', 'black')
283 plot(rhoappminlees95, rhoapporglees95, 'x', 'color', 'black')
284
285 plot(rhoappminGrowth, rhoapporgGrowth, '-', 'color', 'black', ...
286 'linewidth', 1)
287 plot(rhoappminAge, rhoapporgAge, '-', 'color', 'black', 'linewidth', 1)
288 plot(0,0)
289 xlabel('\rho^*_\{HA\} [g/cm^3]')
290 ylabel('\rho^*_\{org\} [g/cm^3]')
291 grid('on')
292
293 hlegend = legend('Bovine tibia [Lees et al. (1979)]', ...
294 'Horse metacarpals [Lees (2003)]', ...
295 'Femur and humeris of albino rats [Hammett (1925)]', ...
296 'Bones from steers, dogs, humans, monkeys [Gong et al. (1964)]', ...
297 'Mineralized turkey leg tendon [Lees and Page (1992)]', ...
298 'Bones from rabbits, rats [Burns (1929)]', ...
299 'Bones from various vertebrates [Biltz and Pellegrino (1969)]', ...
300 'Otic bones of a fine whale [Lees et al. (1995)]', ...
301 'location', 'southoutside');
302 set(hlegend, 'fontsize', 10);
303
304 filename = 'appDensity_MinOrg.eps';

```

```

305 absPathPlot = strcat(pwd, slash, 'LatexFiles', slash, filename);
306 print('-depsc', absPathPlot);
307
308 % PLOT RHOAPP WATER VS. RHOAPP ORG
309
310 figure
311 hold on
312 plot(rhoappwaterlees79, rhoapporglees79, 'o', 'color', 'black')
313 plot(rhoappwaterlees03, rhoapporglees03, 'd', 'color', 'black')
314 plot(rhoappwaterhammett25, rhoapporhammett25, '*', 'color', 'black')
315 plot([rhoappwatertrabgong64 rhoappwatercorgong64], ...
316      [rhoapporgtrabgong64 rhoapporgcorgong64], '^', 'color', 'black')
317 plot(rhoappwaterlees92, rhoapporglees92, 's', 'color', 'black')
318 plot([rhoappwaterrabbitburns29 rhoappwaterratburns29], ...
319      [rhoapporgrabbitburns29 rhoapporgratburns29], 'v', 'color', 'black')
320 plot(rhoappwaterbiltz69, rhoapporgbiltz69, 'h', 'color', 'black')
321 plot(rhoappwaterlees95, rhoapporglees95, 'x', 'color', 'black')
322
323 plot(rhoappwaterGrowth, rhoapporgGrowth, '-', 'color', 'black', ...
324       'linewidth', 1)
325 plot(rhoappwaterAge, rhoapporgAge, '-', 'color', 'black', 'linewidth', 1)
326 plot(0,0)
327 xlabel('\rho^*_H_2O [g/cm^3]')
328 ylabel('\rho^*_org [g/cm^3]')
329 grid('on')
330
331 hlegend = legend('Bovine tibia [Lees et al. (1979)]', ...
332 'Horse metacarpals [Lees (2003)]', ...
333 'Femur and humeris of albino rats [Hammett (1925)]', ...
334 'Bones from steers, dogs, humans, monkeys [Gong et al. (1964)]', ...
335 'Mineralized turkey leg tendon [Lees and Page (1992)]', ...
336 'Bones from rabbits, rats [Burns (1929)]', ...
337 'Bones from various vertebrates [Biltz and Pellegrino (1969)]', ...
338 'Otic bones of a fine whale [Lees et al. (1995)]', ...
339 'location', 'southoutside');
340 set(hlegend, 'fontsize', 10);
341
342 filename = 'appDensity_WaterOrg.eps';
343 absPathPlot = strcat(pwd, slash, 'LatexFiles', slash, filename);
344 print('-depsc', absPathPlot);
345
346 % Plot all data as a function of rhoec
347
348 figure
349 hold on
350 plot([rhoecaxiallees79exp rhoecradlees79exp rhoectanglees79exp], ...
351      rhoapporglees79, 'o', 'color', 'black')
352 plot(rhoeclees95exp, rhoapporglees95, 'x', 'color', 'black')
353 plot(rhoeclees92exp, rhoapporglees92, 's', 'color', 'black')
354 plot([rhoectrabgong64exp rhoeccorgong64exp], [rhoapporgtrabgong64 ...
355      rhoapporgcorgong64], '^', 'color', 'black')
356 plot([rhoecrabitburns29pre rhoecratburns29pre], ...

```

```

357     [rhoapporgrabbitburns29 rhoapporgratburns29], 'v', 'color', 'black')
358 plot(rhoecbiltz69exp, rhoapporgbiltz69, 'h', 'color', 'black')
359 plot([rhoecmlees03pre rhoecflees03pre], rhoapporglees03, 'd', ...
360       'color', 'black')
361 plot([rhoecfemmalehammett25pre rhoecfemfemhammett25pre ...
362       rhoechummalehammett25pre rhoechumfemhammett25pre], ...
363       rhoapporghammett25, '*', 'color', 'black')
364 plot([rhoecregGrowth rhoecregAge], [rhoapporgrowth rhoapporgAge], ...
365       '-.', 'color', 'black', 'linewidth', 1)
366 plot([rhoecregGrowth rhoecregAge], [rhoappminGrowth rhoappminAge], ...
367       '-.', 'color', 'black', 'linewidth', 1)
368 plot([rhoecregGrowth rhoecregAge], [rhoappwaterGrowth rhoappwaterAge], ...
369       '--', 'color', 'black', 'linewidth', 1)
370
371 plot([rhoecaxiallees79exp rhoecradlees79exp rhoectanglees79exp], ...
372       rhoappminlees79, 'o', 'color', 'black')
373 plot(rhoeclees95exp, rhoappminlees95, 'x', 'color', 'black')
374 plot(rhoeclees92exp, rhoappminlees92, 's', 'color', 'black')
375 plot([rhoectrabgong64exp rhoeccorgong64exp], [rhoappmintrabgong64 ...
376       rhoappmincorgong64], '^', 'color', 'black')
377 plot([rhoecrabbitburns29pre rhoecratburns29pre], ...
378       [rhoappminrabbitburns29 rhoappminratburns29], 'v', 'color', 'black')
379 plot(rhoecbiltz69exp, rhoappminbiltz69, 'h', 'color', 'black')
380 plot([rhoecmlees03pre rhoecflees03pre], rhoappminlees03, 'd', ...
381       'color', 'black')
382 plot([rhoecfemmalehammett25pre rhoecfemfemhammett25pre ...
383       rhoechummalehammett25pre rhoechumfemhammett25pre], ...
384       rhoappminhammett25, '*', 'color', 'black')
385
386 plot([rhoecaxiallees79exp rhoecradlees79exp rhoectanglees79exp], ...
387       rhoappwaterlees79, 'o', 'color', 'black')
388 plot(rhoeclees95exp, rhoappwaterlees95, 'x', 'color', 'black')
389 plot(rhoeclees92exp, rhoappwaterlees92, 's', 'color', 'black')
390 plot([rhoectrabgong64exp rhoeccorgong64exp], [rhoappwatertrabgong64 ...
391       rhoappwatercorgong64], '^', 'color', 'black')
392 plot([rhoecrabbitburns29pre rhoecratburns29pre], ...
393       [rhoappwaterrabbitburns29 rhoappwaterratburns29], 'v', 'color', 'black')
394 plot(rhoecbiltz69exp, rhoappwaterbiltz69, 'h', 'color', 'black')
395 plot([rhoecmlees03pre rhoecflees03pre], rhoappwaterlees03, 'd', ...
396       'color', 'black')
397 plot([rhoecfemmalehammett25pre rhoecfemfemhammett25pre ...
398       rhoechummalehammett25pre rhoechumfemhammett25pre], ...
399       rhoappwaterhammett25, '*', 'color', 'black')
400
401 xlabel('\rho^{ec} [g/cm^3]')
402 ylabel('\rho^* [g/cm^3]')
403 grid('on')
404
405 hlegend = legend('Bovine bone [Lees et al. (1979)]', ...
406   'Otic bones of a fin whale [Lees et al. (1995)]', ...
407   'Mineralized turkey leg tendon [Lees and Page (1992)]', ...
408   'Bones from steers, dogs, humans, monkeys [Gong et al. (1964)]', ...

```

```

409 'Bones from rabbits, rats [Burns (1929)]', ...
410 'Bones from various vertebrates [Biltz and Pellegrino (1969)]', ...
411 'Horse metacarpals [Lees (2003)]', ...
412 'Femur and humeris of albino rats (female and male) [Hammett (1925)]', ...
413 'Organic', ...
414 'Mineral', ...
415 'Water', ...
416 'location', 'southoutside');
417 set(hlegend, 'fontsize', 10);
418
419 filename = 'appDensity_rhoec.eps';
420 absPathPlot = strcat(pwd, slash, 'LatexFiles', slash, filename);
421 print('-depsc', absPathPlot);

```

B.3.1. funcappRho.m

This function calculates the apparent mass density.

```

1 % calculation of apparent density
2
3 function[rhoappwater, rhoapporg, rhoappmin] = ...
4             funcappRho(WFmuwater, WFmuorg, WFmumin, rhomu)
5     rhoappwater = WFmuwater .* rhomu;
6     rhoapporg = WFmuorg .* rhomu;
7     rhoappmin = WFmumin .* rhomu;
8 end

```

B.3.2. rsquare.m

This function calculates the coefficient of determination.

```

1 % Function to calculate the coefficient of determination R^2
2
3 function[rr] = rsquare(y, f)
4
5     SStot = sum((y-mean(y)).^2);
6     SSerr = sum((y-f).^2);
7
8     rr = 1-(SSerr/SStot);

```

B.3.3. funcVF.m

This function calculates the volume fractions of water, hydroxyapatite and the organic matter.

```
1 function[vfmin, vforg, vfwater] = ...
2                         funcVF(rhoappmin, rhoapporg, rhomin, rhocoll)
3     vfmin = rhoappmin./rhomin;
4     vforg = rhoapporg./rhocoll;
5     vfwater = 1 - (vforg + vfmin);
6 end
```

B.3.4. funcWF.m

This function calculates the weight fraction on the basis of the apparent mass densities.

```
1 % calculation of weight fractions for biltz and pellegrino 69
2
3 function[WFmuwater, WFmuorg, WFmumin] = ...
4                         funcWF(rhoappwater, rhoappmin, rhoapporg, rhomu)
5     WFmuwater = rhoappwater ./ rhomu;
6     WFmuorg = rhoapporg ./ rhomu;
7     WFmumin = rhoappmin ./ rhomu;
8 end
```

B.4. VF.m

This file was written to calculate the extracellular volume fractions.

```
1 % ****
2 % 04. Calculation of extracellular VOLUME FRACTIONS
3 % ****
4 % RUN: ExpData.m, DensityPrediction.m, AppRho.m
5 % NEED FUNCTION: funcVF.m
6 %
7 % -----
8 % OUTPUT: VF.eps
9 %
10 % -----
11 % Data from Lees79: Bovine tibia
12 % wet volume fractions HA and collagen Fritsch, Hellmich eq (25) and (26)
13 % axial
14 [vfminlees79, vforglees79, vfwaterlees79] = funcVF(rhoappminlees79, ...
15 rhoapporglees79, rhomin, rhocoll);
16 %
17 % -----
18 % Data from Lees95, otic bones of a fin whale
19 [vfminlees95, vforglees95, vfwaterlees95] = funcVF(rhoappminlees95, ...
20 rhoapporglees95, rhomin, rhocoll);
21 %
22 % -----
23 % Data from Lees92, MTLT
24 [vfminlees92, vforglees92, vfwaterlees92] = funcVF(rhoappminlees92, ...
25 rhoapporglees92, rhomin, rhocoll);
26 %
27 % -----
28 % Data from gong64; Steer, Dog, Human, Monkey
29 % trabecular bone
30 vfmintrabgong64 = [0.042+0.335 0.042+0.326 0.042+0.339 0.04+0.329];
31 vforgtrabgong64 = [0.342 0.345 0.349 0.361];
32 vfwatertrabgong64 = [0.281 0.288 0.27 0.271];
33 vfmincorgong64 = [0.046+0.366 0.046+0.368 0.046+0.377 0.047+0.382];
34 vforgcorgong64 = [0.336 0.363 0.338 0.337];
35 vfwatercorgong64 = [0.252 0.223 0.329 0.237];
36 %
37 % Burns29 - no density was given in paper, therefore predicted density
38 % for calculation
39 [vfminrabburns29, vforgrabbitburns29, vfwaterrabbitburns29] = ...
40 funcVF(rhoappminrabburns29, rhoapporgrabbitburns29, rhomin, ...
41 rhocoll);
42 [vfminratburns29, vforgratburns29, vfwaterratburns29] = ...
43 funcVF(rhoappminratburns29, rhoapporgratburns29, rhomin, rhocoll);
44 %
45 % -----
46 % Lees03
47 [vfminlees03, vforglees03, vfwaterlees03] = funcVF(rhoappminlees03, ...
```

