

Article

Do Social Aspects Affect Built-in Car Navigation Habits? A Stereotype Study

Fanni Vörös ^{1,2,*} , Georg Gartner ³ , Michael P. Peterson ⁴  and Béla Kovács ² 

¹ Doctoral School of Earth Sciences, ELTE Eötvös Loránd University, Pázmány P. sétány 1/C, H-1117 Budapest, Hungary

² Institute of Cartography and Geoinformatics, ELTE Eötvös Loránd University, H-1117 Budapest, Hungary; climbela@map.elte.hu

³ Research Division Cartography, Department of Geodesy and Geoinformation, Technical University Vienna, 1040 Vienna, Austria; georg.gartner@tuwien.ac.at

⁴ Department of Geography and Geology, University of Nebraska at Omaha, Omaha, NE 68182, USA; mpeterson@unomaha.edu

* Correspondence: vorosfanni@map.elte.hu; Tel.: +36-1-372-2500 (ext. 6701)

Abstract: We encounter prejudices and stereotypes in all areas of life, including human navigation. This study seeks to answer whether there is a basis for navigation stereotypes such as: does our age, gender, place of residence or country affect our car navigation habits? An online questionnaire was distributed in three Central European countries (Hungary, Romania and Austria) and 1556 respondents were reached. In addition to habitancy (settlement type), it was noted that half of the examined concerns are influenced by stereotypes. A significant difference can be shown in questions that are directly or indirectly related to the financial situation of the driver (e.g., the existence and quality of the built-in GPS depends on whether someone has enough money to buy it). However, it seems that other stereotypes we have about driving and navigation are mostly false. The results suggest that it may be possible to personalize built-in navigation systems. By incorporating various “extra” services (e.g., personalized interface, placement), driving and navigation can be made safer and more comfortable for particular segments of society—the driver does not need to use other devices.



Citation: Vörös, F.; Gartner, G.; Peterson, M.P.; Kovács, B. Do Social Aspects Affect Built-in Car Navigation Habits? A Stereotype Study. *Sustainability* **2023**, *15*, 5203. <https://doi.org/10.3390/su15065203>

Academic Editor: Giuseppe T. Cirella

Received: 17 February 2023

Revised: 10 March 2023

Accepted: 12 March 2023

Published: 15 March 2023



Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

Keywords: navigation habits; car navigation; built-in GPS; stereotypes; statistical test

1. Introduction

Stereotypes are part of our lives, permeating our everyday life and influencing our actions [1]. They are most often linked to prejudices based on race, religion, gender, sexual orientation, nationality and almost any other social category [2]. Stereotypes can be positive as well as negative. Prejudices with negative connotations still prevail in our society [3]. We often judge others through stereotypes before we are aware of that person’s abilities and knowledge. Driving and navigation are activities that are not without prejudice either. Research on stereotypes concerning navigation has examined specific groups such as being over 65 years of age or of a certain nationality. Since safety is a cardinal issue in driving, this research mainly examined aspects of health and safety. Demographic and social class groups were not analyzed.

By accepting stereotypes, we can get to know ourselves (and our environment) better, and thus we can learn and improve certain forms of behavior (e.g., [1,4]). This research has the same goal: to examine the extent to which navigation-related prejudices are based on reality. Based on navigation habits, changes in car navigation can be personalized by both car manufacturers and navigation software companies. If there are significant differences, these recommendations may be even more important. For the elderly, these changes can make driving easier and safer. If there are no differences between drivers, there should be

no basis for stereotypes and they should be avoided. The present research differs from the previous studies (see Section 1.1) in that (1) it examines the use of the built-in GPS in the car; (2) the respondents did not go through any pre-screening; and (3) we did not examine a specific group (e.g., above 65 years or people with some injuries).

The study deals with navigation habits and stereotypes as an unconscious factor in our perception. For this, it was essential to ask some driving-related questions. No series of questions can provide a comprehensive picture of entire driving habits.

The following hypotheses were formulated before the research:

Hypothesis 1: *Stereotypes about car navigation (and driving) have a basis.*

Hypothesis 2: *As we age, our driving habits get worse, and this can be detected. So, (1) we assume that due to the deterioration of health, the elderly drive less and demand more safety, and (2) they do not use electronic navigation aids as regularly as young people, because they do not know how to use them.*

Hypothesis 3: *There is a demonstrable difference in the driving habits of women (bad drivers) and men (good drivers). The general opinion is that women drive less (more in the city) and less confidently and use electronic devices less.*

Hypothesis 4: *People who grow up in different living environments have different driving/navigation habits. Differences due to different financial and cultural backgrounds can be detected.*

This paper first examines previous research and the aspects of creating a useful questionnaire. Then, the completed questionnaire is introduced and the results are statistically analyzed.

1.1. Literature Background

1.1.1. Vehicle Driving and Navigation Habits

The driving habits of car drivers have been examined by several research studies, mainly from the point of view of health and the corresponding risk factors. It was shown that a shorter amount of sleep and younger age of the driver are associated with increased traffic exposure [5]. Auriault et al. studied how the driving habits of pregnant women change as pregnancy progresses: while initially they drive themselves, in the last month they tend to travel as passengers. Regardless of pregnancy stage, almost all women used seat belts and did not make other seat adjustments [6].

It has been shown that more people are driving who should not for health reasons (e.g., glaucoma patients). It was also found that these patients are consciously avoiding (self-regulating) their driving habits to avoid potentially dangerous driving situations [7]. The same pattern was found in drivers wearing a cast (Irish)—15% of orthopaedic trauma patients wore a forearm or below knee cast while driving [8]. According to Shakerinia and Mohammadpoor, drivers should undergo regular psychological check-ups, because certain psychological characteristics (mental health, aggression) are significantly linked to driving behavior [9].

Since driving is so complex (with the combination of physical and mental tasks), most of these are about the driving habits and possible health problems of the elderly, or alcohol influence [10,11]. Some research aims to identify clinical signs that may predict driving difficulties in older people [12] so healthcare providers can personalize messages to support safe driving and patient safety [13]. Bishu et al. examined the needs of the elderly—e.g., increasing the size of traffic signs and parking spaces, lowering speed limits [14]. It has been shown that in older age, drivers pay a lot of attention to driving more carefully—they reduce their daily driving load, and avoid driving at night and during rush hour [15]. They have also been the subject of studies to test drivers with certain diseases. The most common

'handicap' is eye damage. It has been shown that people with vision loss are particularly careful when driving because they are aware of their own limitations [16,17].

A few studies can be found in which gender comparisons were made. It was found that although women drive less on a daily basis (they give up driving more easily than men in adverse circumstances), there is no difference in driving rates overall [18]. Women tend to be more prone to self-regulation and adaptation [19,20]. On the other hand, general comparative studies have not yet been carried out either according to the criteria listed above, or by place of residence.

Several research studies have examined in-car navigation. Similar to our survey, a questionnaire was developed in 2011 by a Hungarian-founded navigation software company, the NNG (developer of iGO Navigation Engine) [21]. According to this, users require an online, constantly updated database, and more complex interaction with the interface. Finally, in this research, the need for a more complex, broader study is also expressed. Based on an investigation on TomTom systems, young GPS users had a more positive experience and association with GPS systems as compared to the elderly [22]. With the development of technology, and as mobile phones became more and more commonplace, applications optimized for mobile phones appeared [23–25].

1.1.2. Stereotypes in Driving and Navigation

There are several ways to define a stereotype [26,27]: the standard point of view is that stereotypes are beliefs about the characteristics, qualities and behavior of members of certain groups [28]. The Oxford English Dictionary defines it as a "widely held but fixed and oversimplified image or idea of a particular type of person or thing". They appear as a way of simplifying the demands made on the perceiver: they facilitate information processing by allowing the perceiver to rely on previously stored knowledge instead of incoming information [3,28,29].

Age and gender stereotypes are the most common areas of research. It has been stated that stereotypes related to elders are multidimensional [30]: both negative and positive driving behaviors are part of the behavioral repertoire. According to Joannis et al. (2012), the interviewees tended to define someone as elderly even if they did not behave in a safe manner, but also if they showed appropriate and safe types of behavior [31]. It was further shown that the very existence of stereotypes can influence driving habits [32]—positive (considered) and negative (inflexible) age stereotypes can be automatically activated and influence behavior at an unconscious level [33].

The same was shown in relation to gender stereotypes: sex stereotypes associated with driving (SSAD) may influence driving behaviors [34,35]. Some of the relevant research examines the issue from the point of view of safe driving, with fewer accidents being more feminine qualities [36,37]. Since men drive more often, it is still seen as a privilege of men [38]. Women are often considered incompetent at driving, even by women themselves [39]. Overall, it can be said that in all cases, a statistical difference between men's and women's driving habits was shown in the cases where risk avoidance/security was examined.

2. Materials and Methods

2.1. Questionnaires

One of the most common methods of primary data collection in the social sciences is questionnaire interviewing. As we have seen in previous research, they are used with preference in this research topic as well. As we indicated in the introduction, our questions can be divided into two parts. On the one hand, we wanted to gain general knowledge about driving habits (without any other influencing factors), and on the other hand, we wanted to map out the habits related to the use of built-in GPS. While we have a significant amount of research on the former, there are fewer studies in the case of the latter, so we were not able to draw much inspiration when formulating GPS-related questions.

Comparing the questions asked in previous research related to driving habits with those presented in this article, several similarities can be found. Driving in different situations, kilometers traveled, and GPS use in a general sense have already been examined, e.g., in the case of elderly people or settlement type. We also asked these questions in our own questionnaire, combined with the built-in GPS.

2.1.1. Characteristics of a Useful Questionnaire

The way the questions are asked can determine the order, structure, and their wording. Questionnaire queries via the Internet are classified as assisted questions, as the programming allows us to warn the respondent of incorrect answers and lack of answers, and automatically follows the logical connections and jumps between the questions. The downside is that those without the internet are excluded from the study.

Quantitative and qualitative data can be used in a questionnaire [40,41]. Quantitative data describe the quantitative values of the measured variable, and the qualitative data describe the type of observations to which we assign numerical integer values. Four different levels of measurement can be used to describe the data, depending on the content of the values obtained from the measurement and observation. The measurement levels affect the study design and data collection, have a decisive influence on the course of the study, and the statistical methods are also scale-dependent. Examples that are also included in the questionnaire included: gender, marital status or citizenship are nominal data; settlement type is an ordinal type; predefined age groups can be measured in an interval scale; and the number of years spent driving is a scale of proportions [42].

The aim of the questionnaire is to gather as much data as possible from clearly defined, factual data. For a good questionnaire, simple, clear, easy-to-understand questions must be formulated, to which we can expect clear, preferably quantifiable answers [43,44]. In general, it can be said that it is important to keep the questions as short as possible [45–47]. Several researchers note that it is worth getting the ideal number of words in a sentence between 16–64 words [48,49] and keeping the grammatical complexities to a minimum [46,48,50], so the respondents' mental capacity is freed up to think about the answers [51]. It is definitely advised to try out the questions on a relatively small sample to determine that it does not require too much effort for the respondents [52,53].

2.1.2. Structure of Our Survey

Following the guidelines for questionnaire design, the survey was designed to reach as many people as possible. The same questions were asked in order to make the results comparable between different aspects (see Section 2.2). The questions were translated into the different languages to capture the same meaning of each question. Google Forms was used because most people are familiar with this online platform. The questionnaire was distributed in the three countries. It was first made available in Hungary (since the first author is Hungarian) for two months (from December 2018 to February 2019), then in Romania for four months (from September 2019 to December 2019), and finally in Austria for three months (from September 2020 to November 2020).

