Mechanistic understanding of catechols and integration into an electrochemically crosslinked mussel foot inspired adhesive hydrogel

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#### Abstract

Catechol reaction mechanisms form the basis of marine mussel adhesion, allowing for bond formation and crosslinking in wet saline environments. To mimic mussel foot adhesion and develop new bioadhesive underwater glues it is essential to understand and learn to control their redox activity as well as their chemical reactivity. Here, we study the electrochemical characteristics of functionalized catechols to further understand their reaction mechanisms and find a stable and controllable molecule that we subsequently integrate into a polymer to form a highly adhesive hydrogel. Contradictory to previous hypotheses L–DOPA is shown to follow a Schiff-base reaction whereas dopamine shows an intra-molecular ring formation. Dihydrocaffeic acid (DHCA) proved to be stable and was substituted onto a poly(allylamine) backbone and electrochemically crosslinked to form an adhesive hydrogel that was tested using a surface forces apparatus (SFA). The hydrogel's compression and dehydration

dependent adhesive strength has proven higher than in mussel foot proteins (mfp-3, mfp-5). Controlling catechol reaction mechanisms and integrating them into stable electrochemically depositable macroscopic structures is an important step in designing new biological coatings and underwater and biomedical adhesives.

## Introduction

Catechols are a central chemical motif in a variety of biochemical processes. These include electrochemical signalling, adhesion promotion and redox-mediation in both the respiratory and photosynthetic cycles. Essentially they are found in all living organisms and a wide variety of natural environments. Certain marine organisms, such as mussels, have developed sophisticated adhesive proteins with a high (up to 30%) content of the redox-active 3,4—dihydroxy—L—phenylalanine (L—DOPA) amino acid in the sequence to increase their adhesive power to organic and inorganic surfaces in wet and high salinity environments. <sup>1–3</sup> The oxidation/reduction behaviour of catechols has been found to support a precisely controlled reactive environment, mediating interfacial adhesion and crosslinking, and hence cohesion in mussel foot structures. <sup>4</sup>

In particular the controlled local presence of L-DOPA in a mussel foot appears to add to these properties, as it is represented in the mussel foot proteins (mfp).<sup>1,3,5</sup> The L-DOPA content varies between the different mfp<sup>2</sup> and this difference is crucial in the synthetic strategies followed by mussels in the process of adhesion.

There are extensive studies capitalising on L-DOPA's redox chemistry with the goal of producing biomimetic adhesives for medical use and underwater adhesives in general, <sup>6,7</sup> where technical adhesives are often lacking, particularly in environmental and bio- compatibility.<sup>8</sup>

Besides their importance in natural adhesive processes, catechols play a key role in electric signaling in the human brain. L-DOPA is a neurotransmitter used in the treatment of Parkinson's disease and closely related to dopamine and adrenaline in its fundamental

chemistry. 10

The electrochemical behavior of catechols is centered on the oxidation of the two hydroxyl groups, attached to the aromatic ring, to produce an o-quinone, as shown in **Figure 1**. Other properties can be tuned by introducing changes to the side group -R. For instance, as an amino acid, L–DOPA contains both a -COOH and an  $-NH_2$  group that give it an isoelectric point and make it prone to polymerize under certain conditions. The pH of the isoelectric point of L–DOPA is about 5.5-6. At this pH value we will have a zwitterion in solution, yet no auto-oxidation of the catechol.

Figure 1: (a) General oxidation mechanism of catechols. The attached group -R defines the functionalities and reactivity of the molecule. The particular substitutions and trivial names of the molecules used in this work are given in (b).