```

48     rhoapporglees03, rhomin, rhocoll);
49
50 % -----
51 % Hammett25
52 [vfminhammett25, vforghammett25, vfwaterhammett25] = ...
53     funcVF(rhoappminhammett25, rhoapporghammett25, rhomin, rhocoll);
54
55 % Data from regression
56 [vfminAge, vforgAge, vfwaterAge] = ...
57     funcVF(rhoappminAge, rhoapporgAge, rhomin, rhocoll);
58 [vfminGrowth, vforgGrowth, vfwaterGrowth] = ...
59     funcVF(rhoappminGrowth, rhoapporgGrowth, rhomin, rhocoll);
60
61 % ****
62 % PLOT RESULTS
63 % ****
64 % calculate correlation coefficient
65 R = corrcoef(rhoecall);
66
67 % Calculate regression
68 rhoecexp = [rhoecaxiallees79exp rhoecradlees79exp rhoectanglees79exp ...
69             rhoeclees95exp rhoeclees92exp rhoectrabgong64exp ...
70             rhoeccorgong64exp rhoecrabbitburns29pre rhoecratburns29pre ...
71             rhoecbiltz69exp rhoecmlees03pre rhoecflees03pre ...
72             rhoecfemalehammett25pre rhoecfemfemhammett25pre ...
73             rhoechummalehammett25pre rhoechumfemhammett25pre];
74
75 vforg = [vforglees79 vforglees95 vforglees92...
76             vforgtrabgong64 vforgcorgong64 vforgrabbitburns29 ...
77             vforgratburns29 vforgbiltz69 vforglees03 vforghammett25];
78
79 vfmin = [vfminlees79 vfminlees95 vfminlees92...
80             vfmintrabgong64 vfmincorgong64 vfminrabbitburns29 ...
81             vfminratburns29 vfminbiltz69 vfminlees03 vfminhammett25];
82
83 vfwater = [vfwaterlees79 vfwaterlees95 vfwaterlees92...
84             vfwatertrabgong64 vfwatercorgong64 vfwaterrabbitburns29 ...
85             vfwaterratburns29 vfwaterbiltz69 vfwaterlees03 vfwaterhammett25];
86
87 % Correlation coefficient
88 rmin = corr2([rhoecregGrowth rhoecregAge], [vfminGrowth vfminAge])
89 rwater = corr2([rhoecregGrowth rhoecregAge], [vfwaterGrowth vfwaterAge])
90 rorg = corr2([rhoecregGrowth rhoecregAge], [vforgGrowth vforgAge])
91
92 % PLOT DATA
93
94 figure
95 hold on
96 plot([rhoecaxiallees79exp rhoecradlees79exp rhoectanglees79exp], ...
97       vforglees79, 'o', 'color', 'black')
98 plot(rhoeclees95exp, vforglees95, 'x', 'color', 'black')
99 plot(rhoeclees92exp, vforglees92, 's', 'color', 'black')

```

```

100 plot([rhoectrabgong64exp rhoeccorgong64exp], [vforgtrabgong64 ...
101     vforgcorgong64], '^', 'color', 'black')
102 plot([rhoecrabitburns29pre rhoecratburns29pre], [vforgrabbitburns29 ...
103     vforgratburns29], 'v', 'color', 'black')
104 plot(rhoecbiltz69exp, vforgbiltz69, 'h', 'color', 'black')
105 plot([rhoecmlees03pre rhoecflees03pre], vforglees03, 'd', 'color', 'black')
106 plot([rhoecfemalehammett25pre rhoecfemfemhammett25pre ...
107     rhoechummalehammett25pre rhoechumfemhammett25pre], vforghammett25, ...
108     '*', 'color', 'black')
109
110 plot([rhoecregGrowth rhoecregAge], [vforgGrowth vforgAge], '-',
111     'color', 'black', 'linewidth', 1)
112 plot([rhoecregGrowth rhoecregAge], [vfminGrowth vfminAge], '-. ',
113     'color', 'black', 'linewidth', 1)
114 plot([rhoecregGrowth rhoecregAge], [vfwaterGrowth vfwaterAge], '--',
115     'color', 'black', 'linewidth', 1)
116
117 plot([rhoecaxiallees79exp rhoecradlees79exp rhoectanglees79exp], ...
118     vfminlees79, 'o', 'color', 'black')
119 plot(rhoeclees95exp, vfminlees95, 'x', 'color', 'black')
120 plot(rhoeclees92exp, vfminlees92, 's', 'color', 'black')
121 plot([rhoectrabgong64exp rhoeccorgong64exp], [vfmintrabgong64 ...
122     vfmincorgong64], '^', 'color', 'black')
123 plot([rhoecrabitburns29pre rhoecratburns29pre], [vfminrabbitburns29 ...
124     vfminratburns29], 'v', 'color', 'black')
125 plot(rhoecbiltz69exp, vfminbiltz69, 'h', 'color', 'black')
126 plot([rhoecmlees03pre rhoecflees03pre], vfminlees03, 'd', ...
127     'color', 'black')
128 plot([rhoecfemalehammett25pre rhoecfemfemhammett25pre ...
129     rhoechummalehammett25pre rhoechumfemhammett25pre], vfminhammett25, ...
130     '*', 'color', 'black')
131
132 plot([rhoecaxiallees79exp rhoecradlees79exp rhoectanglees79exp], ...
133     vfwaterlees79, 'o', 'color', 'black')
134 plot(rhoeclees95exp, vfwaterlees95, 'x', 'color', 'black')
135 plot(rhoeclees92exp, vfwaterlees92, 's', 'color', 'black')
136 plot([rhoectrabgong64exp rhoeccorgong64exp], [vfwatertrabgong64 ...
137     vfwatercorgong64], '^', 'color', 'black')
138 plot([rhoecrabitburns29pre rhoecratburns29pre], [vfwaterrabbitburns29 ...
139     vfwaterratburns29], 'v', 'color', 'black')
140 plot(rhoecbiltz69exp, vfwaterbiltz69, 'h', 'color', 'black')
141 plot([rhoecmlees03pre rhoecflees03pre], vfwaterlees03, 'd', ...
142     'color', 'black')
143 plot([rhoecfemalehammett25pre rhoecfemfemhammett25pre ...
144     rhoechummalehammett25pre rhoechumfemhammett25pre], ...
145     vfwaterhammett25, '*', 'color', 'black')
146
147 plot(1.2,0)
148 hlegend = legend('Bovine bone [Lees et al. (1979)]', ...
149     'Otic bones of a fin whale [Lees et al. (1995)]', ...
150     'Mineralized turkey leg tendon [Lees and Page (1992)]', ...
151     'Bones from steers, dogs, humans, monkeys [Gong et al. (1964)]', ...

```

```

152 'Bones from rabbits, rats [Burns (1929)]', ...
153 'Bones from various vertebrates [Biltz and Pellegrino (1969)]', ...
154 'Horse metacarpals [Lees (2003)]', ...
155 'Femur and humeris of albino rats (female and male) [Hammett (1925)]', ...
156 'Organic', ...
157 'Mineral', ...
158 'Water', ...
159 'location', 'southoutside');
160 set(hlegend, 'fontsize', 10);
161 set(gca, 'XTick', 1.2:0.2:4, 'YTick', 0:0.1:1)
162 xlabel('Extracellular mass density \rho^{ec} [g/cm^3]')
163 ylabel('f_{HA}, f_{org}, f_{H_2O}')
164 grid('on')
165
166 filename = 'VF.eps';
167 absPathPlot = strcat(pwd, slash, 'LatexFiles', slash, filename);
168 print('-depsc', absPathPlot);

```

B.5. Ctensor.m

This file was written to calculate the elasticity tensor components C_{ijkl}^{ec} for growing and aging bone with the modified 4-step homogenization scheme by Fritsch & Hellmich (2007).

```

1 % ****
2 % 05. CALCULATION OF ELASTIC COMPONENTS
3 % ****
4 % Taken from Fritsch, Hellmich 2007
5 % RUN: ExpData.m, DensityPrediction.m, AppRho.m, VF.m
6 % NEED FUNCTION: func_5stephom.m, funccirclefcol.m, func_hom_wetcol_MT.m
7 % func_hom_fib_SCS.m, func_hom_ef.m, func_hom_ultra_MT.m
8 % fun_Pspf_1111m, fun_Pspf_1122m, fun_Pspf_3333.m, fun_Pspf_1122.m
9 % fun_Pspf_2323.m, xcirc.m, fun_kSCS.m, fun_muSCS.m, barffib.m
10 %
11 % -----
12 % Data from AppRho-Regression
13
14 starttime = clock;
15 fprintf('Start time: %d:%d\n', starttime(4), starttime(5))
16
17 [circlefcolGrowth, circlefwaterGrowth, brevefwetcolGrowth, breveHAGrowth, ...
18     checkfHAGrowth, barfefGrowth, barffibGrowth] = ...
19     funccirclefcol(rhoececregGrowth, vforgregGrowth, vfminregGrowth);
20
21 [C1111regGrowth, C3333regGrowth, C2323regGrowth, C1122regGrowth, ...
22     C1133regGrowth, E1regGrowth, E3regGrowth, nu12regGrowth, nu13regGrowth, ...
23     G12regGrowth, cefGrowth, E3cefGrowth] = func_5stephom(circlefcolGrowth, ...
24     circlefwaterGrowth, brevefwetcolGrowth, ...
25     breveHAGrowth, checkfHAGrowth, barfefGrowth, barffibGrowth);
26
27 save workspace_DA.mat
28
29 halftime = clock;
30 fprintf('Half time: %d:%d\n', halftime(4), halftime(5))
31
32 [circlefcolAge, circlefwaterAge, brevefwetcolAge, breveHAAge, ...
33     checkfHAAge, barfefAge, barffibAge] = ...
34     funccirclefcol(rhoececregAge, vforgregAge, vfminregAge);
35
36 [C1111regAge, C3333regAge, C2323regAge, C1122regAge, C1133regAge, ...
37     E1regAge, E3regAge, nu12regAge, nu13regAge, G12regAge, cefAge, E3cefAge] = ...
38     func_5stephom(circlefcolAge, circlefwaterAge, brevefwetcolAge, ...
39     breveHAAge, checkfHAAge, barfefAge, barffibAge);
40
41 save workspace_DA.mat
42
43 endtime = clock;
44 fprintf('End time: %d:%d\n', endtime(4), endtime(5))

```

B.5.1. funcirclefcol.m

This function calculates all the volume fraction needed for calculation of the elasticity tensor \mathbb{C}^{ec} .

```
1 function[circlefcol, circlefwater, brevefwetcol, breveHA, checkfHA, ...
2 % barfef, barffib]=funcirclefcol(rhoecexp, vforg, vfmin)
3 ds = 1.57*rhoecexp.^-(1/3); % nm
4 % ds = -0.2*rhoecexp+1.6580
5 % volume of one rhomboidal fibrillar unit
6 nufib = 1.47*ds*5*64;
7 % volume of a single collagen molecule
8 nucol = 335.6;
9 % ultrastructural volume fraction of the fibril
10 barffib = vforg .* (nufib/nucol);
11 % ultrastructural volume fraction of the extrafibrillar space
12 barfef = 1-barffib;
13 % volume fraction of HA in the extrafibrillar space Eq 39
14 phiHAef = (1-barffib)./(1-vforg);
15 % mineral volume fraction in the fibrillar space
16 breveHA = vfmin.*(1-phiHAef)./barffib;
17 % mineral volume fraction in the extrafibrillar space
18 checkfHA = (phiHAef.*vfmin)./barfef;
19 % volume fraction of wet collagen Eq. 40
20 brevefwetcol = 1-brevefHA;
21 circlefcol = vforg./brevefwetcol;
22 circlefwater = 1-circlefcol;
23 end
```

B.5.2. func_5stephom.m

This function is the actual function, which carries out the homogenization and calls all the homogenization functions required step-by-step.