In each case, snowball sampling was used [54]. It is one of the most popular sampling methods in qualitative research. It starts with a small number of contacts, who are invited (and fit perfectly) to the research. Then they are asked to recommend other contacts who fit the criteria, etc. Sampling usually finishes if the target sample size has been reached. There are disadvantages of this method: it may be viewed negatively for not preparing random samples in a statistical sense, and the basis for establishing the representativeness of the samples can also be questioned [55]. For this reason, the answers in our research cannot be considered representative.

By country, the least number of responses came from Austria. By age group, the least came from the older population. While most elderly use the Internet, the questionnaire was not as easy to access for them. That is why in some cases the link (see above) was sent on paper/e-mail.

Figure 1 shows the structure of the questionnaire. The 50 questions asked can be found in several languages (Hungarian, Romanian, German and English) at <https://mercator.elte.hu/~vorosfanni/navigation.html> (accessed on 25 February 2023).

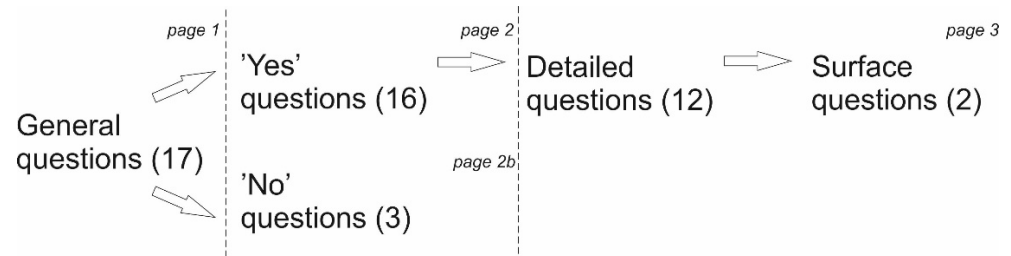


Figure 1. Structure of the questionnaire and the number of asked questions in brackets.

On *page 1* (after a short description of the interviewer and the research), 17 questions were asked. The first few questions were demographic (objective data with pre-defined possible answers) and introductory (multiple choice and intensity issue). Depending on the answer to the last question, other questions followed.

On *page 2b*, three open-ended questions were asked, which respondents could answer at any length. We also provided pre-defined answers as guidance. *Page 2* and *3* contains information about built-in navigation-system usage habits. As the questionnaire was relatively long, in most cases we asked closed questions and gave a choice of pre-defined answers. On *page 3*, only two questions were asked about the current and the needed GPS surface. The questions related to driving habits. There are several issues that, although about the navigation system, are related to driving habits and have been processed. Examined questions and numbers of answers can be seen in Table 1.

Table 1. Examined questions and the number of respondents. The first seven questions were obligatory for everyone, the rest only for those who have built-in navigation system in their car.

Question	Answers
Your (or your most commonly used) car's age?	1556
Did you buy a used car?	1556
How often do you drive in these situations?	1556
On average, how many kilometers do you drive per year?	1556
If you had no financial limit, would you use a self-driving car on a daily basis?	1556
Do you have built-in GPS in your car?	1556
Do you use your built-in GPS?	1556
How often do you use the built-in GPS in these situations?	213
Where do you usually plan your trip?	213
Do you update your built-in GPS?	213
How often do you update?	213
In addition to the built-in GPS, what other navigations do you use in these situations?	213
Where would you place the navigation information (e.g., arrow) in your area?	213
Do you turn off the "night mode"?	213
If the built-in navigation system offers alternative routes when planning a route, do you watch it?	213
Do you specify intermediate (more) destinations (e.g., gas station, restaurant)?	213
What addresses do you save to your favorites?	213
If so, how many addresses do you save?	213
Do you use the GPS interface while driving?	213
If you use the interface on the go, when exactly?	213
If you use the interface while driving, for what reason?	213

2.2. Comparative Aspects

Stereotypes are most often based on gender differences and social status (e.g., place of residence). In addition, with a smaller negative tone, but in the same quantity, we can

find comments related to age. The first few (mandatory) questions of our questionnaire asked for general, demographic data. In this publication, the answers have been grouped according to these aspects: age, gender, habitancy and country. The created groups can be seen in Table 2. These comparative aspects were later subjected to a statistical test: the Pearson Chi-square test.

Table 2. Overview of the comparative aspects and the created groups.

Age	Gender	Inhabitancy	Habitat
under 25	male	village	Hungary
25–35	female	city	Romania
36–45		county seat	Austria
46–55		capital	
56–65			
above 65			

3. Results

The 21 questions asked (Table 1) were examined according to the 4 criteria presented above (Table 2). Since we examined different stereotypes, it is advisable to group the results according to them.

3.1. Results Based on Age Groups

Hypothesis 2: *As we age, our driving habits get worse, and this can be detected. So, (1) we assume that due to the deterioration of health, the elderly drive less and demand more safety, and (2) they do not use electronic navigation aids as regularly as young people, because they do not know how to use them.*

As it was mentioned above, six age ranges were defined: under 25 years, 25–35 years, 36–45 years, 46–55 years, 56–65 years and above 65 years. The age of the cars varies as follows depending on the age of users: 17.3 -> 15.6 -> 14 -> 13 -> 14.3 -> 14.5. Based on this, the youngest age group sits in the oldest cars, while the 46–55 age group sits in the youngest cars. In Figure 2, an overview of eight different driving situations can be seen: from everyday trips to foreign trips. The pre-defined different driving situations can be seen in Table 3.

Table 3. The pre-defined driving environments and their matched serial numbers.

Situation	Driving Environment
1	Everyday routes within the city (e.g., workplace)
2	Everyday routes between cities (e.g., commuting to work)
3	Other routes within the city
4	Other routes between cities
5	Weekend trips
6	Domestic holidays
7	Holidays abroad
8	Other abroad trips

The following can be observed: (1) Most often they drive in “other routes within and between the cities”, “weekend trips” and “domestic holidays”; (2) In the other four cases, the “never” answer occurs much more often. For everyday travels, they likely use public transport (although there are also the most “always” answers on routes within the city), while long-distance travel is less frequent; (3) In cases (a–d), the oldest age group drives the least often; and (4) Although no major differences can be observed beyond these, in general, the 36–45 age group drives the most.

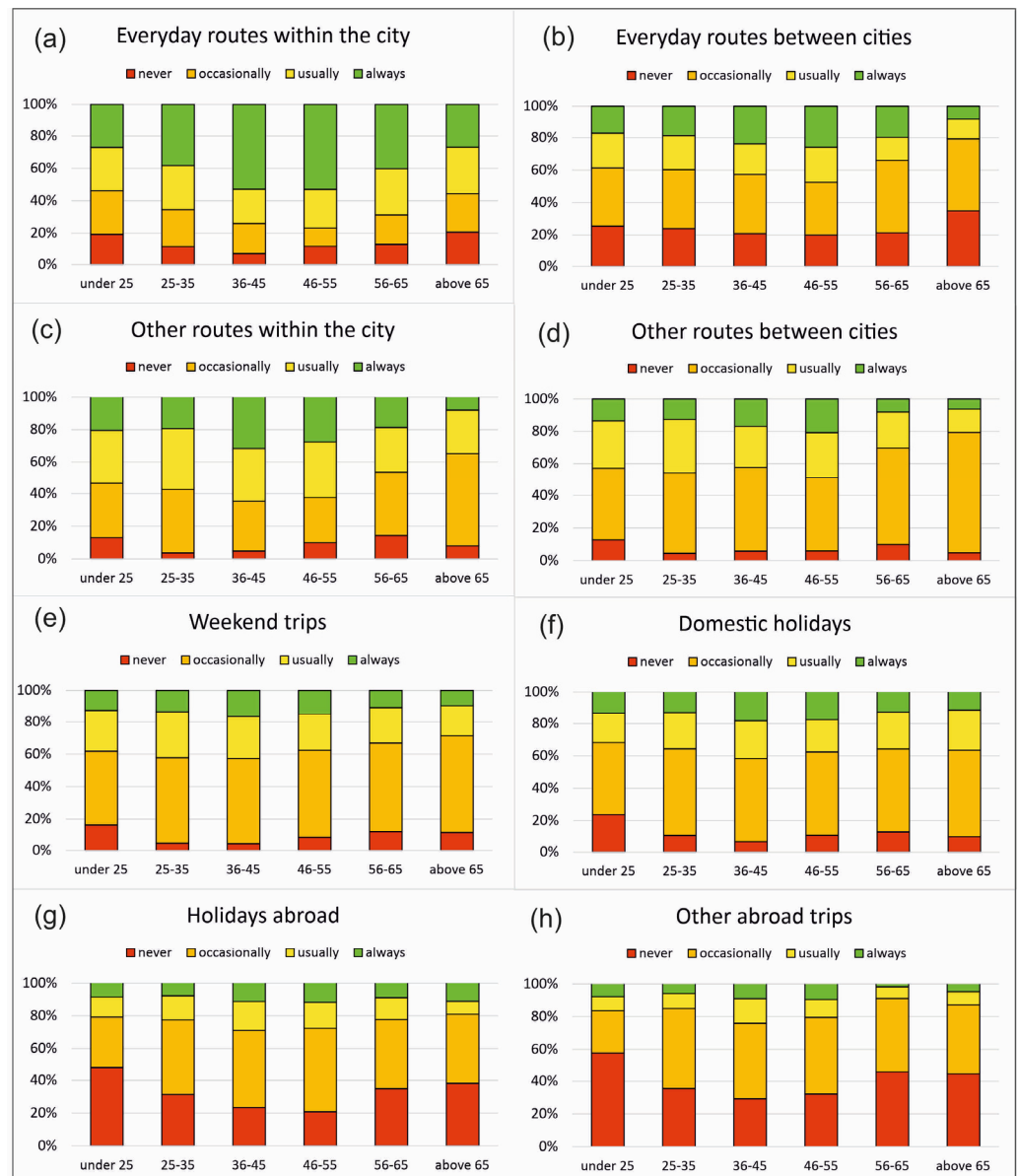


Figure 2. Driving frequencies by age groups in different driving environments.

Figure 3 depicts ownership and average driven kilometers/year. There is a clear trend towards the former: the older someone is, the more likely they are to drive their own car. There is only a slight decline in the oldest age group: the proportion of used cars is increasing. On the other hand, they practically do not use anybody else's car—these two can mean they buy their children's/grandchildren's car. As expected after Figure 2, the 36–55 age group leads the most in each year. More than 80% of the oldest age group drive more than 5000 km a year. Young people drive the least, presumably using public transport more often. As we can see in Figure 2, they also travel abroad the least.

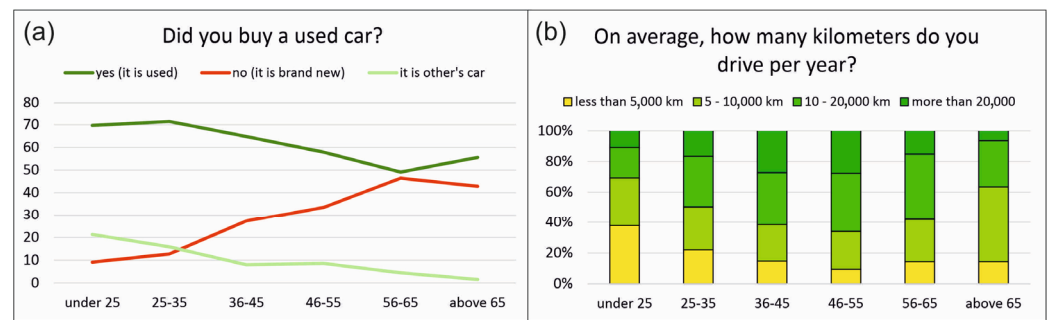


Figure 3. (a) ownership of the cars and (b) average driven kilometers/year—grouped by age.