Specifically in mussel foot proteins, L–DOPA can auto-oxidize, such as described by Yu et al. <sup>11</sup> High pH increases the likelihood of auto-oxidation and thus decreases the adhesion to surfaces such as mica. <sup>2,11</sup> The importance of the interplay of oxidation and reduction in mussel byssus was further shown by Miller et al. <sup>12</sup> This suggests that oxidation of L–DOPA must be carefully controlled, through its micro-environment, in order to keep constant, adhesive properties. <sup>13</sup>

For mussel foot attachment the local pH has been probed using a pH indicator during initial injection of mfp by the mussels, and a strongly acidic pH = 2.5 was detected. <sup>14</sup> This

indicates the central role of the interplay of pH and L–DOPA redox-chemistry during mussel foot attachment. Interestingly, it seems that the mussel closes off the local environment, generating a small volume that can effectively reach a much lower pH that is isolated from the neutral seawater.<sup>14</sup>

In contrast, commonly used surgical glues such as fibrin based tissue glues, show decreased adhesive properties under wet saline conditions. Mussel foot adhesion has therefore been an inspiration for developing injectable <sup>15</sup> and photo-activated <sup>16</sup> biodegradable adhesives for wet tissue repair and as hemostatic agents. <sup>17</sup>

When developing new mussel inspired adhesives, this allows the use of pH to stabilize and manipulate the catechols' adhesive properties. To date L–DOPA based bio-adhesives are crosslinked through pH adjustment to non-acidic values. <sup>18</sup> The disadvantage of such methods is the uncontrolled auto-oxidation of DOPA, which inevitably accompanies a change in pH. In addition, changing the pH does not result in fast kinetics of polymer formation. However, the ability of the catechols to undergo redox processes makes them accessible to electrochemical analysis. <sup>19–22</sup>

Further, for medical procedures usage of electrodes is state-of-the-art and electropoly-merization may offer an interesting path into application of fast electro-curing catechol based adhesives for biomedical applications. Here, we study the redox-chemistry of L-DOPA and a range of molecules with the catechol functionality. We then use the information gained to design a bio-adhesive that can be electrochemically crosslinked and surface grafted.

# Methods and materials

#### Chemicals

3,4-Dihydroxy-L-phenylalanine (L-DOPA,  $98\pm1\%$  purity) and dopamine hydrochloride (99% purity) were purchased from Alfa Aesar, sodium chloride (>99% purity) from Carl Roth and all further chemicals were purchased from Sigma-Aldrich and are of the highest available

grade (> 98% purity). Poly(allylamine hydrochloride) (PAA), was obtained at a molecular weight of  $\sim$ 17,500). All solutions were prepared from Milli-Q water (Merck Millipore purification system, resistivity of 18.2 M $\Omega$ ·cm, TOC  $\leq$ 2 ppb) at room temperature. Stock solutions of 100 mM NaClO<sub>4</sub> or 100 mM NaCl were prepared and pH adjusted to 5.5 by adding HCl or NaOH respectively.

### Surface preparations

Homemade electrodes were produced by physical vapour deposition (PVD) of 100 nm of gold onto a freshly cleaved mica sheet, at a pressure of  $\sim 2 \times 10^{-6}$  Pa (system built at TU Wien). The gold side was glued to a 1 cm<sup>2</sup> glass slide using UV curable glue (NOA 81) from Norland Products Inc and the mica stripped off shortly before use allowing for a smooth, highly ordered gold surface.<sup>23</sup>

#### Electrochemistry

All electrochemical experiments were performed at room temperature using a PalmSense4 potentiostat with a three electrode system. For experiments outside of the QCM-D, gold template stripped from mica was used as the working electrode and a platinum mesh as the counter electrode. All potentials are referenced against an Ag/AgCl (3M KCl) reference electrode. Cleaning cycles were performed in argon bubbled NaCl or NaClO<sub>4</sub> before measurements. For single species cyclic voltammograms (CVs) 1 mM of the respective catechol was dissolved in 100 mM NaClO<sub>4</sub> pH 5.5 and kept under constant argon bubbling during measurements. CVs were performed at a scan rate of 100 mV/s after stabilization of the open circuit potential.

#### DHCA coupling to polymer

Catechol modified polyamine was synthesized as follows: 1) 0.63 g of DHCA was dissolved in 5.8 mL of 100 mM sodium chloride solution with an adjusted pH = 5.5. 2) 26.5 mg N-(3-Dimethylaminopropyl)-N $\prime$ -ethylcarbodiimide hydrochloride (EDC) and 80 mg of N-Hydroxysuccinimide (NHS) were dissolved in 2 mL of the same stock solution, and 0.2 mL was added to the DHCA solution. 3) 1.5 g of polyallylamine hydrochloride was dissolved in 6 mL of the same stock solution. 4) After 10 minutes the two solutions were mixed and stored over night in the dark. After 12 hours the solution appeared clear and light orange/brownish. 5) The pH of the solution was then slowly adjusted with swirling from pH  $\approx$  1.8 to pH = 5.5 using 0.1 M NaOH. This solution was then degassed by Ar-bubbling for at least 10 minutes before use in electropolymerization.