```
1 function[C1111, C3333, C2323, C1122, C1133, E1, E3, nu12, nu13, ...
2 % G12, cef, E3cef] = func_5stephom(circlefcol, circlefwater, ...
3 % brevefwetcol, breveHA, checkfHA, barfef, barffib)
4
5 % Start timer
6 tic
7
8 % CONSTANTS
9
10 % HA
11 % unity tensor
12 I=[1 0 0 0 0 0; ...
```

```

13      0 1 0 0 0 0; ...
14      0 0 1 0 0 0; ...
15      0 0 0 1 0 0; ...
16      0 0 0 0 1 0; ...
17      0 0 0 0 0 1];
18 % volumetric part of unity tensor
19 K=[1/3 1/3 1/3 0 0 0; ...
20     1/3 1/3 1/3 0 0 0; ...
21     1/3 1/3 1/3 0 0 0; ...
22     0 0 0 0 0 0; ...
23     0 0 0 0 0 0; ...
24     0 0 0 0 0 0];
25
26 % deviatoric part of unity tensor
27 J=I-K;
28
29 % Stiffness tensor of collagen
30 ccol(1,1)=11.7;
31 ccol(2,2)=ccol(1,1);
32 ccol(3,3)=17.9;
33 ccol(1,2)=5.1;
34 ccol(2,1)=ccol(1,2);
35 ccol(1,3)=7.1;
36 ccol(3,1)=ccol(1,3);
37 ccol(3,2)=ccol(3,1);
38 ccol(2,3)=ccol(3,2);
39 ccol(4,4)=2*3.3;
40 ccol(5,5)=ccol(4,4);
41 ccol(6,6)=2*0.5*(ccol(1,1)-ccol(1,2));
42
43 % Bulk and shear modulus
44 kHA=82.6;
45 muHA=44.9;
46 cHA=2*muHA*J+3*kHA*K;
47
48 % water
49 kwater=2.3;
50 muwater=0.001;
51 cwater=3*kwater*K;
52 %cwater=2*muwater*J;
53
54 % -----
55 % 5-step homogenization procedure
56
57 for i = 1:length(circlefcol)
58     if checkfHA(i) ~=0 || brevefHA(i) ~=0
59         % 1. wet collagen
60         [cwetcol, kwetcol, muwetcol] = func_hom_wetcol_MT...
61                         (I, J, ccol, cwater, circlefcol(i), circlefwater(i));
62
63         % 2. Mineralized collagen fibril
64         cfib = func_hom_fib_SCS ...

```

```

65      (I, J, K, cHA, cwetcol, muwetcol, kwetcol, brevefwetcol(i), ...
66      brevefHA(i));
67
68      % 3. Extrafibrillar space: hydroxyapatite foam
69      [cef, khom, muhom] = func_hom_ef_cyl...
70                  (I, J, K, kHA, cwater, muHA, cHA, checkfHA(i));
71
72
73      % 4. Extracellular bone matrix (ultrastructure)
74      Cultra = func_hom_ultra_MT...
75                  (I, khom, muhom, cef, cfib, barfef(i), barffib(i));
76
77      % Elastic constants:
78      D=inv(Cultra);
79      E1(i)=1/D(1,1);
80      E3(i)=1/D(3,3);
81      nu12(i)=-D(1,2)*E1(i);
82      nu13(i)=-D(1,3)*E3(i);
83      G12(i)=E1(i)/(2*(1+nu12(i)));
84
85      C1111(i)=Cultra(1,1);
86      C1133(i)=Cultra(1,3);
87      C3333(i)=Cultra(3,3);
88      C1122(i)=Cultra(1,2);
89      C2323(i)=0.5*Cultra(4,4);
90
91      Dcef = inv(cef);
92      E3cef(i)=1/Dcef(3,3);
93
94  end
95
96  fprintf('%d Durchlauf von func_5stephom.m\n', i)
97
98 end
99
100 ti=toc;
101 fprintf('Elapsed time: %3.1f min\n', ti/60)
102 end

```

B.5.2.1. func_hom_wetcol_MT.m

This function was originally written and used for the publications (Hellmich *et al.*, 2004) and (Hellmich, 2005). It was modified for the publication (Fritsch & Hellmich, 2007) and was further modified for this master thesis.

```

1  % Homogenization of wet collagen
2  % Mori-Tanaka-scheme, collagen matrix with cylindrical water inclusions

```

```

3 function[Chom, kwetcol, muwetcol] = ...
4     func_hom_wetcol_MT(I, J, ccol, cwater, circlefcol, circlefwater)
5 C0=ccol;
6
7 % evaluate P-tensor for cylindrical inclusions
8 % in transversely isotropic matrix
9 %-----
10 P1111=1/8*(5*C0(1,1)-3*C0(1,2))/C0(1,1)/(C0(1,1)-C0(1,2));
11 P1122=-1/8*(C0(1,1)+C0(1,2))/C0(1,1)/(C0(1,1)-C0(1,2));
12 P2222=1/8*(5*C0(1,1)-3*C0(1,2))/C0(1,1)/(C0(1,1)-C0(1,2));
13 P2323=1/8*1/(0.5*C0(4,4));    % 0.5*C0(4,4)=C0_2323
14 P1313=1/8*1/(0.5*C0(4,4));    % 0.5*C0(4,4)=C0_2323
15 P1212=1/8*(3*C0(1,1)-C0(1,2))/C0(1,1)/(C0(1,1)-C0(1,2));
16 Pcyl=zeros(6,6);
17 Pcyl(1,1)=P1111;
18 Pcyl(2,2)=P2222;
19 Pcyl(1,2)=P1122;
20 Pcyl(2,1)=Pcyl(1,2);
21 Pcyl(4,4)=2*P2323;
22 Pcyl(5,5)=2*P1313;
23 Pcyl(6,6)=2*P1212;
24 % evaluate [I+P:(c-C0)]^-1 for water
25 %-----
26 helpwater=(I+Pcyl*(cwater-ccol))^-1; %cylindrical inclusions!!!
27 % evaluate homogenized stiffness
28 %-----
29 Chom=(circlefcol*ccol+circlefwater*cwater*helpwater)...
30             *(circlefcol*I+circlefwater*helpwater)^-1;
31
32 muwetcol=Chom(5,5)/2;
33 kwetcol=Chom(1,1)-J(1,1)*2*muwetcol;
34 end

```

B.5.2.2. func_hom_fib_SCS.m

This function was originally written and used for the publications (Hellmich *et al.*, 2004) and (Hellmich, 2005). It was modified for the publication of (Fritsch & Hellmich, 2007) and was further modified for this master thesis.

```

1 % Homogenization of fibrils
2 % self-consistent-scheme, wetcol=cylindrical, transversely isotropic
3 % inclusions
4 % HA=isotropic, cylindrical inclusions
5 function[C0] = func_hom_fib_SCS(I, J, K, cHA, cwetcol, muwetcol, ...
6                                         kwetcol, brevewetcol, brevefHA)
7 i=0;
8 % start with cwetcol as the C0-matrix

```

```

9  %-----
10 C0=cwetcol;
11 C0_old=0;
12
13 khom_temp = kwetcol;
14 muhom_temp = muwetcol;
15
16 % iteration for calculation of self-consistent stiffness
17 %-----
18 while abs((norm(C0)-norm(C0_old))/norm(C0))>0.000001
19 i=i+1;
20
21 P1111=quad('fun_Psph_1111',-1,1,[],[],C0(1,1),C0(1,2),C0(1,3), ...
22                                     C0(3,3),C0(4,4)/2);
23 P1122=quad('fun_Psph_1122',-1,1,[],[],C0(1,1),C0(1,2),C0(1,3), ...
24                                     C0(3,3),C0(4,4)/2);
25 P1133=quad('fun_Psph_1133',-1,1,[],[],C0(1,1),C0(1,2),C0(1,3), ...
26                                     C0(3,3),C0(4,4)/2);
27 P3333=quad('fun_Psph_3333',-1,1,[],[],C0(1,1),C0(1,2),C0(1,3), ...
28                                     C0(3,3),C0(4,4)/2);
29 P2323=quad('fun_Psph_2323',-1,1,[],[],C0(1,1),C0(1,2),C0(1,3), ...
30                                     C0(3,3),C0(4,4)/2);
31 Psph=zeros(6,6);
32 Psph(1,1)=P1111;
33 Psph(2,2)=Psph(1,1);
34 Psph(3,3)=P3333;
35 Psph(1,2)=P1122;
36 Psph(1,3)=P1133;
37 Psph(2,3)=Psph(1,3);
38 Psph(2,1)=Psph(1,2);
39 Psph(3,1)=Psph(1,3);
40 Psph(3,2)=Psph(2,3);
41 Psph(4,4)=2*P2323;
42 Psph(5,5)=Psph(4,4);
43 Psph(6,6)=2*0.5*(P1111-P1122);
44
45 % evaluate P-tensor for cylindrical inclusions
46 % in transversely isotropic matrix
47 %-----
48 P1111=1/8*(5*C0(1,1)-3*C0(1,2))/C0(1,1)/(C0(1,1)-C0(1,2));
49 P1122=-1/8*(C0(1,1)+C0(1,2))/C0(1,1)/(C0(1,1)-C0(1,2));
50 P2222=1/8*(5*C0(1,1)-3*C0(1,2))/C0(1,1)/(C0(1,1)-C0(1,2));
51 P2323=1/8*1/(0.5*C0(4,4));      % 0.5*C0(4,4)=C0_2323
52 P1313=1/8*1/(0.5*C0(4,4));      % 0.5*C0(4,4)=C0_2323
53 P1212=1/8*(3*C0(1,1)-C0(1,2))/C0(1,1)/(C0(1,1)-C0(1,2));
54 Pcyl=zeros(6,6);
55 Pcyl(1,1)=P1111;
56 Pcyl(2,2)=P2222;
57 Pcyl(1,2)=P1122;
58 Pcyl(2,1)=Pcyl(1,2);
59 Pcyl(4,4)=2*P2323;
60 Pcyl(5,5)=2*P1313;

```

```

61 Pcyl(6,6)=2*P1212;
62
63 % evaluate [I+P:(c-C0)]^-1 for wetcol
64 %-----
65 helpwetcol=(I+Pcyl*(cwetcol-C0))^-1;
66
67 % evaluate [I+P:(c-C0)]^-1 for HA
68 %-----
69 helpHA=(I+Psph*(cHA-C0))^-1;
70
71 % Homogenization
72 Chom=(brevefwetcol*cwetcol*helpwetcol+brevefHA*cHA*helpHA)*...
73 (brevefwetcol*helpwetcol+brevefHA*helpHA)^-1;
74
75 muhom_temp=Chom(5,5)/2;
76 khom_temp = Chom(1,1)-J(1,1)*2*muhom_temp;
77
78 C0_old=C0;
79 C0=Chom;
80 end
81 end

```

B.5.2.2.1. fun_Psph_1111.m

This function was originally written and used for the publication (Hellmich *et al.*, 2004).

```

1 % P1111 for spherical inclusions
2 % in transversely isotropic matrix
3 %-----
4 function y=fun_Psph1111(x,C1111,C1122,C1133,C3333,C2323);
5 Y=-1/16.*(-5.*C1111.*x.^4.*C3333-3.*C1122.*x.^2.*C3333-3.*C1122.*x.^4.*C2323+...
6 3.*C1122.*x.^4.*C3333+5.*C1111.*x.^4.*C2323-10.*C1111.*C2323.*x.^2+...
7 2.*x.^4.*C1133.^2+8.*C2323.*x.^4.*C3333-6.*C2323.^2.*x.^4+...
8 4.*C2323.*x.^4.*C1133+6.*C1122.*C2323.*x.^2+5.*C1111.*C2323+...
9 5.*C1111.*x.^2.*C3333-4.*C2323.*x.^2.*C1133+6.*C2323.^2.*x.^2-...
10 2.*x.^2.*C1133.^2-3.*C1122.*C2323).*(-1+x.^2)./(-2*C1111.^2*x.^4*C3333+...
11 2*C2323.^2*x.^6*C3333-4*C1111*C2323.^2*x.^4-3*C1111.^2*C2323*x.^2+...
12 C1111.^2*x.^2*C3333+2*C1111*C2323.^2*x.^2-2*C2323*x.^4*C1133.^2-...
13 C1111*C1133.^2*x.^6+2*C1111*C1133.^2*x.^4+4*C2323.^2*x.^6*C1133-...
14 2*C1122*C1133.^2*x.^4+2*C2323*x.^6*C1133.^2+3*C1111.^2*x.^4*C2323+...
15 C1122*C1133.^2*x.^6-C1111.^2*x.^6*C2323+2*C1111*x.^6*C2323.^2+...
16 C1111.^2*x.^6*C3333-C1111*C1133.^2*x.^2-4*C2323.^2*x.^4*C1133+...
17 C1122*C1133.^2*x.^2+C1111.^2*C2323-C1122*C1111*C2323-C1122*x.^6*C1111*C3333+...
18 4*C1111*x.^4*C2323*C1133-2*C1111*x.^2*C2323*C1133-4*C1122*x.^4*C2323*C1133+...
19 2*C1122*x.^2*C2323*C1133+2*C1122*x.^6*C2323*C1133-2*C1111*x.^6*C2323*C1133-...
20 3*C1111*x.^6*C2323*C3333+2*C1122*C1111*x.^4*C3333-C1122*C2323*x.^4*C3333-...
21 3*C1122*C1111*x.^4*C2323-C1122*C1111*x.^2*C3333+3*C1122*C1111*C2323*x.^2+...
22 3*C1111*C2323*x.^4*C3333+C1122*x.^6*C1111*C2323+C1122*x.^6*C2323*C3333);

```

B.5.2.2.2. fun_Psph_3333.m

This function was originally written and used for the publication (Hellmich *et al.*, 2004).

```
1 % P3333 for spherical inclusions
2 % in transversely isotropic matrix
3 %
4 function y=fun_Psph3333(x,C1111,C1122,C1133,C3333,C2323);
5 y=1./2.*x.^2.* (x.^2.*C2323-C1111.*x.^2+C1111)./...
6 (2.*C2323.*x.^4.*C1133+C2323.*x.^4.*C3333+C1111.*x.^4.*C2323-...
7 2.*C2323.*x.^2.*C1133-2.*C1111.*C2323.*x.^2+C1111.*C2323+...
8 x.^4.*C1133.^2-C1111.*x.^4.*C3333-x.^2.*C1133.^2+C1111.*x.^2.*C3333);
```

B.5.2.2.3. fun_Psph_1122.m

This function was originally written and used for the publication (Hellmich *et al.*, 2004).