We asked if drivers would use an autonomous car if there were no financial constraints. Except for the 65+ age group (where it has just reached 20% support) in 60–40 ratio, “no” won. Interestingly, the older someone is, the more likely they are to have and use built-in navigation. However, even in this age group, built-in navigation remains at only 20%.

The last two questions in the common part were whether the driver has a built-in GPS and uses it. As noted, there is a correlation between the age of drivers and the presence and use of built-in GPS: the older someone is, the more likely they are to use the device (Table 4). The third column shows what percentage of those with GPS use the device.

Table 4. Percentage of users with built-in GPS by age groups.

Age	Has Built-in GPS (Percentage Number)	Uses the GPS (Percentage Number)
under 25	16% 58	57% 33
25–35	18% 87	52% 46
36–45	25% 79	61% 48
46–55	24% 54	74% 40
56–65	27% 30	97% 29
above 65	29% 17	94% 17

The other questions were answered by fewer people (213) as they are connected to the built-in navigation system in some way. In Figure 4, built-in usage frequency can be seen in different driving situations. It can be seen that GPS is used least often on everyday routes, presumably because these are daily roads, and most people know the route by heart. It is also used less on foreign roads. Examining this figure together with Figure 2, it can be seen that the youngest go the least on holiday/abroad (so that they drive), so it is understandable that they use GPS less.

Depending on the above-mentioned driving situations, we asked where and when respondents are planning their journey. The options were “I don’t plan it”, “before departure” and “in the car just before leaving”. As expected, in options (a,b) (everyday routes) non-planning dominated. In (c,d) mainly the “in the car” possibility has been selected—the extent of non-planning is declining. From (e–g) practically every age group plans their journey even earlier, before they leave and not in the car. Groups 36–55 were more likely to plan just before departure. In the context of the results presented so far (Figures 2 and 4), in the case of “other abroad trips”, in many instances they do not plan their journeys—as they do not have those. There are some correlations between planning and ages: in an everyday, “near” environment, both young and old are more likely to plan ahead. It is also the middle-aged classes [36–55] that plan their trips just before departure. The youngest are more likely to plan well in advance.

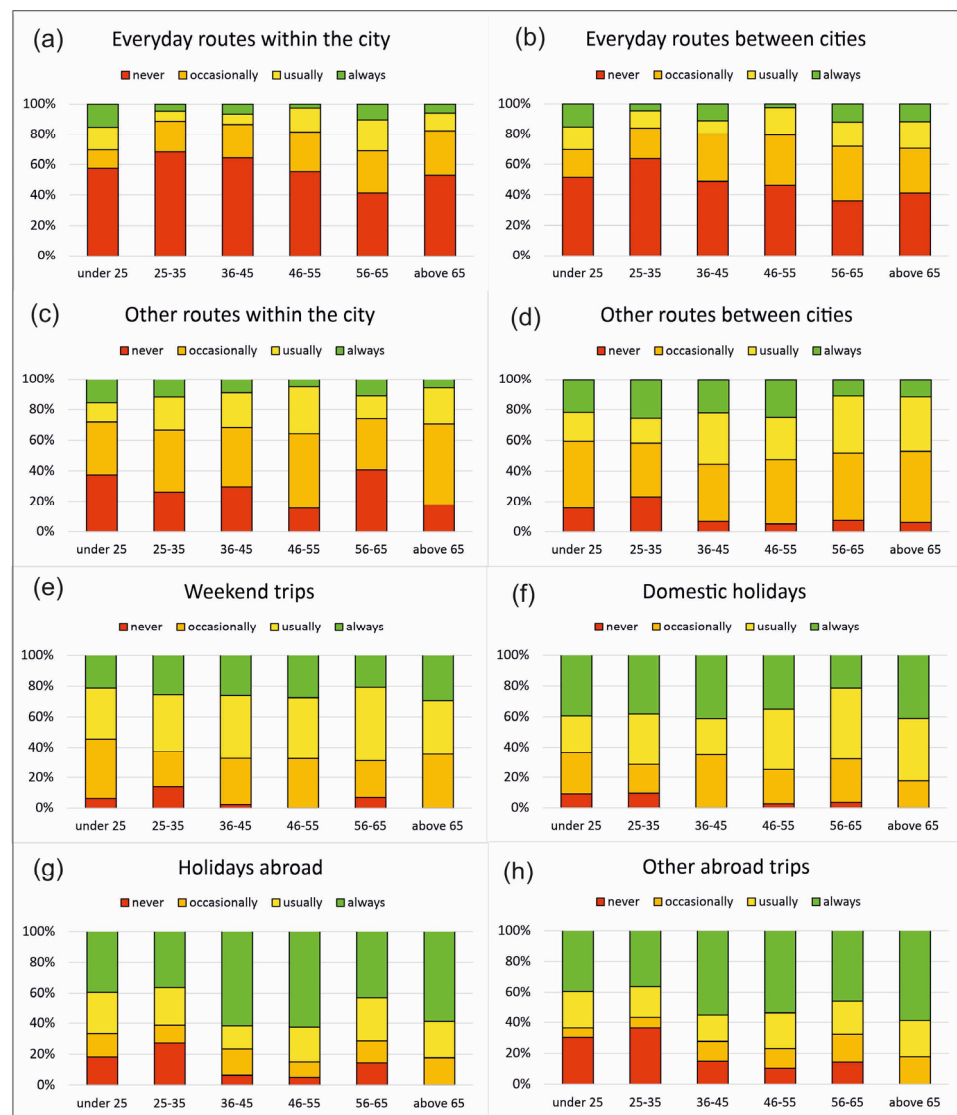


Figure 4. How often do you use the built-in GPS in different situations?

In more than half of the cases (in some cases, more than 3/4), drivers update their databases in the navigation units. For the most part, the older someone is, the more likely they are to deal with an older database. For each age group, there are several answers that address whether users pay for this service. Regardless, however, the most common reason for not upgrading is the expense. In Figure 5b, it can be seen that even if they pay attention to upgrading their system, half of the respondents do it less than annually.

In the questionnaire, five options for built-in navigation systems were given. The 1st option favors left-handers in particular, as it is easier for them to handle the surface on the left. The 2nd place is behind the wheel on the dashboard. The 3rd option is at the top of the central console. GPS in the central console itself, in its “usual place”, is the 4th possible place; while the 5th is when the surface is projected onto the glass. Only a few votes were cast for the first option (Figure 5c). In general, the other four options are equally desirable for drivers. The “usual place” is most coveted by the youngest and oldest groups. Most like the night mode on the display. Everyone, regardless of age, checks the alternative routes offered—the oldest group in every case. Everyone loves the “night mode” feature as they do not turn it off. There is no trend of giving waypoints—the majority do not take this opportunity. The younger generation save fewer addresses to favorites (mostly family members) than the older ones. Based on Figure 5f, it can be said that someone is

more likely to use GPS while driving if they are younger. Forty percent of drivers interact with it when the car is moving—not when they are stopped. As you get older, people are increasingly handing over navigation to someone else. In the vast majority of cases, they use the interface to enter a new address.

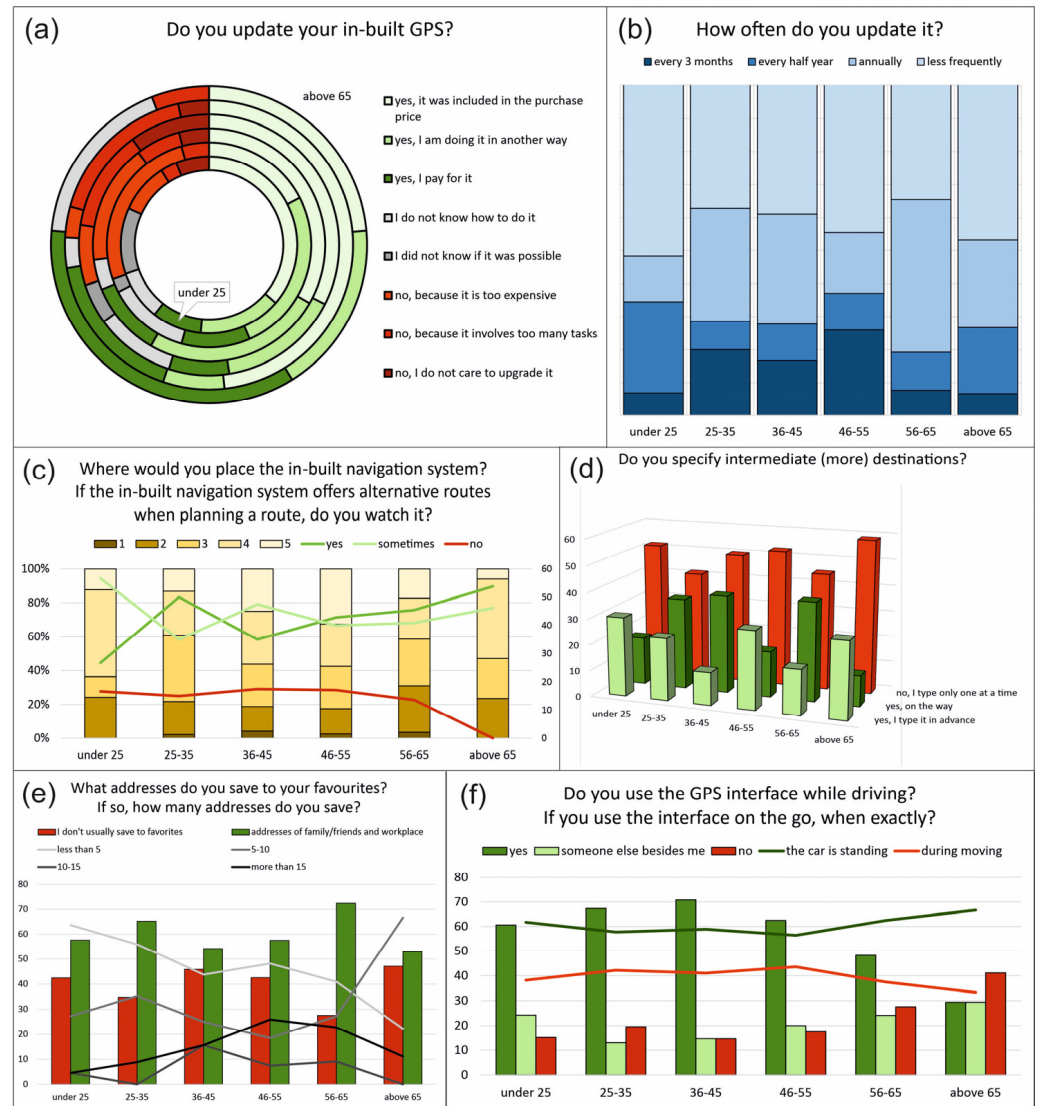


Figure 5. Answers about (a,b) updating habits, (c) placement and alternative routes, (d) intermediate destination, (e) favorites and (f) GPS use while driving.