#### Electro-crosslinking of hydrogel

For electropolymerization the electrodes were preconditioned in NaCl solution by potential cycling (between -0.7 V and 0.7 V vs Ag/AgCl) before being immersed in the pH adjusted and Ar-bubbled polymer precursor solution. In experiments with template stripped Au electrodes a potential of 0.4 V vs Ag/AgCl was applied for 60 seconds (**Figure 4b**) or 20 seconds for SFA experiments and the current was measured using chronoamperometry.

# Quartz-Crystal-Micro-balance measurements with dissipation analysis (QCM-D)

Gold coated quartz sensors were purchased from Biolin Scientific and used in a QSense E1 electrochemistry module. An Ag/AgCl (3M KCl) electrode was used as reference and a platinum sheet as counter electrode. All solutions were degassed through constant argon bubbling before being pumped into the module at a flow rate of 50  $\mu$ l/min, at 24°C. After substantial flushing with Milli-Q water and performing cleaning cycles in 100 mM NaCl the

polymer solution was introduced and the electro-deposition started. Chronopotentiometry was performed for 30 seconds and the potential measured at a fixed current of 0.4 mA. During swelling of the hydrogel the polymer solution flow was kept at a constant rate and switched back to NaCl solution after equilibration of the layer thickness. Cyclic voltammograms were performed on the deposited film as seen in **Figure 4c**.

#### Surface Forces Apparatus measurements

Polymer films were prepared on template stripped 40 nm gold surfaces supported by curved cylindrical quartz surfaces with a curvature radius of 2 cm, using heat cured EPO-TEK-377 glue. The other cylinder, with radius of curvature 1 cm, supported a back-silvered mica sheet with 38 nm silver on UV cured Norland optical adhesive (NOA 81). Following a calibration measurement of a blank gold versus the mica sheet to determine the mica thickness, (typically 4-8  $\mu m$  thick) force measurements were performed on the polymer coated surfaces under three different conditions; hydrated in water (the surface was kept in water following deposition), dried (the surface was dried in air overnight before the measurements were taken also in air), and rehydrated (where the dried surface was re-submerged in water for 30 minutes and force measurements were taken in water). The force measurements were made with our Surface Forces Apparatus (SFA) which uses a load cell (strain gauges on a stiff spring) to sense the force independently from the distance measurement obtained from white light multiple beam interferometry. 24 The resultant fringes of equal chromatic order (FECO) are projected into a spectrometer with a 2D sensor. The FECO images were analysed for distance changes using the SFA Explorer software also developed in house. 25 The refractive index used during the fitting for the polymer was a wavelength independent value of 1.478.

## Results and discussion

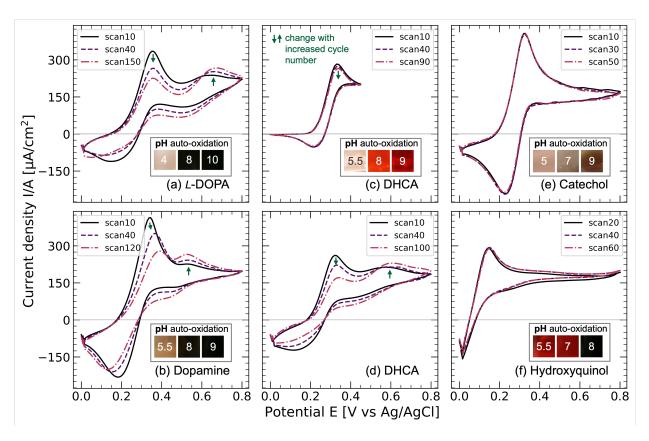


Figure 2: CVs of respective catechols at 1mM concentration in 100mM NaClO4 measured against Ag/AgCl. The arrows indicate the change of the peak position and intensity with increasing cycle number. For both (c) and (d) the solution is the same but the upper limit of the potential range was 0.45 V in (c) and 0.80 V in (d). Inlays show the color of the solutions at respective pH values after 2.5h of auto oxidation at 100 mM catechol concentrations.