```
1 % P1122 for spherical inclusions
2 % in transversely isotropic matrix
3 %
4 function y=fun_Psph1122(x,C1111,C1122,C1133,C3333,C2323);
5 y=1./16.* (C1111.*C2323-2.*C1111.*C2323.*x.^2+C1111.*x.^2.*C3333+...
6 C1122.*C2323-2.*C1122.*C2323.*x.^2+C1122.*x.^2.*C3333+C1111.*x.^4.*C2323-...
7 C1111.*x.^4.*C3333+C1122.*x.^4.*C2323-C1122.*x.^4.*C3333-...
8 2.*C2323.^2.*x.^2+2.*C2323.^2.*x.^4-4.*C2323.*x.^2.*C1133+...
9 4.*C2323.*x.^4.*C1133-2.*x.^2.*C1133.^2+2.*x.^4.*C1133.^2).*(-1+x.^2)./...
10 (-2.*C1111.^2.*x.^4.*C3333+2.*C2323.^2.*x.^6.*C3333-...
11 4.*C1111.*C2323.^2.*x.^4-3.*C1111.^2.*C2323.*x.^2+C1111.^2.*x.^2.*C3333+...
12 2.*C1111.*C2323.^2.*x.^2-2.*C2323.*x.^4.*C1133.^2-C1111.*C1133.^2.*x.^6+...
13 2.*C1111.*C1133.^2.*x.^4+4.*C2323.^2.*x.^6.*C1133-2.*C1122.*C1133.^2.*x.^4+...
14 2.*C2323.*x.^6.*C1133.^2+3.*C1111.^2.*x.^4.*C2323+C1122.*C1133.^2.*x.^6-...
15 C1111.^2.*x.^6.*C2323+2.*C1111.*x.^6.*C2323.^2+C1111.^2.*x.^6.*C3333-...
16 C1111.*C1133.^2.*x.^2-4.*C2323.^2.*x.^4.*C1133+C1122.*C1133.^2.*x.^2+...
17 C1111.^2.*C2323-C1122.*C1111.*C2323-C1122.*x.^6.*C1111.*C3333+...
18 4.*C1111.*x.^4.*C2323.*C1133-2.*C1111.*x.^2.*C2323.*C1133-...
19 4.*C1122.*x.^4.*C2323.*C1133+2.*C1122.*x.^2.*C2323.*C1133+...
20 2.*C1122.*x.^6.*C2323.*C1133-2.*C1111.*x.^6.*C2323.*C1133-...
21 3.*C1111.*x.^6.*C2323.*C3333+2.*C1122.*C1111.*x.^4.*C3333-...
22 C1122.*C2323.*x.^4.*C3333-3.*C1122.*C1111.*x.^4.*C2323-...
23 C1122.*C1111.*x.^2.*C3333+3.*C1122.*C1111.*C2323.*x.^2+...
24 3.*C1111.*C2323.*x.^4.*C3333+C1122.*x.^6.*C1111.*C2323+...
25 C1122.*x.^6.*C2323.*C3333);
```

B.5.2.2.4. fun_Psph_1133.m

This function was originally written and used for the publication (Hellmich *et al.*, 2004).

```

1 % P1133 for spherical inclusions
2 % in transversely isotropic matrix
3 %
4 function y=fun_Psph1133(x,C1111,C1122,C1133,C3333,C2323);
5 y=1./4.*(-1+x.^2).*x.^2.* (C2323+C1133)./...
6 (2.*C2323.*x.^4.*C1133+C2323.*x.^4.*C3333+C1111.*x.^4.*C2323-...
7 2.*C2323.*x.^2.*C1133-2.*C1111.*C2323.*x.^2+C1111.*C2323+...
8 x.^4.*C1133.^2-C1111.*x.^4.*C3333-x.^2.*C1133.^2+C1111.*x.^2.*C3333);
```

B.5.2.2.5. fun_Psph_2323.m

This function was originally written and used for the publication (Hellmich *et al.*, 2004).

```

1 % P2323 for spherical inclusions
2 % in transversely isotropic matrix
3 %
4 function y=fun_Psph2323(x,C1111,C1122,C1133,C3333,C2323);
5 y=1./16.* (4.*C1111.*C2323.*x.^2-8.*C2323.*x.^4.*C1133-...
6 2.*x.^4.*C1133.^2-C1122.*x.^4.*C3333-8.*C1111.*x.^4.*C2323+...
7 3.*C1111.*x.^4.*C3333+4.*C1111.*x.^4.*C1133-4.*C1122.*x.^4.*C1133+...
8 2.*C1122.*x.^6.*C1133-2.*C1111.*x.^6.*C1133+C1122.*x.^6.*C1111-...
9 3.*C1122.*x.^4.*C1111+3.*C1122.*C1111.*x.^2-2.*C1111.*x.^2.*C1133+...
10 2.*C1122.*x.^2.*C1133+8.*x.^6.*C2323.*C1133-3.*x.^6.*C1111.*C3333+...
11 4.*x.^6.*C2323.*C3333+4.*C1111.*x.^6.*C2323+C1122.*x.^6.*C3333+...
12 3.*C1111.^2.*x.^4-C1111.^2.*x.^6+2.*C1133.^2.*x.^6-...
13 3.*C1111.^2.*x.^2+C1111.^2-C1122.*C1111)./...
14 (-2.*C1111.^2.*x.^4.*C3333+2.*C2323.^2.*x.^6.*C3333-...
15 4.*C1111.*C2323.^2.*x.^4-3.*C1111.^2.*C2323.*x.^2+...
16 C1111.^2.*x.^2.*C3333+2.*C1111.*C2323.^2.*x.^2-...
17 2.*C2323.*x.^4.*C1133.^2-C1111.*C1133.^2.*x.^6+...
18 2.*C1111.*C1133.^2.*x.^4+4.*C2323.^2.*x.^6.*C1133-...
19 2.*C1122.*C1133.^2.*x.^4+2.*C2323.*x.^6.*C1133.^2+...
20 3.*C1111.^2.*x.^4.*C2323+C1122.*C1133.^2.*x.^6-...
21 C1111.^2.*x.^6.*C2323+2.*C1111.*x.^6.*C2323.^2+...
22 C1111.^2.*x.^6.*C3333-C1111.*C1133.^2.*x.^2-...
23 4.*C2323.^2.*x.^4.*C1133+C1122.*C1133.^2.*x.^2+...
24 C1111.^2.*C2323-C1122.*C1111.*C2323-C1122.*x.^6.*C1111.*C3333+...
25 4.*C1111.*x.^4.*C2323.*C1133-2.*C1111.*x.^2.*C2323.*C1133-...
26 4.*C1122.*x.^4.*C2323.*C1133+2.*C1122.*x.^2.*C2323.*C1133+...
27 2.*C1122.*x.^6.*C2323.*C1133-2.*C1111.*x.^6.*C2323.*C1133-...
28 3.*C1111.*x.^6.*C2323.*C3333+2.*C1122.*C1111.*x.^4.*C3333-...
29 C1122.*C2323.*x.^4.*C3333-3.*C1122.*C1111.*x.^4.*C2323-...
30 C1122.*C1111.*x.^2.*C3333+3.*C1122.*C1111.*C2323.*x.^2+...
31 3.*C1111.*C2323.*x.^4.*C3333+C1122.*x.^6.*C1111.*C2323+...
32 C1122.*x.^6.*C2323.*C3333);
```

B.5.2.3. func_hom_ef_cyl.m

This function was originally written and used for the publications (Hellmich *et al.*, 2004) and (Hellmich, 2005). It was modified for the publication (Fritsch & Hellmich, 2007) and was further modified for this master thesis.

```
1 %-----
2 % This function needs the following functions:
3 % fun_Pspf_1111, fun_Pspf_1122, fun_Pspf_1133, fun_Pspf_3333,
4 % fun_Pspf_2323, rot2retour, compress, expand
5 % evaluate P-tensor for cylindrical inclusions
6 % in transversely isotropic matrix
7 %-----
8 function[Cef, muhom, khom] = ...
9         func_hom_ef_cyl(I, J, K, kHA, cwater, muHA, cHA, checkfHA)
10    % start with cHA as the C0-matrix
11    %-----
12    C0=cHA;
13    C0_old=0;
14
15    helpHA = zeros(6,6);
16    % helpIPcHA_global=zeros(6,6);
17    %
18    % dtheta=pi/40;
19    % number_incr_theta=pi/2/dtheta;
20    % number_incr_phi=40;
21    %
22    % incr_theta=dtheta;
23    % incr_phi=2*pi/number_incr_phi;
24
25    khom_temp = kHA;
26    muhom_temp = muHA;
27
28    r = 1/2;
29    t = (sqrt(5)-1)/4;
30    s = (sqrt(5)+1)/4;
31
32    % see paper Pichler_Scheiner_Hellmich_2008_ActaGeotechnica, p278
33    coor1=[+r +r -r -r ...
34            +t +t -t -t ...
35            +s +s -s -s ...
36            1 0 0];
37    coor2=[+s -s +s -s ...
38            +r -r +r -r ...
39            +t -t +t -t ...
40            0 1 0];
41    coor3=[+t +t +t +t ...
42            +s +s +s +s ...
43            +r +r +r +r ...
44            0 0 1];
45
```

```

46 % % iteration for calculation of self-consistent stiffness
47 % -----
48 while abs((norm(C0)-norm(C0_old))/norm(C0))>0.001
49
50 % construct Eshelby's tensor for cylindrical, compressible inclusions in
51 % compressible matrix in local base
52 % calculate Poisson's ratio of polycrystalline matrix
53 %
54 nup=(3*khom_temp-2*muhom_temp)/(6*khom_temp+2*muhom_temp);
55 % construct Eshelby's tensor for cylindrical, compressible
56 % inclusions in compressible matrix
57 %
58 Qesh=3/(8*pi*(1-nup));
59 Resh=(1-2*nup)/(8*pi*(1-nup));
60 a=1;
61 Ia=2*pi;
62 Iab=4*pi/(3*(2*a)^2);
63 Iaa=4*pi/(3*a^2)-Iab;
64 Sesh11=Qesh*a^2*Iaa+Resh*Ia;
65 Sesh22=Sesh11;
66 Sesh33=0;
67 Sesh12=Qesh*a^2*Iab-Resh*Ia;
68 Sesh21=Sesh12;
69 Sesh13=Qesh/3*Ia-Resh*Ia;
70 Sesh23=Sesh13;
71 Sesh31=0;
72 Sesh32=Sesh31;
73 Sesh44=1/4;
74 Sesh55=Sesh44;
75 Sesh66=Qesh/2*(2*a^2)*Iab+Resh*Ia;
76 Sesh=[Sesh11 Sesh12 Sesh13 0 0 0; ...
77 Sesh21 Sesh22 Sesh23 0 0 0; ...
78 Sesh31 Sesh32 Sesh33 0 0 0; ...
79 0 0 0 2*Sesh44 0 0; ...
80 0 0 0 0 2*Sesh55 0; ...
81 0 0 0 0 0 2*Sesh66];
82
83 Pcyl_local=Sesh*(C0)^-1;
84
85 for i = 1:length(coor1)
86     Pcyl_global = ...
87         compress(rot2retour(coor1(i),coor2(i),coor3(i),expand(Pcyl_local)));
88 %see Fritsch_Dormieux_Hellmich_Sanahuja_2008_JoBMR.pdf p 153
89     helpHA=helpHA+((I+Pcyl_global*(cHA-C0))^-1);
90 end
91
92 % evaluate P-tensor for spherical inclusions
93 % in isotropic matrix
94 %
95 alpha = (3*khom_temp)/(3*khom_temp+4*muhom_temp);
96 beta = (6*(khom_temp+2*muhom_temp))/(5*(3*khom_temp+4*muhom_temp));

```

```

98 Sesh_sph = alpha*K+beta*J;
100
101 Pspf=Sesh_sph*(C0)^-1;
102
103 % evaluate [I+P:(c-C0)]^-1 for HA
104 %-----
105 % see above in loop
106 helpHA=helpHA/length(coor1);
107
108 % evaluate [I+P:(c-C0)]^-1 for ic
109 %-----
110 helpic=(I-Pspf*C0)^-1;
111
112 % volume fraction of intercrystalline space
113 checkfic = 1-checkfHA;
114
115 % Homogenization
116 Cef=(checkfHA*cHA*helpHA+checkfic*cwater*(I+Pspf*(cwater-C0))^-1) ...
117 * (checkfHA*helpHA+checkfic*helpic)^-1;
118
119 muhom_temp=Cef(6,6)/2;
120 khom_temp=Cef(1,1)-J(1,1)*2*muhom_temp;
121
122 C0_old=C0;
123 C0=Cef;
124
125 end
126 muhom=muhom_temp;
127 khom=khom_temp;
128 end

```

B.5.2.3.1. compress.m

This function was originally developed for the publication (Hofstetter *et al.*, 2006), and was also used for the publication (Fritsch *et al.*, 2009).