The surface chart in Figure 6 shows what other additional navigation is used by drivers. The numbers in the x-axis represent the driving situations presented in Table 3. Options were given in the questionnaire for what apps and devices can be used in addition to the built-in ones. These can be seen on the y-axis. Coloring depends on the ratio (%) of responses to a given situation; these numeric values are specific values at the intersection of situations and application options. The coloring between grids is created by interpolation to give a hypsometry-similar look.

Several correlations can be drawn: (1) the younger age group uses far fewer types of applications than the older ones: Google Maps, Waze, and Apple Maps dominate (but the latter is only for the youngest); (2) older people use paper maps more often, especially for unknown (foreign) roads; and (3) drivers under 35 are much more likely to bring out some aids to navigate.

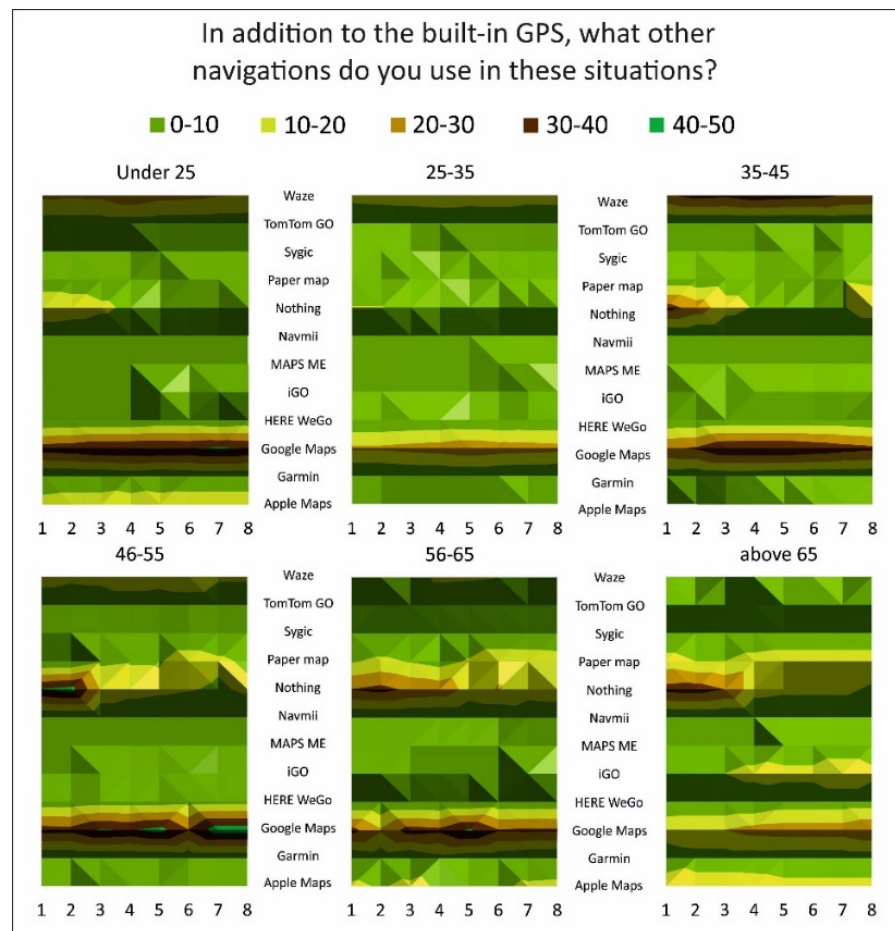


Figure 6. Other navigation devices used in different driving situations—grouped by age groups.

3.2. Results Based on Gender

Hypothesis 3: *There is a demonstrable difference in the driving habits of women (bad drivers) and men (good drivers). This means that, according to our prejudices, women drive less (more in the city) and less confidently and use electronic devices less.*

Results for men are presented, followed by those for women. The average age of men's cars is 14.7 years, while women's are 15.2. In terms of usage, the data are almost identical: 66–63% had used cars, and 21–21% had new cars. In Figure 7a, the declining trend presented earlier is shown: the less "close" a road is, the less often people drive. There is only a few percent difference between the genders; 23–15% have a built-in GPS and about 64% use them. Women use the built-in GPS less often (proportions of "always" and "never" answers in Figure 7b). There is not much difference for everyday trips. The difference is greater for less frequent trips. Figure 7a,b are almost perfect mirror images of each other. It can be seen from this that there is a correlation between the frequency of built-in GPS usage and driving.

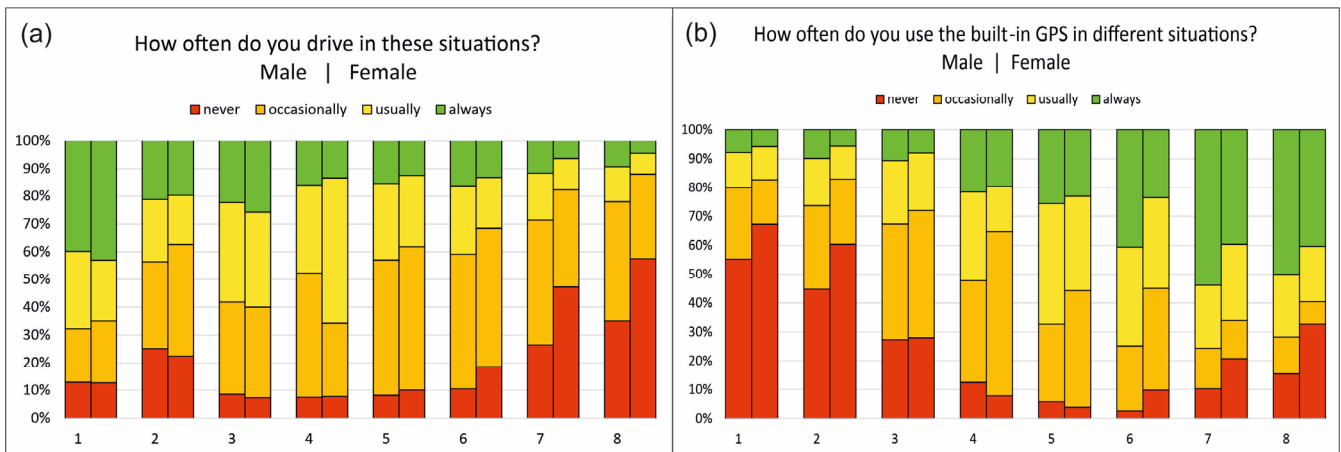


Figure 7. Frequency of (a) driving and (b) built-in GPS usage in different driving situations—grouped by gender.

The difference in mileage is more striking, as can be seen in Figure 8a. Sixty percent of men drive over 10,000 km/year, compared to 30% of women (usually, when the family goes on vacation together, men prefer to drive). In terms of updating the database, women are less aware of their options and almost a quarter of them do not know how to do it. However, the ratio of non-updates between the two genders is quite similar (both 25%) (Figure 8b). The frequency of updates is almost the same: 30% do it more often than annually.

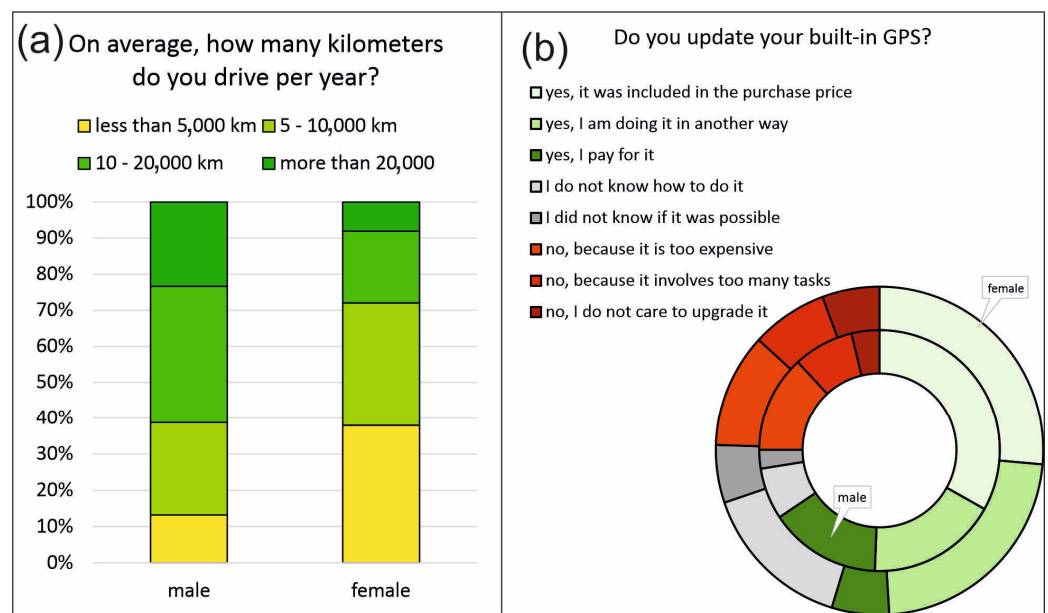


Figure 8. (a) The number of annual kilometers driven and (b) updating habits—grouped by gender.

We examined by gender if the respondents specify intermediate destinations. More than 60% of women enter only one destination at a time, compared to only 40% of men. Men enter extra destinations while driving twice as many times as women (see Figure 9a). Just over half of the women save addresses to favorites, and 70% of them save less than five. Men do just the opposite.

Figure 9b shall be understood as follows: the results indicated by the green and red lines (answers for the question “If you use the interface on the go, when exactly?”) are obtained by examining the two “yes” answers to the first question (“Do you use the GPS interface while driving?”).

The above-mentioned contrast also appears when using GPS while driving: almost 70% of men and less than 50% of women use it by themselves on the way (not the passenger). Of those who use it, in almost every second case, men do it when the car is moving. For women, this rate is only 20% (Figure 9b). For both genders, it is mainly used to input a new address.

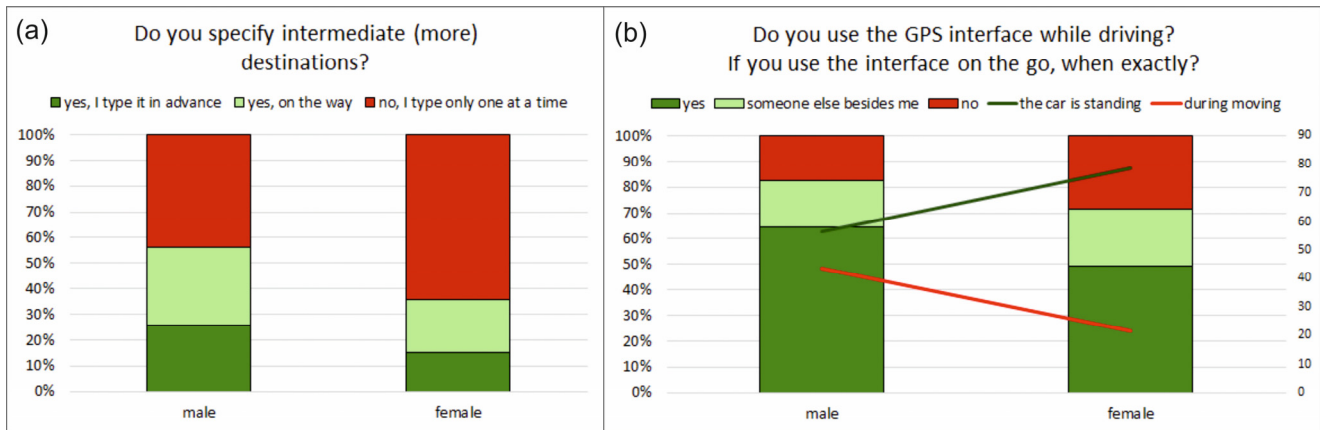


Figure 9. Answers about (a) intermediate destinations and (b) GPS usage while driving—grouped by gender.