Here we first study the redox-response of L-DOPA and related molecules shown in **Figure 1**, and we aim to understand the electrochemical oxidation, and potential subsequent degradation reactions of catechols. We then utilize the mechanistic understanding of catechol electrochemistry to synthesize and characterize a new bio-adhesive and surface coating based on an electrochemically triggered crosslinking.

Aiming to understand the electro-reactivity, **Figure 2** compares a set of cyclic voltamograms for different catechol molecules containing functional side groups (a-d), with the bare catechol (e) and hydroxyquinol (f), all dissolved in 100mM NaClO<sub>4</sub> at pH 5.5. The bare catechol serves as a reference, which does not have the potential for any side reactions.

Hydroxyquinol was added as a reference for potential side reactions that lead to the addition of an OH group to the benzene ring.

First, Figures 2a and b show the redox response of amino acid- and amine-substituted catechols L-DOPA and dopamine, respectively. Both molecules show the same characteristic oxidation peak of the bare catechol control (Figure 2e), with an oxidation potential around 0.32 V. The bare catechol shows a reversible redox behaviour with no side reactions. Due to its structure the only likely reactive part would be the oxidized hydroxyl groups on the benzene ring. If a quinone were to form a stable bond with the hydroxyl group of a reduced catechol or a water molecule this would be visible in a change of the reduction peak height indicating a loss of material or a shift in the peak potential, owing to a change on the ring. Therefore we can rule out this type of interaction. However, both L-DOPA and dopamine show a decrease in current density over multiple scans, paired with the growth of a second oxidation peak at 0.5-0.6 V, indicating a followup reaction at higher potentials.

This observation aligns well with a so-called ECE-mechanism, which describes a consecutive set of reactions going from an initial electrochemical oxidation (E) of the catechol as shown in **Figure 1a**, followed by a chemical reaction (C), and a second electrochemical oxidation (E) as indicated by the peak at >0.5 V. This means, the presence of the amine, and amino acid results in chemical followup reactions of the oxidized catechols with these functionalities. A dark precipitate of the degradation product, visible on the electrode after potential cycling, further confirms this.

As a potential chemical reaction Brun and Rosset proposed, for example, hydroxyquinol formation as an intermediary step. <sup>19</sup> To verify this, we can now compare the CVs of the substituted catechols to the redox behaviour of hydroxyquinol (**Figure 2f**). The measured oxidation peak of hydroxyquinol at 0.15 V however does not overlap with any of the other measured peaks, rendering this intermediary highly unlikely.

Figure 3: Chemical degradation products after the initial oxidation and subsequent chemical reaction of the catechol for (a) L-DOPA - inter-molecular Schiff base reaction (b) dopamine - intra-molecular cyclisation. DHCA - (c) degradation through a quinone methide intermediate to caffeic acid and (d) subsequent ionic Diels-Alder addition. Oxidation states for the key atoms are included in green.

The chemical step is even likely to vary between molecules. Figures 3a and b show possible reaction products of L-DOPA and dopamine. During potential scanning the oxidation peak position remains stable for L-DOPA (Figure 2a) making chemical substitutions of the aromatic ring/ring-system unlikely. Instead, the nucleophilic amine attacks the oxidized catechol of an nearby L-DOPA molecule via a Schiff base reaction, which can ultimately lead to the formation of extended polymeric chains. Hence, a chemically reacted catechol loses its electrochemical reaction ability, reducing the height of the peak, while the available catechols are unaltered in terms of their chemical environment (*i.e.* no shift of the oxidation peak).

In contrast, the oxidation peak of the dopamine shifts to higher potentials with increasing cycles, suggesting a change in the ring-system. This is consistent with a cyclisation to an indole ring through a Michael addition before going further into formation of melanin like aggregates. This mechanism amongst others was proposed by Schindler et al. for pH > 8.