```

1 % function for determination of compressed matrix representation
2 % of fourth-order tensor
3 %
4 %-----
5 % INPUT:
6 % I ... forth-order tensor
7 %
8 % OUTPUT:
9 % Ic ... tensor in compressed matrix representation
10 %
11

```

```

12 function [ $I_c$ ] = compress( $I$ )
13 %
14  $W = \text{sqrt}(2)$  ;
15 %
16  $I_c = [ 1*I(1,1,1,1) 1*I(1,1,2,2) 1*I(1,1,3,3) ...$ 
17  $W*I(1,1,2,3) W*I(1,1,1,3) W*I(1,1,1,2) ; ...$ 
18  $1*I(2,2,1,1) 1*I(2,2,2,2) 1*I(2,2,3,3) ...$ 
19  $W*I(2,2,2,3) W*I(2,2,1,3) W*I(2,2,1,2) ; ...$ 
20  $1*I(3,3,1,1) 1*I(3,3,2,2) 1*I(3,3,3,3) ...$ 
21  $W*I(3,3,2,3) W*I(3,3,1,3) W*I(3,3,1,2) ; ...$ 
22  $W*I(2,3,1,1) W*I(2,3,2,2) W*I(2,3,3,3) ...$ 
23  $2*I(2,3,2,3) 2*I(2,3,1,3) 2*I(2,3,1,2) ; ...$ 
24  $W*I(1,3,1,1) W*I(1,3,2,2) W*I(1,3,3,3) ...$ 
25  $2*I(1,3,2,3) 2*I(1,3,1,3) 2*I(1,3,1,2) ; ...$ 
26  $W*I(1,2,1,1) W*I(1,2,2,2) W*I(1,2,3,3) ...$ 
27  $2*I(1,2,2,3) 2*I(1,2,1,3) 2*I(1,2,1,2) ] ;$ 
28 %

```

B.5.2.3.2. expand.m

This function was originally developed for the publication (Hofstetter *et al.*, 2006), and was also used for the publication (Fritsch *et al.*, 2009).

```

1 % function for determination of components of fourth-order
2 % tensor from compressed matrix representation
3 %
4 %-----%
5 % INPUT:
6 % I ... tensor in compressed matrix representation
7 %
8 % OUTPUT:
9 % Ie ... fourth-order tensor
10 %
11
12 function [ $I_e$ ] = expand( $I$ )
13 %
14  $W=\text{sqrt}(2);$ 
15 %
16  $I_e(1,1,1,1)=I(1,1);$ 
17  $I_e(1,1,2,2)=I(1,2);$ 
18  $I_e(1,1,3,3)=I(1,3);$ 
19  $I_e(1,1,2,3)=I(1,4)/W;$ 
20  $I_e(1,1,3,2)=I(1,4)/W;$ 
21  $I_e(1,1,1,3)=I(1,5)/W;$ 
22  $I_e(1,1,3,1)=I(1,5)/W;$ 
23  $I_e(1,1,1,2)=I(1,6)/W;$ 
24  $I_e(1,1,2,1)=I(1,6)/W;$ 
25  $I_e(2,2,1,1)=I(2,1);$ 

```

```

26 Ie(2,2,2,2)=I(2,2);
27 Ie(2,2,3,3)=I(2,3);
28 Ie(2,2,2,3)=I(2,4)/W;
29 Ie(2,2,3,2)=I(2,4)/W;
30 Ie(2,2,1,3)=I(2,5)/W;
31 Ie(2,2,3,1)=I(2,5)/W;
32 Ie(2,2,1,2)=I(2,6)/W;
33 Ie(2,2,2,1)=I(2,6)/W;
34 Ie(3,3,1,1)=I(3,1);
35 Ie(3,3,2,2)=I(3,2);
36 Ie(3,3,3,3)=I(3,3);
37 Ie(3,3,2,3)=I(3,4)/W;
38 Ie(3,3,3,2)=I(3,4)/W;
39 Ie(3,3,1,3)=I(3,5)/W;
40 Ie(3,3,3,1)=I(3,5)/W;
41 Ie(3,3,1,2)=I(3,6)/W;
42 Ie(3,3,2,1)=I(3,6)/W;
43 Ie(2,3,1,1)=I(4,1)/W;
44 Ie(3,2,1,1)=I(4,1)/W;
45 Ie(2,3,2,2)=I(4,2)/W;
46 Ie(3,2,2,2)=I(4,2)/W;
47 Ie(2,3,3,3)=I(4,3)/W;
48 Ie(3,2,3,3)=I(4,3)/W;
49 Ie(2,3,2,3)=I(4,4)/2;
50 Ie(2,3,3,2)=I(4,4)/2;
51 Ie(3,2,3,2)=I(4,4)/2;
52 Ie(3,2,2,3)=I(4,4)/2;
53 Ie(2,3,1,3)=I(4,5)/2;
54 Ie(2,3,3,1)=I(4,5)/2;
55 Ie(3,2,3,1)=I(4,5)/2;
56 Ie(3,2,1,3)=I(4,5)/2;
57 Ie(2,3,1,2)=I(4,6)/2;
58 Ie(2,3,2,1)=I(4,6)/2;
59 Ie(3,2,2,1)=I(4,6)/2;
60 Ie(3,2,1,2)=I(4,6)/2;
61 Ie(1,3,1,1)=I(5,1)/W;
62 Ie(3,1,1,1)=I(5,1)/W;
63 Ie(1,3,2,2)=I(5,2)/W;
64 Ie(3,1,2,2)=I(5,2)/W;
65 Ie(1,3,3,3)=I(5,3)/W;
66 Ie(3,1,3,3)=I(5,3)/W;
67 Ie(1,3,2,3)=I(5,4)/2;
68 Ie(1,3,3,2)=I(5,4)/2;
69 Ie(3,1,3,2)=I(5,4)/2;
70 Ie(3,1,2,3)=I(5,4)/2;
71 Ie(1,3,1,3)=I(5,5)/2;
72 Ie(1,3,3,1)=I(5,5)/2;
73 Ie(3,1,3,1)=I(5,5)/2;
74 Ie(3,1,1,3)=I(5,5)/2;
75 Ie(1,3,1,2)=I(5,6)/2;
76 Ie(1,3,2,1)=I(5,6)/2;
77 Ie(3,1,2,1)=I(5,6)/2;

```

```

78 Ie(3,1,1,2)=I(5,6)/2;
79 Ie(1,2,1,1)=I(6,1)/W;
80 Ie(2,1,1,1)=I(6,1)/W;
81 Ie(1,2,2,2)=I(6,2)/W;
82 Ie(2,1,2,2)=I(6,2)/W;
83 Ie(1,2,3,3)=I(6,3)/W;
84 Ie(2,1,3,3)=I(6,3)/W;
85 Ie(1,2,2,3)=I(6,4)/2;
86 Ie(1,2,3,2)=I(6,4)/2;
87 Ie(2,1,3,2)=I(6,4)/2;
88 Ie(2,1,2,3)=I(6,4)/2;
89 Ie(1,2,1,3)=I(6,5)/2;
90 Ie(1,2,3,1)=I(6,5)/2;
91 Ie(2,1,3,1)=I(6,5)/2;
92 Ie(2,1,1,3)=I(6,5)/2;
93 Ie(1,2,1,2)=I(6,6)/2;
94 Ie(1,2,2,1)=I(6,6)/2;
95 Ie(2,1,2,1)=I(6,6)/2;
96 Ie(2,1,1,2)=I(6,6)/2;

```

B.5.2.3.3. rot2retour.m

This function was originally developed for the publication (Hofstetter *et al.*, 2006), and was also used for the publication (Fritsch *et al.*, 2009).

```

1 function [Inew] = rot2retour(coor1,coor2,coor3,I)
2 %
3 % gei  ndert von AF (phi und theta getauscht) !!!!%
4 %
5 theta = acos(coor3);
6 %
7 if coor1<0
8     theta = -theta ;
9 end
10 %theta
11 %
12 if coor1 == 1
13     phi = 0 ;
14 elseif coor2 == 1
15     phi = pi/2 ;
16 elseif coor3 == 1
17     theta = 0 ;
18     phi = 0 ;
19 else
20     phi = asin(coor2/sin(theta));
21 end
22 %phi
23 %

```

```

24 % new base-vectors
25 %
26 e1 = [cos(phi)*cos(theta) ; sin(phi)*cos(theta) ; -sin(theta)];
27 e2 = [-sin(phi) ; cos(phi) ; 0];
28 e3 = [cos(phi)*sin(theta) ; sin(phi)*sin(theta) ; cos(theta)];
29 %
30 %
31 % check calculations performed so far
32 %
33 if abs(e3(1,1)-coor1)>1.0e-7
34     abs(e3(1,1)-coor1)
35     error('error #1 in file rot2.m')
36 elseif abs(e3(2,1)-coor2)>1.0e-7
37     error('error #2 in file rot2.m')
38 elseif abs(e3(3,1)-coor3)>1.0e-7
39     error('error #3 in file rot2.m')
40 elseif dot(e1,e2)>1.0e-7
41     error('error #4 in file rot2.m')
42 elseif dot(e2,e3)>1.0e-7
43     error('error #5 in file rot2.m')
44 elseif dot(e3,e1)>1.0e-7
45     error('error #6 in file rot2.m')
46 elseif abs(e1)-1>1.0e-7
47     error('error #7 in file rot2.m')
48 elseif abs(e2)-1>1.0e-7
49     error('error #8 in file rot2.m')
50 elseif abs(e3)-1>1.0e-7
51     error('error #9 in file rot2.m')
52 end
53 %
54 % components nij
55 %
56 nn(1,1) = e1(1,1) ;
57 nn(2,1) = e1(2,1) ;
58 nn(3,1) = e1(3,1) ;
59 %
60 nn(1,2) = e2(1,1) ;
61 nn(2,2) = e2(2,1) ;
62 nn(3,2) = e2(3,1) ;
63 %
64 nn(1,3) = e3(1,1) ;
65 nn(2,3) = e3(2,1) ;
66 nn(3,3) = e3(3,1) ;
67 %
68 %nn=nn';
69 %
70 for i=1:3
71     for j=1:3
72         for k=1:3
73             for l=1:3
74                 Inew(i,j,k,l) = 0 ;
75                 for m=1:3

```

```

76     for n=1:3
77         for p=1:3
78             for q=1:3
79                 Inew(i,j,k,l) = Inew(i,j,k,l) + ...
80                 nn(i,m)*nn(j,n)*nn(k,p)*nn(l,q)*I(m,n,p,q) ;
81             end
82         end
83     end
84   end
85 end
86 end
87 end
88 end

```

B.5.2.4. func_hom_ultra_MT.m

This function was originally written and used for the publications (Hellmich *et al.*, 2004) and (Hellmich, 2005). It was modified for the publication (Fritsch & Hellmich, 2007) and was further modified for this master thesis.

```

1 % Homogenization of ultrastructure
2 % Mori-Tanaka-scheme, ef=matrix, fib = inclusions
3 function[Chom]=func_hom_ultra_MT(I, khom, muhom, cef, cfib, barfef, barffib)
4 a=1;
5 % calculate Poisson's ratio of polycrystalline matrix
6 %-----
7 nup=(3*khom-2*muhom)/(6*khom+2*muhom);
8 % construct Eshelby's tensor for cylindrical, compressible
9 % inclusions in compressible matrix
10 %-----
11 Qesh=3/(8*pi*(1-nup));
12 Resh=(1-2*nup)/(8*pi*(1-nup));
13 % a=3.224 % help value
14 Ia=2*pi;
15 Iab=4*pi/(3*(2*a)^2);
16 Iaa=4*pi/(3*a^2)-Iab;
17 Sesh11=Qesh*a^2*Iaa+Resh*Ia;
18 Sesh22=Sesh11;
19 Sesh33=0;
20 Sesh12=Qesh*a^2*Iab-Resh*Ia;
21 Sesh21=Sesh12;
22 Sesh13=Qesh/3*Ia-Resh*Ia;
23 Sesh23=Sesh13;
24 Sesh31=0;
25 Sesh32=Sesh31;
26 Sesh44=1/4;
27 Sesh55=Sesh44;

```

```

28 Sesh66=Qesh/2*(2*a^2)*Iab+Resh*Ia;
29 Sesh=[Sesh11 Sesh12 Sesh13 0 0 0; Sesh21 Sesh22 Sesh23 0 0 0; ...
30     Sesh31 Sesh32 Sesh33 0 0 0; 0 0 0 2*Sesh44 0 0;...
31     0 0 0 0 2*Sesh55 0; 0 0 0 0 0 2*Sesh66];
32 Pcyl=Sesh*(cef)^-1;
33
34 % evaluate [I+P:(c-C0)]^-1 for fib
35 %-----
36 helpfib=(I+Pcyl*(cfib-cef))^ -1; %cylindrical inclusions!!!
37
38 Chom=(barfef*cef+barffib*cfib*helpfib)*(barfef*I+barffib*helpfib)^ -1;
39 end

```

B.6. CTensorPlots.m

This file was written to plot all the data calculated in *Ctensor.m*.