A few differences for other used applications can be detected: (1) men know and use more applications, (2) women drive only on the most daily roads without any help, (3) women mainly use google maps in all situations. Fifty percent of men and 30% of women would drive a self-driving car if they could choose this possibility. There is no significant difference in the location of planning either: on average, women plan their journey 10–12% more times in advance. With the exception of two situations (3,5) men plan their journeys less often. Even in this case (grouping by gender), in addition to the “left-handed” (1) option, the answers are roughly evenly distributed among the other four, where they want to place the built-in GPS. The majority (~80%) do not turn off night mode.

3.3. Results Based on Habitancy Groups

Hypothesis 4: *People who grow up in different environments have different driving/navigation habits. This follows from the different distances, road conditions and environment (whether natural or built).*

Four types of residences could be selected: village, city, county seat and capital; with results presented in this order. In terms of the age of the cars, 15-15.2-15.2-14.2, there is no significant difference. Cars of those living in the capital are one year younger. Moreover, 65–69% of drivers bought used cars, except (again) in the capital where it was only 60%. This difference also appears in the “I use other’s car” option, where in the capital almost 20% do so. In the other three scenarios, only 10% marked this answer. There is no significant difference in the number of kilometers driven annually (Figure 10a), or in the existence and use of GPS.

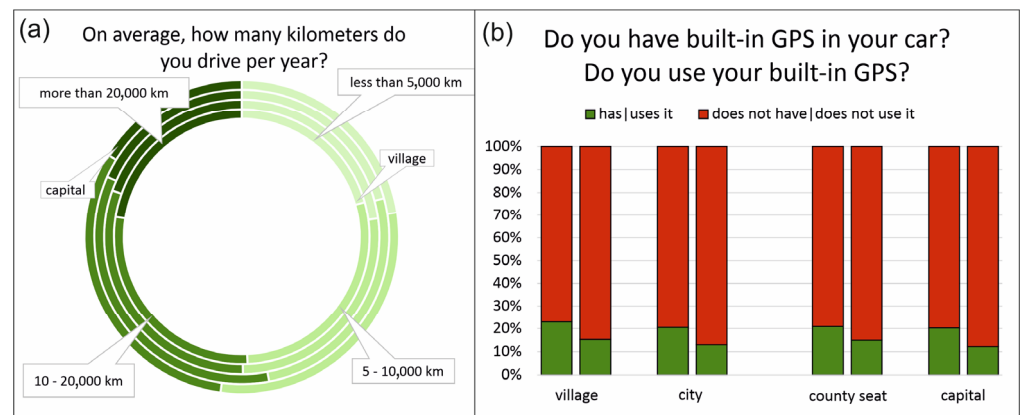


Figure 10. (a) The number of annual kilometers driven and (b) GPS usage and existence—grouped by inhabitancy.

Figure 11 should be interpreted as follows: the driving situations defined in Table 3 are shown on the *x*-axis (from 1 to 8). The answers (“I do not plan it”, “before departure” and “in the car just before leaving”) to the question (“Where do you usually plan your trip?”) can be seen grouped by place of residence on the *y*-axis. Regarding GPS usage, the proportion of “always” answers increases from 1 to 8 in all cases, while “never” changes as follows: it decreases from 1 to 5 (so weekend trips have the fewest never answers), then increases again. There is a slight difference in the ratio of “usually” and “occasionally” answers—the least common in the capital being “occasionally”. Likewise, no significant changes in road planning can be seen in Figure 11a–c. The more distant they travel, the more they tend to plan ahead; earlier, in their living area, not immediately before departure.

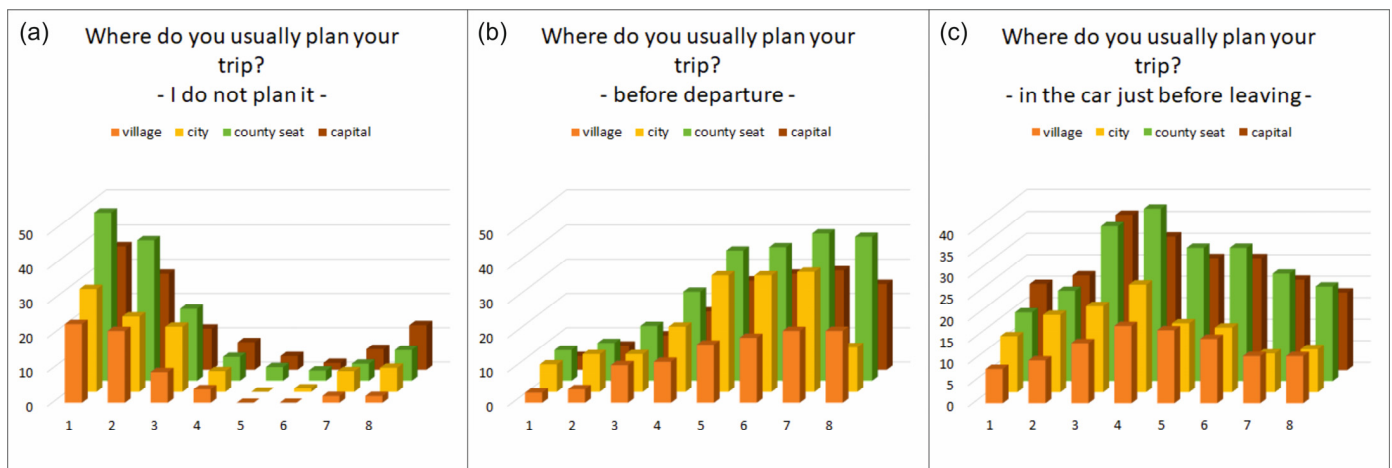


Figure 11. Road planning habits—grouped by inhabitancy and situations.

A small difference can be detected in the update of the built-in navigation: only 50% of the respondents living in the capitals upgrade, while in the other three places this value is closer to 70%. Almost 10% of the residents of the capitals and county seats do not know how to carry out the update. This was not the case in the case of those in villages and towns. Roughly 30% update it more often than once a year—interestingly, this is done least often in villages and capitals.

Regardless of where they live, most people use “Google Maps” for navigation. Waze is used second-most. In the case of villages, approx. 20% use “Apple Maps”. A significant difference can be observed in the case of “nothing” and “paper map”. In the case of villages and towns, situation 4 is last, while it is present in all driving situations in the county seats

(~20%). In the case of the capital, they are indicated at 1–2 and 6–8, only for (weekend) holidays were they not given as an answer (Figure 12).

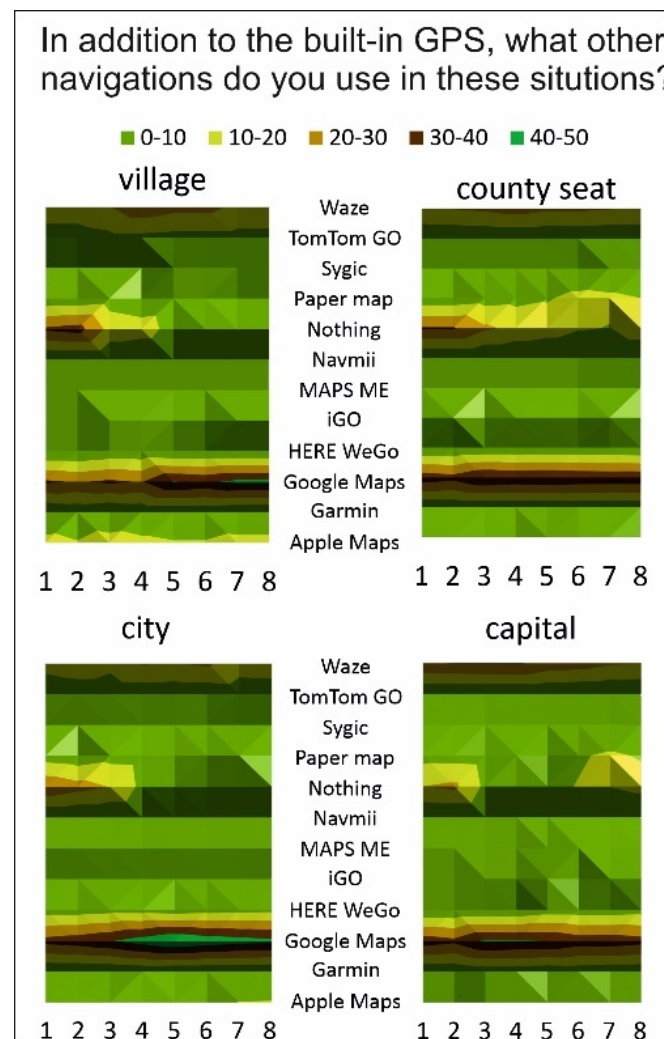


Figure 12. Other navigation devices used in different driving situations—grouped by inhabitancy.

In the case of respondents in capitals, the least number indicated that they would like to see the orientation information projected on the windshield. They would place it at 25–35% in the “current location”. The 3rd option (top of the central console) was nominated by only a few people from the city; the other three places of residence all wanted ~25%.

The ratio is exactly the opposite for option 2 (behind the wheel on the dashboard). Alternative routes are looked at least often in county seats. Variability can be found in specifying intermediate targets. The bigger a settlement, the less they think ahead. In villages and county seats, they prefer not to enter more, while in the capital/cities, entering addresses on the way dominates. There is also no correlation in the addresses saved/unsaved in favorites: the largest proportion (70%) of the residents of the capitals use this opportunity: about 50% save less than 5 addresses (Figure 13a). Most people (70%) use the GPS interface while driving in the capital, but the fewest (cities) use it also, at 55%. Both “when” (60% in a standing car) and “for what” (to enter a new address) received the same proportion of answers (Figure 13b).

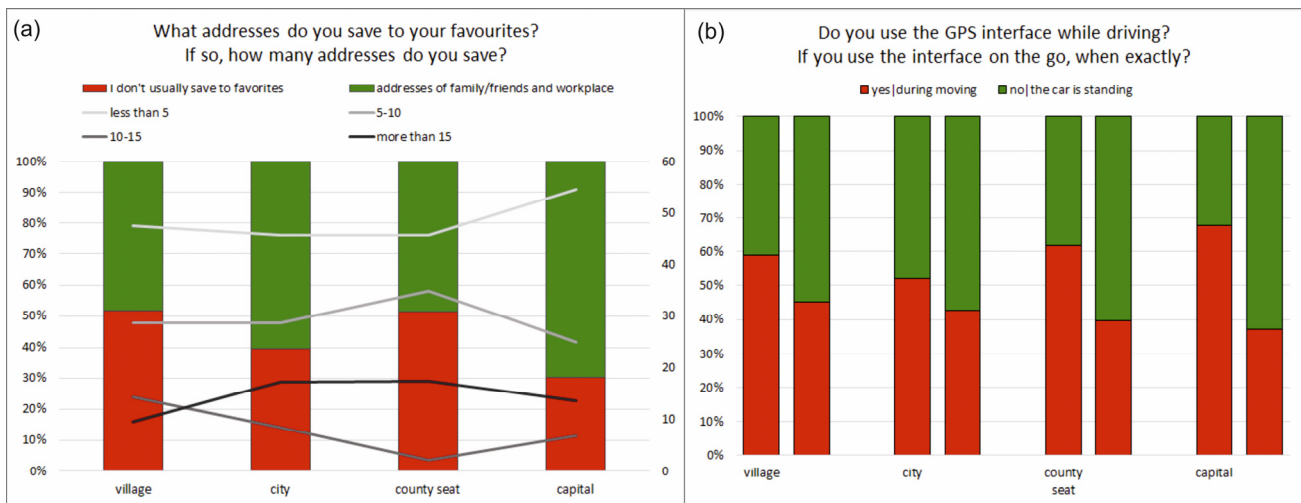


Figure 13. Habits of (a) saving to favorites and (b) GPS usage while driving—grouped by inhabitancy.