In summary, the chemical reaction step involves an inter- or intramolecular redox reaction without electron exchange with the electrode. Rather, it is a redistribution of redox states in the chemical degradation product. Specifically, the formation of an L-DOPA dimer results in an oxidation of the carbon previously carrying an OH, while the nitrogen reduces (see oxidation states labelled in **Figure 3a**). Similarly, formation of an aminochrome (**Figure 3b**) from the dopamine results in an intramolecular charge reorganisation, with the nitrogen-binding carbon increasing its oxidation state from -I to +I, while the carbons of the catechol functionality decrease their oxidation states from +II to +I. This Michael addition of the dopamine corresponds well with previous studies <sup>27</sup> however the dominance of Schiff base reactions for L-DOPA is in contrast to studies indicating a lower change in Gibbs free energy for Michael additions than Schiff base reactions. <sup>28</sup> However a Michael addition is clearly disproven by the missing shift in the first oxidation peak position in **Figure 2a**.

Second, we can now further compare electrochemical characteristics of a catechol that does not contain any amines/amino acids in the chemical structure. In particular, for DHCA no quinone-amine reaction can take place, i.e. only the carboxylic acid can be active in potential chemical followup reactions with the oxidized form of the catechols. For DHCA we show data for two different potential windows (**Figure 2c** and **d**), which have a significant effect on subsequent CV cycles. When applying potentials below 0.45 V, the oxidation peak current density at 0.3 V remained relatively stable over the course of 90 scans. This indicates that this molecule does not immediately undergo a subsequent chemical reaction. In contrast, when running CVs in L-DOPA or dopamine, the decrease in the first oxidation peak current was independent of the potential scan range (see **Figure S1**).

Coming back to DHCA, **Figure 2d**, there was a strong decrease in the measured peak current over the same number of scans, in combination with an increasing second oxidation peak at 0.5 V, when higher potentials were applied. Again, the constant peak position of the first oxidation peak during scanning of a larger window again suggests a side-chain reaction rather than a change in the aromatic ring structure. This precludes a cyclisation of DHCA

to dihydroesculetin as suggested previously.<sup>29</sup> The data instead support a tautomerization to quinone methide, in a slow process, followed by a more rapid auto-isomerization to caffeic acid esters.<sup>30,31</sup> These structures have unsaturated side-chains, which are stabilized by conjugation with the aromatic ring.

**Figures 3c** and **d** show a possible reaction pathway where, after a first oxidation process, quinone methide slowly degrades to caffeic acid (c), which after a second oxidation can dimerize (and ultimately polymerize) by an ionic Diels-Alder addition (d).

The described chemical reactivity of all compounds is further confirmed by visual inspection of pH adjusted catechol solutions. The color box insets in Figure 2 show the color of a 100 mM solution of the respective catechols after pH adjustment to the indicated pH values. Similar to electrochemistry, increase of pH equally shifts the equilibrium of oxidized and reduced forms towards the oxidized form. This can be inferred from the chemical reaction shown in Figure 1a, which will shift to the right hand side if the proton concentration is lowered. Increase of the pH can hence initiate a process know as auto-oxidation and possible polymerization. The oxidized form can initiate a degradation based on chemical reactions seen in the redox-characteristics.

All amine containing molecules, *i.e.* L-DOPA and dopamine, indicate the rapid formation of a black/dark precipitate due to an uncontrolled polymerization/degradation. This is effectively an equivalent to melanin routes observed e.g. during aging.<sup>32</sup>

In contrast molecules containing no amines indicate no precipitate formation, but still significant color changes, due to the change of the electron configurations in the polymerizing (but still soluble) aromatic systems (conjugation). E.g. DHCA solution turns from an initial rose color into a dark reddish color. This is again consistent with a slower dimerisation, and no pronounced uncontrolled polymerization.

In summary, the higher stability and lower tendency for auto-oxidation compared to L-DOPA and dopamine make DHCA an attractive alternative for further use in catechol-based adhesive polymer and/or hydrogel design.