```

1 % -----
2 % PLOTS FOR C-TENSOR
3 % -----
4
5 figure
6 hold on
7 grid on
8 plot(rhoecregGrowth, C1111regGrowth, '-.', 'color', 'black', 'linewidth', 2)
9 plot(rhoecregGrowth, C3333regGrowth, '--', 'color', 'black', 'linewidth', 4)
10 plot(rhoecregGrowth, C2323regGrowth, '---', 'color', 'black', 'linewidth', 2)
11 plot(rhoecregGrowth, C1122regGrowth, ':-', 'color', 'black', 'linewidth', 2)
12 plot(rhoecregGrowth, C1133regGrowth, ':', 'color', 'black', 'linewidth', 2)
13 hlegend = legend('C^{ec}_{1111}', ...
14                     'C^{ec}_{3333}', ...
15                     'C^{ec}_{2323}', ...
16                     'C^{ec}_{1122}', ...
17                     'C^{ec}_{1133}', ...
18                     'location', 'NorthWest');
19 set(hlegend, 'FontSize', 21);
20 %resize_legend(hlegend, 2)
21 legend boxoff
22 set(gca, 'XTick', 1:0.2:2, 'YTick', 0:5:25, 'fontsize', 16)
23 xlabel('Extracellular mass density \rho^{ec} [g/cm^3]', 'fontsize', 18)
24 ylabel('Elasticity tensor components [GPa]', 'fontsize', 18)
25
26 filename = 'Ctens_Growing.eps';
27 absPathPlot = strcat(pwd, slash, 'LatexFiles', slash, filename);
28 print('-depsc', absPathPlot);
29
30 % Aging

```

```

31
32 figure
33 hold on
34 grid on
35 plot(rhoecregAge, C1111regAge, '-.', 'color', 'black', 'linewidth', 2)
36 plot(rhoecregAge, C3333regAge, '-', 'color', 'black', 'linewidth', 4)
37 plot(rhoecregAge, C2323regAge, '--', 'color', 'black', 'linewidth', 2)
38 plot(rhoecregAge, C1122regAge, '-', 'color', 'black', 'linewidth', 2)
39 plot(rhoecregAge, C1133regAge, ':', 'color', 'black', 'linewidth', 2)
40 plot(3.02,120)
41 hlegend = legend('C^{ec}_{1111}', ...
42                 'C^{ec}_{3333}', ...
43                 'C^{ec}_{2323}', ...
44                 'C^{ec}_{1122}', ...
45                 'C^{ec}_{1133}', ...
46                 'location', 'NorthWest');
47 set(hlegend, 'FontSize', 21);
48 %resize_legend(hlegend,2)
49 legend boxoff
50 set(gca, 'XTick', 1.9:0.2:3.1, 'YTick', 0:20:150, 'fontsize', 16)
51 xlabel('Extracellular mass density \rho^{ec} [g/cm^3]', 'fontsize', 18)
52 ylabel('Elasticity tensor components [GPa]', 'fontsize', 18)
53
54 filename = 'Ctens_Aging.eps';
55 absPathPlot = strcat(pwd, slash, 'LatexFiles', slash, filename);
56 print('-depsc', absPathPlot);
57
58 % %
59 figure
60 hold on
61 grid on
62 plot(rhoecregGrowth, nu12regGrowth, '-.', 'color', 'black', 'linewidth', 2)
63 plot(rhoecregGrowth, nu13regGrowth, '-', 'color', 'black', 'linewidth', 2)
64 plot(1,1)
65 hlegend = legend('\nu_{12}', ...
66                 '\nu_{13}', ...
67                 'location', 'West');
68 resize_legend(hlegend,2)
69 legend boxoff
70 set(gca, 'XTick', 1:0.2:1.9, 'YTick', 0:0.1:1, 'fontsize', 16)
71 xlabel('Extracellular mass density \rho^{ec} [g/cm^3]', 'fontsize', 18)
72 ylabel('\nu_{13} and \nu_{12}', 'fontsize', 18)
73
74
75 filename = 'nu_growing.eps';
76 absPathPlot = strcat(pwd, slash, 'LatexFiles', slash, filename);
77 print('-depsc', absPathPlot);
78
79 % Aging
80
81 figure
82 hold on

```

```

83 grid on
84 plot(rhoecregAge, nu12regAge, '-.', 'color', 'black', 'linewidth', 2)
85 plot(rhoecregAge, nu13regAge, '--', 'color', 'black', 'linewidth', 2)
86 plot(3.1,0)
87 plot(1.9,0)
88 plot(1.9,1)
89 hlegend = legend('\nu_{12}', ...
90   '\nu_{13}', ...
91   'location', 'West');
92 resize_legend(hlegend,2)
93 legend boxoff
94 set(gca, 'XTick', 1.9:0.2:3, 'YTick', 0:0.1:3, 'fontsize', 16)
95 xlabel('Extracellular mass density \rho^{ec} [g/cm^3]', 'fontsize', 18)
96 ylabel('\nu_{13} and \nu_{12}', 'fontsize', 18)
97
98
99 filename = 'nu_aging.eps';
100 absPathPlot = strcat(pwd, slash, 'LatexFiles', slash, filename);
101 print('-depsc', absPathPlot);
102
103 % -----
104 figure
105 hold on
106 grid on
107 plot(rhoecregGrowth, E1regGrowth, '-', 'color', 'black', 'linewidth', 2)
108 plot(rhoecregGrowth, E3regGrowth, '--', 'color', 'black', 'linewidth', 2)
109 plot(rhoecregGrowth, G12regGrowth, '-.', 'color', 'black', 'linewidth', 2)
110
111 hlegend = legend('E^{ec}_{1}', ...
112   'E^{ec}_{3}', ...
113   'G_{12}', ...
114   'location', 'West');
115 resize_legend(hlegend,2)
116 legend boxoff
117 set(gca, 'XTick', 1:0.2:2, 'YTick', 0:2:25, 'fontsize', 16)
118 xlabel('Extracellular mass density \rho^{ec} [g/cm^3]', 'fontsize', 18)
119 ylabel('E^{ec}_{1}, E^{ec}_{3}, G_{12} [GPa]', 'fontsize', 18)
120
121 filename = 'EG_Growing.eps';
122 absPathPlot = strcat(pwd, slash, 'LatexFiles', slash, filename);
123 print('-depsc', absPathPlot);
124
125 % Aging
126
127
128 figure
129 hold on
130 grid on
131 plot(rhoecregAge, E1regAge, '-', 'color', 'black', 'linewidth', 2)
132 plot(rhoecregAge, E3regAge, '--', 'color', 'black', 'linewidth', 2)
133 plot(rhoecregAge, G12regAge, '-.', 'color', 'black', 'linewidth', 2)
134

```

```

135 plot(3.02, 120)
136 hlegend = legend('E^{ec}_{1}', ...
137     'E^{ec}_{3}', ...
138     'G_{12}', ...
139     'location', 'West');
140 resize_legend(hlegend,2)
141 legend boxoff
142 set(gca, 'XTick', 1.9:0.2:3.1, 'YTick', 0:20:120, 'fontsize', 16)
143 xlabel('Extracellular mass density \rho^{ec} [g/cm^3]', 'fontsize', 18)
144 ylabel('E^{ec}_{1}, E^{ec}_{3}, G_{12} [GPa]', 'fontsize', 18)
145
146 filename = 'EG_Aging.eps';
147 absPathPlot = strcat(pwd, slash, 'LatexFiles', slash, filename);
148 print('-depsc', absPathPlot);
149
150
151 % -----
152
153 figure
154 hold on
155 grid on
156 plot(rhoecregAge, C1111modelnorm, '-.', 'color', 'black', 'linewidth', 2)
157 plot(rhoecregAge, C2323modelnorm, '--', 'color', 'black', 'linewidth', 2)
158 plot(rhoecregAge, C1133modelnorm, ':', 'color', 'black', 'linewidth', 2)
159 plot(rhoecregAge, G12modelnorm, '-', 'color', 'black', 'linewidth', 2)
160 plot(1.93, Chumanashman84norm(1,1), 'd', 'color', 'black')
161 plot(1.93, Chumanashman84norm(4,4), 's', 'color', 'black')
162 plot(1.93, Chumanashman84norm(1,3), 'x', 'color', 'black')
163 plot(1.93, Chumanashman84norm(6,6), 'o', 'color', 'black')
164 plot((rhoeclees83_3333(3) + rhoeclees83_1111(4))/2, ...
165             C1111lees83(4)/C3333lees83(3), 'p', 'color', 'black')
166
167 hlegend = legend('C^{norm}_{1111}', ...
168                 'C^{norm}_{2323}', ...
169                 'C^{norm}_{1133}', ...
170                 'G^{norm}_{12}', ...
171                 'C^{norm,exp}_{1111}', ...
172                 'C^{norm,exp}_{2323}', ...
173                 'C^{norm,exp}_{1133}', ...
174                 'G^{norm,exp}_{12}', ...
175                 'C^{norm}_{1111} (Lees83)');
176 set(hlegend, 'fontsize', 14);
177 resize_legend(hlegend,2)
178
179 legend boxoff
180 set(gca, 'XTick', 1.8:0.05:2.1, 'YTick', 0.1:0.1:0.7, 'fontsize', 16)
181 axis([1.8,2.1,0.1,0.7])
182 set(hlegend, 'location', 'West');
183
184 xlabel('Extracellular mass density \rho^{ec} [g/cm^3]', 'fontsize', 16)
185 ylabel('Elasticity tensor components normalized to C_{3333}', ...
186             'fontsize', 16)

```

```

187
188 filename = 'Ctens_ashman.eps';
189 absPathPlot = strcat(pwd, slash, 'LatexFiles', slash, filename);
190 print('-depsc', absPathPlot);

```

B.6.1. resize_legend.m

This function was taken from MATLAB®CENTRAL - An open exchange for the MATLAB and SIMULINK user community, with thanks to the author Denis Gilbert:

(<http://www.mathworks.com/matlabcentral/fileexchange/2190-resizelegend, 2010>)

B.7. ultrasoundData.m

This file was written to collect all the data to verify the model predicted elasticity tensor with those found in ultrasound experiments.

```

1 % ****
2 % CALCULATIONS OF DATA FROM ULTRASOUND TESTS
3 % ****
4 % Needs function: funcC, round2
5 % DATA
6 % Lees79
7 soslees79_3333 = [3.92 3.92 3.81 3.86 3.90 3.88 3.88 3.92];
8 soslees79_2222= [3.46 3.49 3.27 3.26 3.42 3.48 3.18 3.21];
9 soslees79_1111 = [3.18 3.18 3.18 3.16 3.27 3.26];
10
11 for i = 1:length(soslees79_3333)
12     rhoeclees79_3333(i) = rhoeclees79exp(i);
13 end
14
15 for i = 1:length(soslees79_2222)
16     rhoeclees79_2222(i) = rhoeclees79exp(i+length(soslees79_3333));
17 end
18
19 for i = 1:length(soslees79_1111)
20     rhoeclees79_1111(i) = rhoeclees79exp(i+length(soslees79_3333) ...
21                         +length(soslees79_2222));
22 end
23
24 C3333lees79 = funcC(soslees79_3333, rhoeclees79_3333);

```

```

25 C2222lees79 = funcC(soslees79_2222, rhoeclees79_2222);
26 C1111lees79 = funcC(soslees79_1111, rhoeclees79_1111);
27
28 % Lees82
29 tissueslees82 = ['Bovine tibia      '; 'Fin whale t. bulla'];
30 soslees82_3333 = [3.89 4.53]; % km/s
31 soslees82_1111 = [3.21 4.53]; % radial
32 rhoeclees82 = [2.04 2.53];
33
34 C1111lees82 = funcC(soslees82_1111, rhoeclees82);
35 C3333lees82 = funcC(soslees82_3333, rhoeclees82);
36
37 % Lees83
38 tissueslees83_3333 = ['Bovine tibia      '; 'Elephant radius'; ...
39                      'Human femur      '];
40 soslees83_3333 = [4.18 3.89 3.76];
41 rhoeclees83_3333 = [2.06 1.93 1.96];
42
43 tissueslees83_1111 = ['Bovine tibia      '; 'Dugong rib      '; ...
44                      'Elephant radius'; 'Human femur      '];
45 soslees83_1111 = [3.32 3.00 3.05 3.13];
46 rhoeclees83_1111 = [2.07 2.02 1.94 1.93];
47
48 C3333lees83 = funcC(soslees83_3333, rhoeclees83_3333);
49 C1111lees83 = funcC(soslees83_1111, rhoeclees83_1111);
50
51 % Lees92
52 % Cow bone
53 soslees92_3333 = 3.89; % axial
54 soslees92_2222 = 2.85; % tang
55 soslees92_1111 = 3.21; % rad
56 rhoeclees92us = 2.04;
57
58 C1111lees92 = funcC(soslees92_1111, rhoeclees92us);
59 C3333lees92 = funcC(soslees92_3333, rhoeclees92us);
60 C2222lees92 = funcC(soslees92_2222, rhoeclees92us);
61
62 [rhoecmtltlees92us,sosmtltlees92us] = ...
63 funcDataGraph('lees92_mtlt_us', 1.0, 1.6, 1.7, 2.4);
64
65 C1111mtltlees92 = funcC(sosmtltlees92us, rhoecmtltlees92us);
66
67
68 % Lees95
69 soslees95_1111 = [4.85 4.89 4.55 4.61 4.79 4.7 4.15 4.6 4.53 4.65 4.84 ...
70                      4.60 4.53 4.53 4.54 4.48];
71 rhoeclees95us = [2.49 2.53 2.51 2.45 2.50 2.46 2.40 2.48 2.50 2.52 2.58 ...
72                      2.54 2.50 2.53 2.54 2.49];
73
74 C1111lees95 = funcC(soslees95_1111, rhoeclees95us);
75
76 % % Not used as measured with 2.25 MHz

```