3.4. Results Based on Habitat Groups

Hypothesis 4: *People who grow up in different environments have different driving/navigation habits. Differences due to different financial and cultural backgrounds can be detected here.*

The questionnaire was completed in three countries (in this order): Hungary, Romania and Austria. There is a great difference in the age of used vehicles: while the average age of Hungarian and Romanian cars is ~15 years, the average age of Austrian cars is significantly younger, 10 years (Figure 14a). 65% of Hungarians and 74% of Romanians bought a used car, while only 37% did so in Austria. In contrast, Austrians drive other people's cars at a higher percentage. Hungarians and Romanians drive more often on "everyday" roads, and this proportion decreases along with further distances. While in the case of Austrians, this decrease cannot be seen.

Austrians drive abroad almost as often as they do at home, on a daily basis. Interestingly, however, looking at the average number of kilometers driven per year, it is more common for Austrians to travel less. While in the other two countries, the distances are distributed practically exactly the same (20-30-30-20%); in the case of the Austrians it is: 30-35-30-5%. Austrians would rather use a self-driving car, but even in their case, only half of the respondents answered this.

Significantly fewer Hungarian (18%) and Romanian (22%) cars have built-in GPS (Austrian: 45%). These are also the proportions in their use: Hungarians (10%) use it the least, and Austrians (40%) the most (out of all the people interviewed). If we examine the percentage of drivers who have a device in their car and use it, the situation is better. However, there is a difference here as well: 88% of Austrians and 60–63% of drivers in the other two countries use it (Figure 14b).

GPS usage in certain situations can be seen in Figure 15. The nature of the answers is the same in the three countries: the proportion of "always" answers increases continuously from 1 to 8. The "never" responses decrease until situation 6, and then start to increase again. The difference lies in the proportions: Austrians have fewer "always" answers than the other two countries, and more answer "usually". The same is true for planning the road. "I don't plan" decreases until situation 6, and then starts to increase again; while the opposite is true for planning in the car (immediately before driving): its frequency increases until situation 4, and then decreases. On everyday trips, Hungarians tend not to plan.

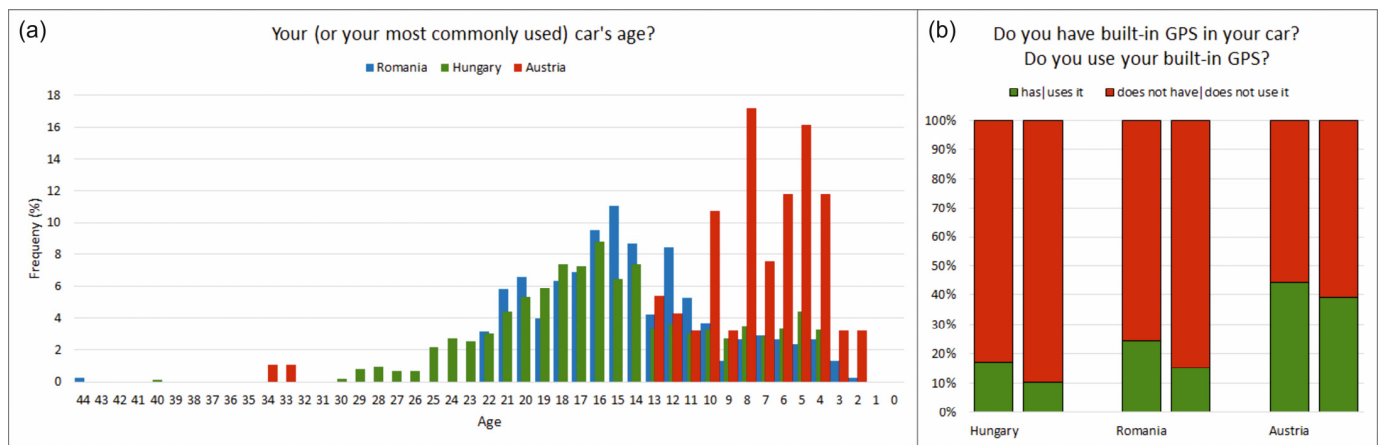


Figure 14. (a) Frequency distribution of the cars' age and (b) GPS usage and existence—grouped by countries.

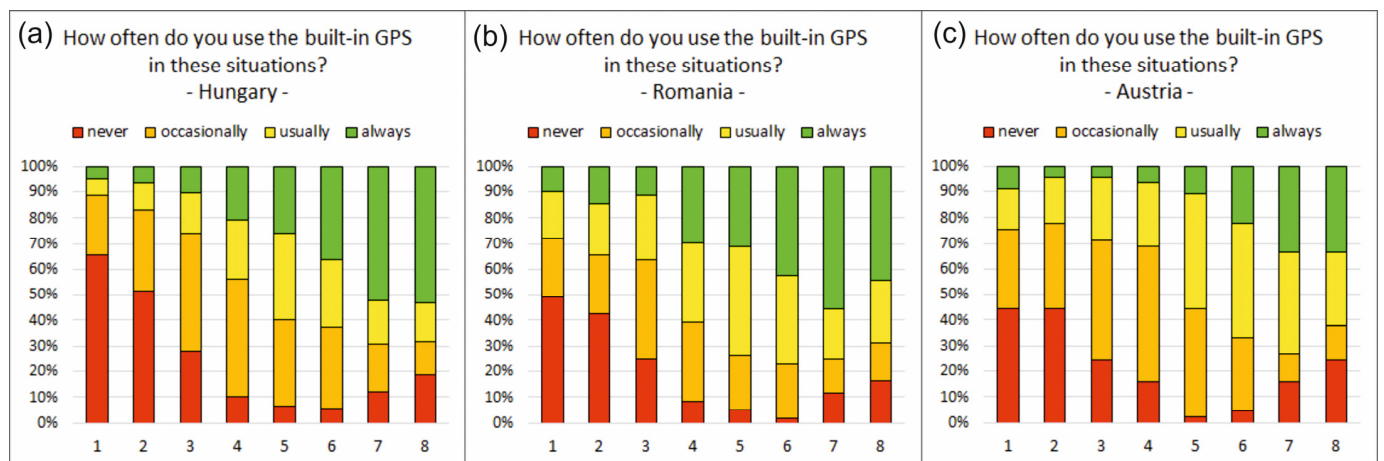


Figure 15. Frequency built-in GPS usage in different driving situations—grouped by countries.

Three quarters of Romanians, 60% of Hungarians, and only half of Austrians update their GPS database. Austrians most commonly answered that they do not know how to update. The most common reason for not updating is that it is too complicated. None of the Romanians indicated this reason. In connection with this, 30% of Romanians update it every 3 months—in a similar proportion, only 30% do it less often than a year. Austrians perform the worst: approx. 5% do it every 3 months, while more than 60% update it less often than one year.

Significant differences can be observed in what applications/devices drivers use (Figure 16). The Hungarians show the most diverse picture: regardless of the driving situation; Google Maps is used most often, closely followed by Waze. What is interesting is that both the “paper map” and “nothing else” appear in a significant percentage of all cases—especially often for everyday (“nothing else”) and foreign trips (“paper map”). The same is typical for Romanians: Google Maps and Waze are used in 40–50% of cases, but “nothing else” and “paper map” are typical only in the first three situations. They use something for navigation in all the other cases. The most homogeneous answers came from the Austrians: Google Maps dominates unanimously (60%), and in addition to “nothing else”, only Apple Maps received a significant number of votes.

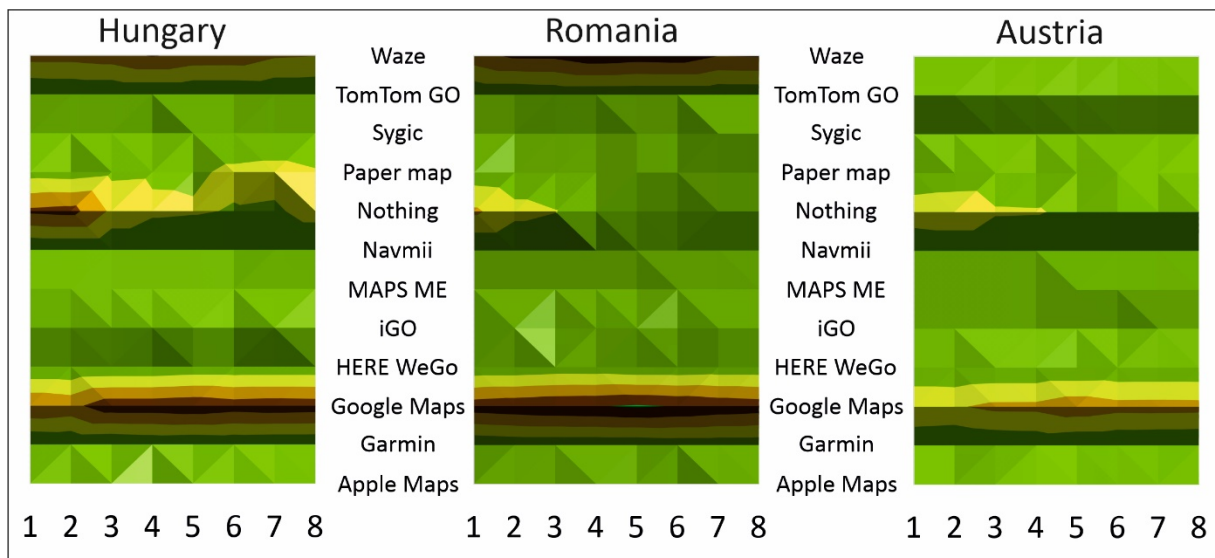


Figure 16. Other navigation devices used in different driving situations—grouped by countries.

Hungarians do not clearly know where they want the built-in navigation interface—the answers are split 25–25% (except for the left-handed option). In the case of Romanians, it can already be seen that the fold-out and the current placement are the favorites. The situation is the clearest with the Austrians: almost half of the respondents are satisfied with the current placement.

Concerning the night function, a very small percentage of drivers disable this function; 84% (Hun, Au) and 92% (Ro) like and use it. Romanians look at alternative routes most often—50% always, 30% occasionally. In the case of the other two countries, the results are just the opposite. The drivers of all three countries prefer to enter one point in the device at the same time—in the case of the Austrians, the “type it in advance” also appears in a significant percentage. In their case, the fewest addresses are saved to favorites: 70% save less than 5. It’s the opposite for the Hungarians, in their case the most common is to save several (up to 10) addresses.

Whether drivers use GPS while driving makes no difference: 60% do so in all three countries. Unfortunately, almost 40% do this when the car is moving—the Romanians are the most careful with only 30% doing so, while 40% prefer to stop when touching the surface.