#### Catechol-based hydrogel

Catechol and amine crosslinking mechanisms have been used to develop multiple mussel inspired polymers as wet organic adhesives, which are of great interest for the development of tissue glues. Here, we aim to utilize DHCA as an alternative to dopamine and L-DOPA. It still offers the catechol functionality, while providing increased chemical/electrochemical stability. We aimed to synergistically combine both an amine functionality and the catechol within the polymer<sup>33</sup> by chemically modifying a polyamine with DHCA, that could be electrochemically crosslinked via a Schiff base reaction.

In detail, a DHCA modified poly(allylamine) (see methods) was either crosslinked through alkaline pH adjustment to  $\geq 8$  or electropolymerized on a gold electrode. The ratio of amines on the PAA to DHCA molecules was 10:3, leaving enough free amines for crosslinking and adhesion promotion to a negatively charged substrate.

First, in the case of pH adjustment a "skin" was formed at the air-liquid interface after about 24h that continued to increase in thickness until the polymer aggregates in the solution were depleted. The rate of formation also depended on the pH, with higher pH values resulting in faster kinetics. When cut, this polymer layer showed self-healing properties within a few minutes, owing to the reservoir of polymer underneath the "skin" (see **Figure S2**). This is in agreement with recently published results by Lee et al. of a similar hydrogel that was crosslinked through pH adjustment and thoroughly tested. <sup>34</sup> These properties may be enhanced further by introducing Fe<sup>3+</sup> ions to make use of the catechol's strong metal coordination capability <sup>35</sup> as has been shown previously. <sup>36,37</sup>

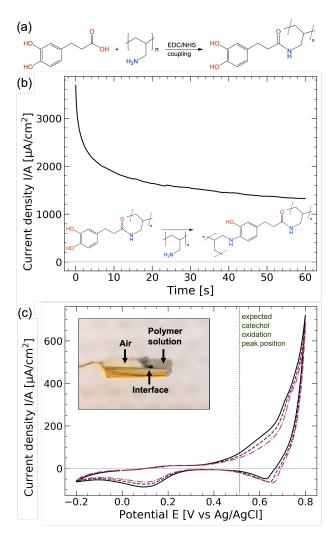


Figure 4: (a) Schematic of DHCA coupling to PAA. (b) Electrochemical deposition and reaction scheme of polymer crosslinking at 0.4 V. (c) CV of a deposited hydrogel film in 100 mM NaCl on a gold surface (QCM-D crystal, see methods for details). The dashed line shows the catechol oxidation potential. The absence of a peak at this position indicates that the polymer has fully crosslinked near the electrode interface. Inlay is an example of a deposited hydrogel film on a partially immersed electrode.

When electrochemically crosslinking the polymer from the solution at pH 5.5, a hydrogel layer was formed by applying a constant potential. With increasing thickness of the layer the growth is slowed down as is visible in the current density decrease after several seconds of deposition (**Figure 4b**). Also, under electrochemical conditions the growth at the air water interface is visibly accelerated as seen in the inset in **Figure 4**c, where the growth was triggered at the air water interface on purpose.

As further shown in **Figure 4c** cyclic voltammograms of the deposited film, at 100 mV/s in 100 mM NaCl solution, showed that the majority of catechols close to the hydrogel-electrode interface were cross-linked through amine coupling to the PAA backbone and could no longer be oxidized (absence of oxidation peak at 0.32 V). Again a standard 3 electrode setup was used, with a Ag/AgCl reference electrode and a gold coated QCM-D crystal as the working electrode. In addition, this might be interesting for future experiments, performing in-situ electrochemical experiments on mussel feet during plaque formation through the electrochemical manipulation of the adherent surface.

#### Electrochemical deposition with QCM-D

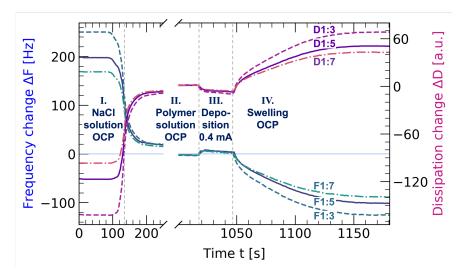


Figure 5: QCM-D characterization of hydrogel deposition. Frequency and dissipation of overtones 3, 5 and 7 are displayed, labeled F1:3-7 and D1:3-7 respectively. Different phases are labelled I-IV (c.f. text for details). The open circuit potential before deposition is typically at -0.1 to 0.0 V.