```

77 % % Ashman88
78 % tissuesashman88 = ['Human femur ';'Human femur ';'Human femur ';'...
79 % % 'Bovine femur'];
80 % sosashman88_3333 = [2.639 2.721 2.754 2.501];
81 % rhoecashman88 = [1.803 1.777 1.73 1.739]; % g/cm^3
82 %
83 % C3333ashman88 = funcC(sosashman88_3333, rhoecashman88);
84
85 % % Not used as measured with 5 MHz
86 % % Katz84
87 % % bovine femur
88 % soskatz84_1111 = [2.863 2.767];
89 % soskatz84_2222 = [3.189 2.849];
90 % soskatz84_3333 = [3.771 3.483];
91 % rhoeckatz84_1111 = [2.105 2.010];
92 % rhoeckatz84_2222 = [2.1 2.025];
93 % rhoeckatz84_3333 = [2.093 2.032];
94 %
95 % C3333katz84 = funcC(soskatz84_3333, rhoeckatz84_3333);
96 % C1111katz84 = funcC(soskatz84_1111, rhoeckatz84_1111);
97 % C2222katz84 = funcC(soskatz84_2222, rhoeckatz84_2222);
98
99 % % Not used as measured with 2.25 MHz
100 % % McCarthy data taken from Andreas Fritsch
101 % % experiments of McCarthy et al. (1990)
102 % % material:
103 % % cortical bone from dorsal cortex of horse
104 % % solid bone matrix wet; marrow removed
105 % % from Fig. 4, Fig. 3
106 % % Porosity
107 % pormccarthy90temp = [5 6 6 7 7 7 8 9 9 9 9 10 10 10 10 10 10 10.5 11 11 11 ...
108 % % 12 12 12 13 14 14 18 18 22 25 30 44];
109 % rhomccarthy90temp = [2.03 2.02 2.01 2.01 2.00 2.00 2.00 2.00 1.98 ...
110 % % 1.98 1.98 1.98 1.97 1.97 1.96 1.96 1.95 ...
111 % % 1.95 1.95 1.95 1.95 1.95 1.93 1.93 1.93 ...
112 % % 1.92 1.92 1.92 1.92 1.91 1.91 1.91 1.90 ...
113 % % 1.90 1.82 1.76 1.65];
114 %
115 % % speed of sound in relation to porosity
116 % sos1111mccarthy90_2 = [3.550 3.575 3.625 3.675 3.400 3.400 3.550 3.325 ...
117 % % 3.400 3.425 3.550 3.400 3.500 3.525 3.525 3.600 ...
118 % % 3.450 3.400 3.425 3.500 3.350 3.400 3.425 3.500 ...
119 % % 3.525 3.550 3.425 3.450 3.500 3.150 3.200 2.950];
120 %
121 % % speed of sound in 2 directions
122 % sos3333mccarthy90temp = [4.300 4.200 4.100 4.400 4.200 4.200 4.300 ...
123 % % 4.100 4.150 4.150 4.300 4.025 4.200 4.025 ...
124 % % 4.200 3.950 4.025 4.100 4.100 4.150 4.150 ...
125 % % 4.025 4.100 4.250 4.000 4.025 4.200 4.200 ...
126 % % 4.125 4.175 4.350 3.950 4.000 4.000 3.850 3.650];
127 %
128 % sos1111mccarthy90temp = [3.600 3.550 3.450 3.650 3.550 3.400 3.575 ...

```

```

129 %          3.425 3.350 3.500 3.600 3.500 3.350 3.500 ...
130 %          3.600 3.525 3.400 3.350 3.425 3.450 3.550 ...
131 %          3.350 3.300 3.475 3.350 3.400 3.350 3.400 ...
132 %          3.350 3.475 3.450 3.125 3.400 3.300 3.200 2.950];
133 %
134 % j=1;
135 %
136 % for i = 1:length(sos1111mccarthy90_2)
137 %     for k = 1:length(sos1111mccarthy90temp)
138 %         if (sos1111mccarthy90_2(i)-sos1111mccarthy90temp(k)) == 0 ...
139 %             && sos1111mccarthy90_2(i) ~= 0
140 %             sos1111mccarthy90old(j)=sos1111mccarthy90_2(i);
141 %             sos3333mccarthy90old(j)=sos3333mccarthy90temp(i);
142 %             rhomumccarthy90(j)=rhomccarthy90temp(i);
143 %             pormccarthy90(j)=pormccarthy90temp(i);
144 %
145 %         sos1111mccarthy90_2(i) = 0;
146 %         j=j+1;
147 %     end
148 % end
149 % end
150 %
151 % flac = 0.0;
152 % fvas = (pormccarthy90/100-flac)/(1-flac);
153 % rhoexvasmccarthy90=rhomumccarthy90./(1-fvas);
154 % rhoecmccarthy90temp=(rhoexvasmccarthy90-rhowater*flac)/(1-flac);
155 %
156 % k = 1;
157 % for i = 1:length(rhoecmccarthy90temp)
158 %     if rhoecmccarthy90temp(rhoecmccarthy90temp(i)<3)
159 %         rhoecmccarthy90(k)=rhoecmccarthy90temp(i);
160 %         sosmccarthy90_1111(k)=sos1111mccarthy90old(i);
161 %         sosmccarthy90_3333(k)=sos3333mccarthy90old(i);
162 %         k = k+1;
163 %     end
164 %
165 %
166 % end
167 %
168 % C3333mccarthy90 = funcC(sosmccarthy90_3333, rhoecmccarthy90);
169 % C1111mccarthy90 = funcC(sosmccarthy90_1111, rhoecmccarthy90);
170 %
171 % ****
172 % Calculate error of all calculated and experimental Cijkl
173 % ****
174 % calculate error in subgroups
175 %
176 % Error in C1111
177 rhoecC1111us = round2([rhoeclees79_1111 rhoeclees83_1111 rhoeclees95us], 0.01);
178 %
179 C1111us = ([C1111lees79 C1111lees83 C1111lees95]);
180

```

```

181
182 % round to 2 decimal places
183 rhoecregGrowthAge=round2([rhoecregGrowth rhoecregAge], 0.01);
184 C1111GrowthAge=[C1111regGrowth C1111regAge];
185 C3333GrowthAge=[C3333regGrowth C3333regAge];
186
187 % modelC1111=unique([rhoecregGrowthAge; C1111GrowthAge]');
188 % delete same values in rhoecregGrowthAge
189 [rhoecGrowthAge_unique, indexrhoec]=unique(rhoecregGrowthAge, 'first');
190
191 for i = 1:length(indexrhoec)
192     C1111unique(i)=C1111GrowthAge(indexrhoec(i));
193 end
194
195
196 % find corresponding C1111 values with respect to rho^ec, compare rho^ec
197 % experimental and rho^ec predicted to find corresponding C1111model to the
198 % C1111 experimental
199 j=1;
200 m=1;
201 for i = 1:length(rhoecC1111us)
202     for k = 1:length(rhoecGrowthAge_unique)
203         if (rhoecC1111us(i)-rhoecGrowthAge_unique(k))==0
204             C1111model(j)=C1111unique(k);
205             j=j+1;
206         end
207     end
208 end
209
210 errC1111_all = (C1111model-C1111us)./C1111us;
211 meanerrC1111_all = mean(errC1111_all)
212 stderrC1111_all = std(errC1111_all)
213 varerrC1111_all = var(errC1111_all)
214
215 % -----
216 % Error in C3333
217 rhoecC3333us = round2([rhoeclees79_3333 rhoeclees83_3333]', 0.01);
218 C3333us = ([C3333lees79 C3333lees83]);
219
220
221 % round to 2 decimal places
222 rhoecregGrowthAge=round2([rhoecregGrowth rhoecregAge], 0.01);
223 C3333GrowthAge=[C3333regGrowth C3333regAge];
224 C3333GrowthAge=[C3333regGrowth C3333regAge];
225
226 % modelC3333=unique([rhoecregGrowthAge; C3333GrowthAge]');
227 % delete same values in rhoecregGrowthAge
228 [rhoecGrowthAge_unique, indexrhoec]=unique(rhoecregGrowthAge, 'first');
229
230 for i = 1:length(indexrhoec)
231     C3333unique(i)=C3333GrowthAge(indexrhoec(i));
232 end

```

```

233
234
235 % find corresponding C3333 values with respect to rho^ec, compare rho^ec
236 % experimental and rho^ec predicted to find corresponding C3333model to the
237 % C3333 experimental
238 j=1;
239 m=1;
240 for i = 1:length(rhoecC3333us)
241     for k = 1:length(rhoecGrowthAge_unique)
242         if (rhoecC3333us(i)-rhoecGrowthAge_unique(k))==0
243             C3333model(j)=C3333unique(k);
244             j=j+1;
245         end
246     end
247 end
248
249 errC3333_all = (C3333model-C3333us)./C3333us;
250 meanerrC3333_all = mean(errC3333_all)
251 stderrC3333_all = std(errC3333_all)
252 varerrC3333_all = var(errC3333_all)
253
254 % -----
255 % Ashman84
256 % mean of human and canine
257 C1111ashman84 = [18.0 19.0];
258 C3333ashman84 = [27.6 29.7];
259 C3333humanashman84 = [26.9 28.2 27.0 28.0 26.9];
260 C3333canineashman84 = [28.5 30.6 30.7 29.6 28.5];
261 rhoechumanashman84 = [1.88 1.92 1.895 1.923 1.88];
262 rhoeccanineashman84 = [1.875 1.89 1.88 1.877 1.875];
263 rhoecC1111ashman84 = [mean(rhoechumanashman84) mean(rhoeccanineashman84)];
264
265 % full tensor
266
267 Chumanashman84norm = [18.0 09.98 10.10 0 0 0; ...
268                         09.98 20.20 10.70 0 0 0; ...
269                         10.10 10.70 27.60 0 0 0; ...
270                         0 0 0 6.23 0 0; ...
271                         0 0 0 0 5.61 0 ; ...
272                         0 0 0 0 0 4.52]/C3333ashman84(1);
273
274 rhoashman84norm =[1.93 1.93 1.93 0 0 0; ...
275                         1.93 1.93 1.93 0 0 0; ...
276                         1.93 1.93 1.93 0 0 0; ...
277                         0 0 0 1.93 0 0; ...
278                         0 0 0 0 1.93 0 ; ...
279                         0 0 0 0 0 1.93];
280
281 C3333modelnorm = C3333regAge./C3333regAge;
282 C1111modelnorm = C1111regAge./C3333regAge;
283 C1122modelnorm = C1122regAge./C3333regAge;
284 C1133modelnorm = C1133regAge./C3333regAge;

```

```

285 C2323modelnorm = C2323regAge./C3333regAge;
286 G12modelnorm = G12regAge./C3333regAge;

```

B.7.1. funcC.m

This function calculates the elasticity tensor components on the basis of the velocity of acoustic plane waves.

```

1 % stiffness components
2 function[C]=funcC(sos,rho)
3     C = rho.* (sos.*sos);
4 end

```

B.7.2. round2.m

This function was taken from MATLAB®CENTRAL - An open exchange for the MATLAB and SIMULINK user community, with thanks to the author Robert Bemis:

(<http://www.mathworks.com/matlabcentral/fileexchange/4261-round2,2010>)

B.8. AttenCoeff.m

This file calculates and plots the X-ray attenuation coefficient. This file also requires the function *resize_legend.m* described in Chapter B.6.1.