4. Discussion

Stereotypes are based on placing one (or several) groups above or below others in a given topic—that is, comparison (usually without any scientific aspects). We did the same through the results presented above. Following the previous research, the obtained results were also tested with a statistical test.

The Pearson Chi-square (χ^2) test is a statistical procedure for examining variables with (or can be converted to) discrete distributions. Nominal (or categorical) variables are considered discrete variables. There are different categorical variables, the basic expectation is that an entity (person, thing, etc.) can only fall into one category (the most common example of this type of variable is gender). But it is also a categorical variable whether someone answered the question correctly or not, and who among the potential candidates they voted for in the end. It is important to note that variables with a continuous distribution can also be made discrete by forming a finite number of categories (for example, age categories, etc.). In the case of discrete variables, the frequency of which elements/variables fall into each category can be analyzed. Relationship analysis is worth doing if we are wondering whether there is a correlation between what an individual assumes within two categorical variables—do the expected frequencies in each category differ in a random level?

We first examine whether having a built-in GPS is related to the age of drivers. In this case, the null hypothesis is that possession is independent of age. If $p > 0.05$ then the null hypothesis is rejected. In Table 3 the p values are presented for every question. It is important to note that we are only showing whether there is a correlation—and between which groups, etc. For $p = 0.05$, depicted with red numbers, we can say that there is some correlation. In cases where there were several possible answers, the results have been aggregated.

We now examine whether the stereotypes that we (and previous research) have described are supported by our results:

We assume that the older someone is, the slower and safer they drive, as they are aware of their own limitations (see previous research), and they are not aware of newer technological tools (or even if they are, they don't use them that often). Examining the first column of Table 5 (and the Results section), it can be seen that this is only partially true. They are more thoughtful (e.g., planning habits), drive less and pay more attention to safety (e.g., they don't use the built-in GPS while driving), which supports what was found by others [15–17]. Surprisingly, they know and use the device anyway. Based on these results, it seems that their GPS usage habits are the same as those of younger people.

Table 5. Results of the Pearson Chi-square test. Significant differences ($p < 0.05$) in bold.

Question	Age	Gender	Inhabitancy	Habitat
Did you buy a used car?	<0.001	0.4	<0.001	<0.001
On average, how many kilometers do you drive per year?	<0.001	<0.001	0.59	0.006
If you had no financial limit, would you use a self-driving car on a daily basis?	0.02	<0.001	0.32	0.03
Do you have built-in GPS in your car?	0.03	0.001	0.87	<0.001
Do you use your built-in GPS?	<0.001	0.001	0.5	<0.001
Where do you usually plan your trip?	0.04	0.1	0.96	<0.001
Do you update your built-in GPS?	0.3	0.15	0.18	0.01
How often do you update?	0.2	0.7	0.36	<0.001
Where would you place the navigation information (e.g., arrow) in your area?	0.2	0.4	0.3	0.1
Do you turn off the “night mode”?	0.04	0.18	0.7	0.53
If the built-in navigation system offers alternative routes when planning a route, do you watch it?	0.65	0.99	0.2	0.18
Do you specify intermediate (more) destinations (e.g., gas station, restaurant)?	0.8	0.01	0.05	0.58
What addresses do you save to your favorites?	0.6	0.07	0.08	0.5
If so, how many addresses do you save?	0.1	0.1	0.8	0.05
Do you use the GPS interface while driving?	0.03	0.04	0.4	0.99
If you use the interface on the go, when exactly?	0.98	0.01	0.87	0.34

The most common stereotype is that women cannot drive, and that the act itself is considered a male occupation. In other research, we have seen that women tend to pay more attention to safety and drive more carefully, as found in [36,37]. That is why they give up driving first if they deem the situation tiring/dangerous. Longer trips are preferred to be handed over to male members of the family. The other prejudice is that women are not as friendly with electronic devices. Based on the research, these stereotypes all prove to be true. However, women who have GPS use it with the same confidence as men.

When examining respondents living in different types of settlements, we might expect different driving habits. Based on the results, no differences were found.

Wherever we live in the world, we probably all have our own preconceived notions about the countries (and inhabitants) around our own country. The authors of this article are no exception—they had their own prejudices in relation to the three countries examined. Some of these turned out to be true: examining the last column of Table 5, it can be said that the western country with a higher GDP (Austria) is clearly separated from the other

two in half of the examined questions. In the other half, however, there is no difference: if we look at those who use built-in GPS, there is no difference in usage habits from this point of view. After examining the answers to the questionnaire grouped by age, gender, place of residence and habitat, the following can be said:

Hypothesis 1: *Stereotypes about car navigation (and driving) have a basis.*

Any driving or navigation habits are independent of habitancy. In the case of the other three aspects, a significant difference can be shown in half of the 16 examined questions. In general, most of these connected to the drivers' earnings/financial background. Based on this, it cannot be said that there is a clear connection between certain social characteristics and driving habits.

Hypothesis 2: *As we age, our driving habits get worse, and this can be detected. So, (1) we assume that due to the deterioration of health, the elderly drive less and demand more safety, and (2) they do not use electronic navigation aids as regularly as young people, because they do not know how to use them.*

A difference can be shown in the (non)planning, "night mode" usage and the usage of the GPS while driving. A closer look reveals that the older age group prefers to plan ahead and does not use the device while driving—which shows that they are more thoughtful and pay more attention to safety.

Hypothesis 3: *There is a demonstrable difference in the driving habits of women (bad drivers) and men (good drivers). The general opinion is, women drive less (more in the city) and less confidently and use electronic devices less.*

There is a difference between giving multiple addresses (women do not do it) and using the interface while driving: men use it more, while women prefer not to do it, or if they do, only when the vehicle is stationary (e.g., at a red light). On the one hand, this shows the thoughtfulness of women, and on the other hand, that they prefer to avoid more complex tasks.

Hypothesis 4: *People who grow up in different living environments have different driving/navigation habits. Differences due to different financial and cultural backgrounds can be detected.*

Any driving or navigation habits are independent of inhabitancy; in the examined three countries (see more in [56]), there are differences in planning and updating habits, although the latter may also be related to earnings.

5. Conclusions

Because stereotypes can influence how we behave, it is important to examine their legitimacy. It seems that the stereotypes we have on driving and navigation are mostly false. If the drivers have similar backgrounds, there will be no differences in their habits, even if we assume that women or older people do not understand the devices. Although, in this article, we only examined navigation and closely related driving habits, based on the fact that no clear differences can be shown in most comparisons, we can assume that there will be no significant differences in other driving habits either (e.g., in the male-female relationship). Based on the issues examined here, it would be worthwhile to examine this with comprehensive research in the future—not using an online questionnaire, but, e.g., testing with eye tracking.

The following limits can be stated during the questionnaire: (1) due to the fact that the questionnaire was online, it was more difficult to reach the older age group (it required a different form of distribution), so we were able to achieve fewer completions. (2) Since the distribution of the questionnaire began in a university environment, the age group

thus reached was also a difficulty. (3) Due to the same reason, the number of fillings in the capital was also in the majority. In summary, we warn against using unfounded stereotypes as examples because it seems (with one or two exceptions that have their own social reasons) that most driving and navigation differences depend not on the social but on the material background.

Author Contributions: Conceptualization, F.V., G.G., M.P.P. and B.K.; methodology, F.V.; software, F.V.; validation, G.G., M.P.P. and B.K.; investigation, F.V., G.G., M.P.P. and B.K.; resources, G.G. and M.P.P.; data curation, F.V.; writing—original draft preparation, F.V.; writing—review and editing, M.P.P.; visualization, F.V.; funding acquisition, F.V. and B.K. All authors have read and agreed to the published version of the manuscript.

Funding: F.V. is supported by the ÚNKP-21-3 New National Excellence Program of the Ministry for Innovation and Technology from the source of the National Research, Development and Innovation Fund. B.K. is supported by project no. TKP2021-NVA-29, which has been implemented with the support provided by the Ministry of Innovation and Technology of Hungary from the National Research, Development, and Innovation Fund, financed under the TKP2021-NVA funding scheme.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: Not applicable.

Acknowledgments: Special thanks to Mátyás Magyarai for Romanian information.

Conflicts of Interest: The authors declare no conflict of interest. The funders had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript, or in the decision to publish the results.

References

1. Carter, J.D.; Hall, J.A.; Carney, D.R.; Rosip, J.C. Individual differences in the acceptance of stereotyping. *J. Res. Pers.* **2006**, *40*, 1103–1118. [[CrossRef](#)]
2. Bordalo, P.; Coffman, K.; Gennaioli, N.; Shleifer, A. Stereotypes. *Q. J. Econ.* **2016**, *131*, 1753–1794. [[CrossRef](#)]
3. Bodenhausen, G.V.; Sheppard, L.A.; Kramer, G.P. Negative affect and social judgment: The differential impact of anger and sadness. *Eur. J. Soc. Psychol.* **1994**, *24*, 45–62. [[CrossRef](#)]
4. Brubaker, T.H.; Powers, E.A. The Stereotype of “Old”—A Review and Alternative Approach. *J. Gerontol.* **1976**, *31*, 441–447. [[CrossRef](#)] [[PubMed](#)]
5. Karimi, M.; Hedner, J.; Lombardi, C.; McNicholas, W.T.; Penzel, T.; Riha, R.L.; Rodenstein, D.; Grote, L.; the Esada Study Group. Driving habits and risk factors for traffic accidents among sleep apnea patients—A European multi-centre cohort study. *J. Sleep Res.* **2014**, *23*, 689–699. [[CrossRef](#)]
6. Auriault, F.; Brandt, C.; Chopin, A.; Gadegbeku, B.; Ndiaye, A.; Balzing, M.-P.; Thollon, L.; Behr, M. Pregnant women in vehicles: Driving habits, position and risk of injury. *Accid. Anal. Prev.* **2016**, *89*, 57–61. [[CrossRef](#)] [[PubMed](#)]
7. Parc, C.; Tiberghien, E.; Pierre-Kahn, V. Driving habits in glaucoma patients. *J. Fr. Ophthalmol.* **2012**, *35*, 235–241. [[CrossRef](#)]
8. Kennedy, M.T.; Roche, S.; Lenehan, B.; Curtin, W. Driving plastered: Driving habits of orthopaedic outpatients and the medico-legal implications. *Eur. J. Orthop Surg. Traumatol.* **2006**, *16*, 228–230. [[CrossRef](#)]
9. Shakerinia, I.; Mohammadpoor, M. Relationship Between Psychological Characteristics Mental Health, Aggression and Driving Habits in Dangerous Drivers. *SSU J.* **2010**, *18*, 225–233. Available online: <https://jssu.ssu.ac.ir/article-1-1096-en.html> (accessed on 11 March 2023).
10. McGuire, F.L. Drinking and Driving Habits of Californians. *Am. J. Drug Alcohol Abus.* **2009**, *8*, 541–548. [[CrossRef](#)]
11. Bjerre, B.; Thorsson, U. Is an alcohol ignition interlock programme a useful tool for changing the alcohol and driving habits of drink-drivers? *Accid. Anal. Prev.* **2008**, *40*, 267–273. [[CrossRef](#)]
12. Gallo, J.J.; Rebok, G.W.; Lesikar, S.E. The driving habits of adults aged 60 years and older. *J. Am. Geriatr. Soc.* **1999**, *47*, 335–341. [[CrossRef](#)] [[PubMed](#)]
13. Bhattacharya, S.; Diaz, K. Driving Habits of Older Adults. *Kansas J. Med.* **2012**, *5*, 134–141. [[CrossRef](#)]
14. Bishu, R.R.; Foster, B.; McCoy, P.T. *Driving Habits of the Elderly—A Survey*; SAGE: New York, NY, USA, 2016; Volume 2, pp. 1134–1138. [[CrossRef](#)]
15. Chu, X. The Effects of Age on the Driving Habits of the Elderly: Evidence from the 1990 Npts. CUTR Research Reports. 1994. Available online: https://digitalcommons.usf.edu/cutr_reports/164 (accessed on 11 March 2023).
16. Sengupta, S.; van Landingham, S.W.; Solomon, S.D.; Do, D.V.; Friedman, D.S.; Ramulu, P.Y. Driving Habits in Older Patients with Central Vision Loss. *Ophthalmology* **2014**, *121*, 727–732. [[CrossRef](#)] [[PubMed](#)]