For further analysis of the hydrogel film growth, QCM-D analysis was performed during chronopotentiometric deposition of the hydrogel combined with frequency and dissipation measurements. The modelling of the mass gain proved difficult as the large fluctuations in viscosity, shear force and density disqualified Sauerbrey frequency modelling and constituted too many variables for conclusive Voigt-based viscoelastic modelling.

Hence, Figure 5 only qualitatively shows the four determined phases of the electrodeposition. After the initial phase of constant NaCl solution flow at a rate of 50  $\mu$ L/min the switch to polymer solution in phase II leads to the absorption of non-crosslinked polymer onto the gold surface. When the deposition current 0.4 mA is applied at the start of phase III, these aggregates start to crosslink and the polymer is densely bound onto the electrode. In the following phase IV the electrochemical deposition is stopped while the layer continues to grow substantially, as seen in the frequency changes, which we attribute to swelling and it also undergoes large changes in viscosity and density as indicated by the dissipation change. When the hydrogel is well hydrated, the swelling stops and the layer stabilizes.

This layer had a strong adhesion to the gold electrode surface, which is evaluated in the next section.

#### Hydrogel adhesion to mica

The adhesion was tested using two complementary experiments. First, we simply pressed a unit area normalized cleaned glass surface against an electrodeposited hydrogel film, and added load by hanging weights perpendicular (normal) to the surface on the formed contact. When two surfaces are coupled in such a way by this film, the system can sustain a load of  $\geq 1.3 \text{ N/cm}^2$ , with an adhesive failure at the glass/polymer interface. That is, we tested the adhesion of the outer surface of the formed polymer. Compared to the world record technical adhesive  $(3.4 \text{ kN/cm}^2)$ ,  $^{38}$  this is a rather weak adhesion. However for a wet system such as Tisseel, a fibrin based product  $(8.8 \text{ N/cm}^2)^{39}$  used as a sealant in surgical applications, it is reasonably high and promises potential applications, in particular considering that it can be swiftly crosslinked by applying an electrochemical potential. We also find that with some of these load tests the adhesion failure occurred at the interface between the gold and the commercial UV glue, indicating that the adhesion at the electrochemically grown hydrogelgold interface is even stronger than at the hydrogel-mica interface, at which the following measurements are taken.

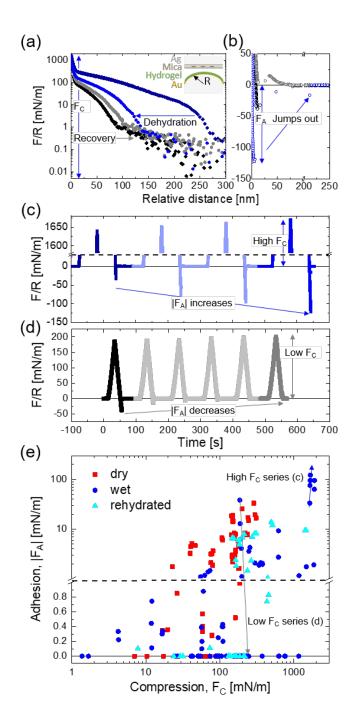


Figure 6: SFA adhesion force measurements of hydrogel covered gold surfaces facing a mica surface (layers illustrated as inset in (a)) under various conditions. (a) Normalised force, F/R, versus distance characteristics during approach and (b) the adhesion minima,  $F_A$ , during the separation of the surfaces, for a wet hydrogel in water. The distance scale is relative to the minimum hard wall thickness recorded for the hydrogel film  $\sim$ 15 nm compared to the dry contact between the mica and the bare gold surface. In both (a) and (b) the dark and light blue points correspond to two cycles at high values of compression,  $F_C$ , and the black and grey points correspond to a lower  $F_C$ . These same force runs are illustrated against time in (c) for the high  $F_C$  values and in (d) for the lower ones. (e) Absolute adhesion force,  $|F_A|$  map as a function of  $F_C$  under various sample and environmental conditions. Dry samples were measured in air and the rest in water. 17

We then further characterized the polymer hydrogel and quantified the adhesion in a surface forces apparatus (SFA) experiment. Specifically, the dried hydrogel samples were measured in air, whereas the wet and the rehydrated samples were measured in Milli-Q water. **Figure 6a** shows the measured approach of a negatively charged mica surface against the electrochemically grown hydrogel.