```

1 % ****
2 % X-Ray: attenuation coefficient
3 % ****
4 muwater = 5.33;
5 mumin = 142;
6 muorg = 5.71;
7 muecAge = vfwaterAge*muwater+vfminAge*mumin+vforgAge*muorg;
8 muecGrowth = vfwaterGrowth*muwater+vfminGrowth*mumin+vforgGrowth*muorg;
9
10 % PLOT
11 figure
12 hold on

```

```

13 grid on
14 plot(muecGrowth, C1111regGrowth, '-.', 'color', 'black', 'linewidth', 2)
15 plot(muecGrowth, C3333regGrowth, '.', 'color', 'black', 'linewidth', 2)
16 plot(muecGrowth, C2323regGrowth, '--', 'color', 'black', 'linewidth', 2)
17 plot(muecGrowth, C1122regGrowth, '-', 'color', 'black', 'linewidth', 2)
18 plot(muecGrowth, C1133regGrowth, ':', 'color', 'black', 'linewidth', 2)
19 hlegend = legend('C^{ec}_{1111}', ...
20                   'C^{ec}_{3333}', ...
21                   'C^{ec}_{2323}', ...
22                   'C^{ec}_{1122}', ...
23                   'C^{ec}_{1133}', ...
24                   'location', 'SouthWest');
25 resize_legend(hlegend,2)
26 legend boxoff
27 set(gca, 'XTick', 5:5:60, 'YTick', 0:5:25, 'fontsize', 16)
28 xlabel('Attenuation coefficient \mu^{ec} [cm^{-1}]', 'fontsize', 18)
29 ylabel('Elasticity tensor components [GPa]', 'fontsize', 18)
30
31 filename = 'Ctens_AttenCoeff_Growing.eps';
32 absPathPlot = strcat(pwd, slash, 'LatexFiles', slash, filename);
33 print('-depsc', absPathPlot);
34
35 % Aging
36
37 figure
38 hold on
39 grid on
40 plot(muecAge, C1111regAge, '-.', 'color', 'black', 'linewidth', 2)
41 plot(muecAge, C3333regAge, '.', 'color', 'black', 'linewidth', 2)
42 plot(muecAge, C2323regAge, '--', 'color', 'black', 'linewidth', 2)
43 plot(muecAge, C1122regAge, '-', 'color', 'black', 'linewidth', 2)
44 plot(muecAge, C1133regAge, ':', 'color', 'black', 'linewidth', 2)
45 hlegend = legend('C^{ec}_{1111}', ...
46                   'C^{ec}_{3333}', ...
47                   'C^{ec}_{2323}', ...
48                   'C^{ec}_{1122}', ...
49                   'C^{ec}_{1133}', ...
50                   'location', 'West');
51 resize_legend(hlegend,2)
52 legend boxoff
53 set(gca, 'XTick', 55:10:145, 'YTick', 0:10:150, 'fontsize', 16)
54 xlabel('Attenuation coefficient \mu^{ec} [cm^{-1}]', 'fontsize', 18)
55 ylabel('Elasticity tensor components [GPa]', 'fontsize', 18)
56
57 filename = 'Ctens_AttenCoeff_Aging.eps';
58 absPathPlot = strcat(pwd, slash, 'LatexFiles', slash, filename);
59 print('-depsc', absPathPlot);

```

B.9. CTensorPlots_ultrasound.m

This file plots the data calculated in *Ctensor_ultrasound.m* and *Ctensor.m*. This file also requires the function *resize_legend.m* described in Chapter B.6.1.

```
1 % -----
2 % PLOT ULTRASOUND DATA
3 % -----
4
5 % Mapping of C1111model to the experimental data
6
7 for i = 1:length(rhoeclees79_1111)
8     C1111lees79pre(i)=C1111model(i);
9 end
10
11 [C1111lees83pre,lengthloop] = funcCus_map(length(rhoeclees79_1111)+1, ...
12                                              C1111model, rhoeclees83_1111);
13
14 % [C1111lees92pre,lengthloop] = funcCus_map(lengthloop, ...
15 %                                              C1111model, rhoeclees92us);
16
17 [C1111lees95pre,lengthloop] = funcCus_map(lengthloop, ...
18                                              C1111model, rhoeclees95us);
19
20 % [C1111katz84pre,lengthloop] = funcCus_map(lengthloop, ...
21 %                                              C1111model, rhoekatz84_1111);
22 %
23 % [C1111mccarthy90pre,lengthloop] = funcCus_map(lengthloop, ...
24 %                                              C1111model, rhoecmccarthy90);
25
26
27 % Mapping of C1111model to the experimental data
28
29 for i = 1:length(rhoeclees79_3333)
30     C3333lees79pre(i)=C3333model(i);
31 end
32
33 [C3333lees83pre,lengthloop] = funcCus_map(length(rhoeclees79_3333)+1, ...
35                                              C3333model, rhoeclees83_3333);
36
37 % [C3333lees92pre,lengthloop] = funcCus_map(lengthloop, ...
38 %                                              C3333model, rhoeclees92us);
39 %
40 % [C3333katz84pre,lengthloop] = funcCus_map(lengthloop, ...
41 %                                              C3333model, rhoekatz84_3333);
42 %
43 % [C3333mccarthy90pre,lengthloop] = funcCus_map(lengthloop, ...
44 %                                              C3333model, rhoecmccarthy90);
45 %
46 % [C3333ashman88pre,lengthloop] = funcCus_map(lengthloop, ...
```

```

47 % C3333model, rhoecashman88;
48
49 figure
50 hold on
51 grid on
52 plot(C1111lees79pre, C1111lees79, 'x', 'color', 'black')
53 plot(C1111lees95pre, C1111lees95, '>', 'color', 'black')
54 plot(C1111lees83pre, C1111lees83, 'd', 'color', 'black')
55 plot(C3333lees79pre, C3333lees79, 'x', 'color', 'black', 'linewidth', 3)
56 plot(C3333lees83pre, C3333lees83, 'd', 'color', 'black', 'linewidth', 3)
57
58 plot([10 70], [10 70],'-', 'color', 'black')
59
60
61 hlegend = legend('C_{1111}: Bovine bone - [Lees et al. (1979)]', ...
62     'C_{1111}: Whale bones - [Lees et al. (1995)]', ...
63     'C_{1111}: Bones from various vertebrates - [Lees et al. (1983)]', ...
64     'C_{3333}: Bovine bone - [Lees et al. (1979)]', ...
65     'C_{3333}: Bones from various vertebrates - [Lees et al. (1983)]', ...
66     'location', 'NorthOutside');
67 set(hlegend, 'fontsize', 12);
68 legend boxoff
69 set(gca, 'XTick', 10:10:70, 'YTick', 10:10:70, 'fontsize', 16)
70 axis equal
71 axis tight
72 xlabel('model-predicted stiffness [GPa]', 'fontsize', 17)
73 ylabel('experimental stiffness [GPa]', 'fontsize', 17)
74
75 filename = 'C_ultrasound_undrained.eps';
76 absPathPlot = strcat(pwd, slash, 'LatexFiles', slash, filename);
77 print('-depsc', absPathPlot);

```

B.10. FittingFunctions.m

This file was written to calculate the polynomial functions with the optimal order for the elasticity components by finding the optimal coefficient of determination.

```

1 % ****
2 % Calculate fitting functions for C1111, C3333 and E1, E2 as a function of
3 % rho
4 % Run ultrasoundData.m
5 % Needs fucntion: func_bestfit.m
6 % ****
7
8 Ch1111 = 137;

```

```

9
10 [polyC1111, regC1111, meanerrC1111fit, stdC1111fit]= ...
11     func_bestfit([rhoecregGrowth rhoecregAge], ...
12     [C1111regGrowth C1111regAge], meanerrC1111_all);
13
14 [polyC3333, regC3333, meanerrC3333fit, stdC3333fit]= ...
15     func_bestfit([rhoecregGrowth rhoecregAge], ...
16     [C3333regGrowth C3333regAge], meanerrC3333_all);
17
18 [polyC1122, regC1122, meanerrC1122fit, stdC1122fit]= ...
19     func_bestfit([rhoecregGrowth rhoecregAge], ...
20     [C1122regGrowth C1122regAge], meanerrC3333_all);
21
22 [polyC1133, regC1133, meanerrC1133fit, stdC1133fit]= ...
23     func_bestfit([rhoecregGrowth rhoecregAge], ...
24     [C1133regGrowth C1133regAge], meanerrC3333_all);
25
26 [polyC2323, regC2323, meanerrC2323fit, stdC2323fit]= ...
27     func_bestfit([rhoecregGrowth rhoecregAge], ...
28     [C2323regGrowth C2323regAge], meanerrC3333_all);
29
30 % dimensionless:
31
32 polyC1111_dl=func_dimless(polyC1111,Ch1111,rhomin)
33 polyC3333_dl=func_dimless(polyC3333,Ch1111,rhomin)
34 polyC1122_dl=func_dimless(polyC1122,Ch1111,rhomin)
35 polyC1133_dl=func_dimless(polyC1133,Ch1111,rhomin)
36 polyC2323_dl=func_dimless(polyC2323,Ch1111,rhomin)

```

B.10.1. func_bestfit.m

This function finds the optimal order of the polynomial function.

```

1 function [polynom, regValue, errmean, stdValue]=func_bestfit(x,y,meanerr)
2
3     errmean = 100;
4     stdValue = 0;
5     i = 2;
6
7     while abs(errmean) > abs(meanerr/10)
8         polynom = polyfit(x, y, i);
9         regValue = 0;
10        m = i;
11        for k = 1:i
12            regValue_old=polynom(:,k)*x.^ (m);
13            regValue=regValue_old+regValue;
14            m = m - 1;

```

```

15     end
16     regValue = regValue + polynom(:,i+1);
17
18     err = (regValue-y)./y;
19     errmean = mean(err);
20     stdValue = std(err);
21     i = i+1;
22 end
23
24 end

```

B.11. parry.m

This file was written to calculate the organic apposition rate for the data of Parry & Craig (1978).

```

1 % Parry Craig
2 % Number of fibrils per print
3 % ageParry = [0 0.75 1.25 2 3.50 13 24]; % Months
4 ageParry = [0 0.75 1.25 2 3.50];
5 % area fraction fibrillar of all fibrils
6 % vfibtot = [0.38 0.41 0.50 0.64 0.67 0.63 0.64];
7 vfibtot = [0.38 0.41 0.50 0.64 0.67];
8 magnification = 65000;
9
10 dw = 1.33; % neutron diffraction spacing between collagen molecules
11 b = 1.47; % length
12 D = 64; % axial macroperiod
13 vfibparry = 5*dw*b*D;
14 vcollparry = 335.6;
15 vfcollparry = vfibtot./(vfibparry/vcollparry);
16 vforgparry = vfcollparry/90*100;
17 rhoapporgparry=vforgparry.*rhocoll;
18
19 z = (0:4);
20 polyparryorg = polyfit(ageParry, rhoapporgparry, 1);
21 regparryorg = polyparryorg(:,1).*z + polyparryorg(:,2);
22
23
24 figure
25 hold on
26 plot(z, regparryorg, '-', 'color', 'black', 'linewidth', 3);
27 for i = 1:length(ageParry)
28     plot(ageParry(i), rhoapporgparry(i), 'p', 'color', 'black')
29 end
30 plot(5,0.3)

```

```

31 set(gca, 'XTick', 0:1:5, 'YTick', 0.3:0.05:0.6, 'fontsize', 18)
32 xlabel('Age [months]', 'fontsize', 18)
33 ylabel('\rho^*_\text{org} [g/cm^3]', 'fontsize', 18)
34 grid('on')
35
36 hlegend = legend('Regression line', ...
37     'Experimental data', ...
38     'location', 'NorthWest');
39 set(hlegend, 'fontsize', 18);
40
41 filename = 'parry_age_rhoapporg.eps';
42 absPathPlot = strcat(pwd, slash, 'LatexFiles', slash, filename);
43 print('-depsc', absPathPlot);

```

B.12. hammett25.m

This file was written to calculate the organic apposition rate for the data of Hammett (1925).

```

1 % ****
2 % run ExpData.m, appRho.m
3 % Apparent mass densities of components of microstructure!
4 % ****
5
6 for i=1:6
7     rhoapporgfemhammett25(i) = rhoapporghammett25(i);
8 end
9
10 for i=8:13
11     rhoapporgfemhammett25(i-1) = rhoapporghammett25(i);
12 end
13
14 for i=15:20
15     rhoapporghumhammett25(i-14) = rhoapporghammett25(i);
16 end
17
18 for i=22:27
19     rhoapporghumhammett25(i-15) = rhoapporghammett25(i);
20 end
21
22 % Mineral
23
24 for i=1:6
25     rhoappminfemhammett25(i) = rhoappminhammett25(i);
26 end
27
28 for i=8:13
29     rhoappminfemhammett25(i-1) = rhoappminhammett25(i);

```

```

30 end
31
32 for i=15:20
33     rhoappminhumhammett25(i-14) = rhoappminhammett25(i);
34 end
35
36 for i=22:27
37     rhoappminhumhammett25(i-15) = rhoappminhammett25(i);
38 end
39
40 % Water
41
42 for i=1:6
43     rhoappwaterfemhammett25(i) = rhoappwaterhammett25(i);
44 end
45
46 for i=8:13
47     rhoappwaterfemhammett25(i-1) = rhoappwaterhammett25(i);
48 end
49
50 for i=15:20
51     rhoappwaterhumhammett25(i-14) = rhoappwaterhammett25(i);
52 end
53
54 for i=22:27
55     rhoappwaterhumhammett25(i-15) = rhoappwaterhammett25(i);
56 end
57
58 z = (0:5);
59 polyhammettorg = polyfit([Agehammett25 Agehammett25 Agehammett25 ...
60     Agehammett25]/30, rhoapporghammett25, 1);
61 reghammettorg = polyhammettorg(:,1).*z + polyhammettorg(:,2);
62
63 figure
64 hold on
65 plot(z, reghammettorg, '-', 'color', 'black', 'linewidth', 3)
66 plot([Agehammett25 Agehammett25 Agehammett25 Agehammett25]/30, ...
67     rhoapporghammett25, '*', 'color', 'black')
68 plot(0,0.2)
69 grid on;
70
71 hlegend = legend('Regression line', ...
72                     'Experimental data', ...
73                     'location', 'NorthWest');
74 set(hlegend, 'fontsize', 18);
75 set(gca, 'XTick', 0:1:5, 'YTick', 0:0.05:0.5, 'fontsize', 18)
76 xlabel('Age [months]', 'fontsize', 18)
77 ylabel('\rho^*_{org} [g/cm^3]', 'fontsize', 18)
78
79 filename = 'hammett_age_appOrgDensity.eps';
80 absPathPlot = strcat(pwd, slash, 'LatexFiles', slash, filename);
81 print('-depsc', absPathPlot);

```

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