17. Owsley, C.; Stalvey, B.; Wells, J.; Sloane, M.E. Older Drivers and Cataract: Driving Habits and Crash Risk. *J. Gerontol. Ser. A* **1999**, *54*, M203–M211. [CrossRef]
18. Bauer, M.J.; Adler, G.; Kuskowski, M.A.; Rottunda, S. The Influence of Age and Gender on the Driving Patterns of Older Adults. *J. Women Aging* **2003**, *15*, 3–16. [CrossRef]
19. Gwyther, H.; Holland, C. The effect of age, gender and attitudes on self-regulation in driving. *Accid. Anal. Prev.* **2012**, *45*, 19–28. [CrossRef]
20. González-Iglesias, B.; Gómez-Fraguela, J.A.; Luengo-Martín, Á. Driving anger and traffic violations: Gender differences. *Transp. Res. Part F Traffic Psychol. Behav.* **2012**, *15*, 404–412. [CrossRef]
21. Varga, G. *Navigációs rendszerek használata: Felhasználói szokások és interakciók vizsgálata*; BME Mob Innovációs Központ: Budapest, Hungary, 2011; p. 185.
22. Al Mahmud, A.; Mubin, O.; Shahid, S. User experience with in-car GPS navigation systems. In Proceedings of the 11th International Conference on Human-Computer Interaction with Mobile Devices and Services, Bonn, Germany, 15–18 September 2009; pp. 1–2.
23. Hu, S.; Su, L.; Li, S.; Wang, S.; Pan, C.; Gu, S.; Al Amin, M.T.; Liu, H.; Nath, S.; Choudhury, R.R.; et al. Experiences with eNav: A Low-power Vehicular Navigation System. In Proceedings of the 2015 ACM International Joint Conference on Pervasive and Ubiquitous Computing, Osaka, Japan, 7–11 September 2015; pp. 433–444.
24. Nakhimovsky, Y.; Miller, A.T.; Dimopoulos, T.; Siliski, M. Behind the scenes of google maps navigation. In Proceedings of the CHI '10 Extended Abstracts on Human Factors in Computing Systems, Atlanta, GA, USA, 10–15 April 2010; pp. 3763–3768.
25. Wang, L.; Ju, D.Y. Concurrent Use of an In-vehicle Navigation System and a Smartphone Navigation Application. *Soc. Behav. Pers. Int. J.* **2015**, *43*, 1629–1640. [CrossRef]
26. Gardner, R.C. Stereotypes as Consensual Beliefs. In *The Psychology of Prejudice (The Ontario Symposium on Personality and Social Psychology)*; Zanna, M.P., Olson, J.M., Eds.; Lawrence Erlbaum: Hillsdale, NJ, USA, 1994; Volume 7, pp. 1–31.
27. Hamilton, D.L.; Sherman, J.W. Stereotypes. In *Handbook of Social Cognition*; Wyer, R.S., Srull, T.K., Eds.; vol. 2: Ap. Aufl.; Erlbaum: Hillsdale, NJ, USA, 1994; pp. 1–68.
28. Hilton, J.L.; Von Hippel, W. Stereotypes. *Annu. Rev. Psychol.* **1996**, *47*, 237–271. [CrossRef]
29. Bodenhausen, G.V.; Kramer, G.P.; Süsner, K. Happiness and stereotypic thinking in social judgment. *J. Pers. Soc. Psychol.* **1994**, *66*, 621–632. [CrossRef]
30. Kite, M.E.; Stockdale, G.D.; Whitley, B.E.; Johnson, B.T. Attitudes Toward Younger and Older Adults: An Updated Meta-Analytic Review. *J. Soc. Issues* **2005**, *61*, 241–266. [CrossRef]
31. Joannis, M.; Gagnon, S.; Voloaca, M. Overly cautious and dangerous: An empirical evidence of the older driver stereotypes. *Accid. Anal. Prev.* **2012**, *45*, 802–810. [CrossRef]
32. Chapman, L.; Sargent-Cox, K.; Horswill, M.S.; Anstey, K.J. The Impact of Age Stereotypes on Older Adults' Hazard Perception Performance and Driving Confidence. *J. Appl. Gerontol.* **2016**, *35*, 642–652. [CrossRef] [PubMed]
33. Levy, B.R. Mind Matters: Cognitive and Physical Effects of Aging Self-Stereotypes. *J. Gerontol. Ser. B* **2003**, *58*, 203–211. [CrossRef] [PubMed]
34. Pravossoudovitch, K.; Martha, C.; Cury, F.; Granié, M.A. Sex and age differences in the endorsement of sex stereotypes associated with driving. *Span. J. Psychol.* **2015**, *18*, E100. [CrossRef]
35. Granié, M.A.; Papafava, E. Gender stereotypes associated with vehicle driving among French preadolescents and adolescents. *Transp. Res. Part F Traffic Psychol. Behav.* **2011**, *14*, 341–353. [CrossRef]
36. Özkan, T.; Lajunen, T. What causes the differences in driving between young men and women? The effects of gender roles and sex on young drivers' driving behaviour and self-assessment of skills. *Transp. Res. Part F Traffic Psychol. Behav.* **2006**, *9*, 269–277. [CrossRef]
37. Helton, L. Does This Bumper Sticker Make Me Look Reckless? Stereotypes About Driving Ability Based on Perceived Gender. Available online: <https://mcstor.library.milligan.edu/handle/11558/5878> (accessed on 11 March 2023).
38. Kadulina, Y. Eat My Dust: Stereotypes about Female Drivers Persist but Do Not Affect Their Driving. Ph.D. Thesis, University of Ottawa, Ottawa, ON, Canada, 2022.
39. Dontsov, A.I.; Kabalevskaya, A.I. Gender stereotypes among road users. *Psychol. Russ. State Art* **2013**, *6*, 150–163. [CrossRef]
40. Wilson, J. *Essentials of Business Research: A Guide to Doing Your Research Project*, 2nd ed.; Seaman, J., Ed.; SAGE Publications Ltd.: Thousand Oaks, CA, USA, 2014; 339p.
41. Tavakol, M.; Sandars, J. Quantitative and qualitative methods in medical education research: AMEE Guide No 90: Part II. *Med. Teach.* **2014**, *36*, 838–848. [CrossRef] [PubMed]
42. Boncz, I. *Kutatásmódszertani Alapismerek*; Sebestyén, A., Ed.; Pécsi Tudományegyetem Egészségtudományi Kar: Pécs, Hungary, 2015; 290p.
43. McClelland, S.B. Training Needs Assessment Data-gathering Methods: Part 1, Survey Questionnaires. *J. Eur. Ind. Train.* **1994**, *18*, 22–26. [CrossRef]
44. Stone, D.H. Design a questionnaire. *Br. Med. J.* **1993**, *307*, 1264–1266. [CrossRef] [PubMed]

45. Foddy, W. Constructing Questions for Interviews and Questionnaires. In *Theory and Practice in Social Research*; Cambridge University Press: Cambridge, UK, 1993. Available online: [https://books.google.hu/books?hl=hu&lr=&id=tok_OKwywQIC&oi=fnd&pg=PP9&dq=Foddy,+%5CV,\(1993\)+Constructing+Questions+for+Interviews+and+Questionnaires.+Theory+and+Practice+in+Social+Research.+Cambridge,+UK:+Cambridge+University+Press&ots=TA8gi9S1JI&sig=Z4cRKO](https://books.google.hu/books?hl=hu&lr=&id=tok_OKwywQIC&oi=fnd&pg=PP9&dq=Foddy,+%5CV,(1993)+Constructing+Questions+for+Interviews+and+Questionnaires.+Theory+and+Practice+in+Social+Research.+Cambridge,+UK:+Cambridge+University+Press&ots=TA8gi9S1JI&sig=Z4cRKO) (accessed on 11 March 2023).
46. Dillman, D. *Mail and Internet Surveys. The Tailored Design Method*; John Wiley & Sons, Inc.: New York, NY, USA, 2000.
47. Fink, A. *How to Ask Survey Questions*, 2nd ed.; Sage Publications, Inc.: Thousand Oaks, CA, USA, 2003; 143p.
48. Brislin, R.W. The wording and translation of research instruments. In *Field Methods in Cross-Cultural Research*; Lonner, W.J., Berry, J.W., Eds.; Sage: Newbury Park, CA, USA, 1986; pp. 137–164.
49. Oppenheim, A.N. *Questionnaire Design, Interviewing and Attitude Measurement*; Pinter: London, UK, 1992.
50. Dörnyei, Z.; Taguchi, T. *Questionnaires in Second Language Research: Construction, Administration, and Processing*, 2nd ed.; Questionnaires in Second Language Research; Routledge: New York, NY, USA, 2009; pp. 1–185. Available online: <https://www.taylorfrancis.com/books/mono/10.4324/9780203864739/questionnaires-second-language-research-zoltan-dornyei-tatsuya-taguchi> (accessed on 11 March 2023).
51. Lietz, P. Research into Questionnaire Design: A Summary of the Literature. *Int. J. Mark. Res.* **2010**, *52*, 249–272. [CrossRef]
52. Parahoo, K. Focus Groups: Kader Parahoo on Why Focus Groups Are Enjoying Increased in Popularity as a Research Method—Document—Gale OneFile: Health and Medicine. *Nurse Res.* **2007**, *14*, 4. Available online: <https://go.gale.com/ps/i.do?id=GALE%7CA159593148&sid=googleScholar&v=2.1&it=r&linkaccess=abs&issn=13515578&p=HRCA&sw=w&userGroupName=anon~492dd5b1> (accessed on 11 March 2023). [CrossRef]
53. Lehota, L. *Marketing kutatás az agrárgazdaságban*; Mezőgazda Kiadó: Budapest, Hungary, 2001; pp. 49–51.
54. Johnson, T.P. Snowball Sampling: Introduction. In *Wiley StatsRef: Statistics Reference Online*; John Wiley & Sons, Ltd.: Hoboken, NJ, USA, 2014; pp. 12–14.
55. Parker, C.; Scott, S.; Geddes, A. *SAGE Research Methods Foundations*; SAGE Publications Ltd.: London, UK, 2020. Available online: <https://methods.sagepub.com/foundations> (accessed on 11 March 2023).
56. Vörös, F.; Gartner, G.; Peterson, M.P.; Kovács, B. What Does the Ideal Built-In Car Navigation System Look Like?—An Investigation in the Central European Region. *Appl. Sci.* **2022**, *12*, 3716. [CrossRef]

Disclaimer/Publisher’s Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.