First, the data show that the fully hydrated hydrogel is approximately 250 nm thick, based on the increase in force at around 250 nm, where the surface touches the hydrogel. Further, the compression at increasing load indicates that the coating is highly compressible as expected for a hydrogel, and can be dehydrated to 10% of its thickness at an applied load of 300 mN/m. During approach of the mica surface the water is pushed out of the hydrogel layer leading to a roughly exponential increase in normalized force (F/R). Further compression leads to a change in the slope of the force-distance curve until a constant hard wall, where no further change in distance can be achieved. The plotted distance is relative to this fully compressed polymer thickness of approximately 15 nm. With repeated cycles at both high (dark to light blue) and low (black to grey) compression, although the overall thickness of the layer changes, the point at which the slope changes remains at around 11 nm from the minimum thickness (26 nm total thickness). Suggesting that there is a change in the dehydration and hydrogel network rearrangement at this thickness. There is some recovery of the hydration when cycling continues at a lower compression (black to grey).

Next, in **Figure 6b**, the adhesion of the electro-deposited hydrogel film to the bare mica is shown during the separation of the the surfaces. For high compressions (blue) the film is barely stretched at all before the mica jumps out of adhesion, whereas it recovers to 11-12 nm relative thickness before jumping out or back onto the repulsive curve for the low compression cycles (black/grey).

The adhesive minimum measured during separation strongly depends on the film properties (history and hydration state) and the amount of compression during approach. In **Figure 6c and d** the effect of repeated cycling at high and low compressions respectively is

highlighted in the force-time plots. At high compression the gradual increase in adhesion is significant with only a minimal increase in the compression. With low compression the adhesion decreases again but, although the adhesion indicates fewer catechol and amine bonds to the mica, the hydrated thickness does not recover easily during continued cycling even at a lower compression than that required for full dehydration.

Last, **Figure 6e** shows the measured adhesion as a function of applied load as well as hydration conditions. A higher compression was required in order to reach the hard wall for the wet samples that had never been dehydrated in air compared to the dry samples. The overall trend is that the maximum adhesion recorded increases with compression. On average the dry samples show a higher adhesion in air than those measured in water which is to be expected, due to the significantly reduced screening of interactions, such as van der Waals interactions, in air. Within each of the wet and rehydrated data sets there are some further hydration effects caused by repeated cycling, as highlighted by the arrows associated with the high and low  $F_C$  series from panels (c) and (d).

Overall the hydrogel showed adhesive strengths of  $\sim 4$  mN/m and above at compressions of  $\sim 200$  mN/m for wet samples,  $\sim 160$  mN/m for rehydrated samples and  $\sim 40$  mN/m for dry samples in air. This threshold, of the upper adhesion values, is used as a comparison to the adhesion reported for mfp-5 by Lu et al. where the adhesion was not pressure dependent.<sup>3</sup> For those instances where the adhesion remains below this value at higher  $F_C$ , the hydration, caused by the compression cycling history, is key to the final adhesion recorded. We can explain the adhesion increases by a higher catechol and amine density at the dehydrated interface. There are three likely contributing factors. First, the hydrogel will have essentially collapsed in the dehydrated state increasing the density of the entire 3D network, implicitly increasing the catechol and amine density at the surface. Second, the reduced number of water molecules associated with the hydrogel network reduces the energy penalty associated with the bonds being formed between the amines/catechols and the mica. Finally, the increase in adhesion with repeated cycling seen in **Figure 6c** could also be attributed to

more adhesive groups becoming oriented to the outer surface of the hydrogel, owing to slow rearrangement of the crosslinked polymer network, in addition to the dehydration effects.

With compression and dehydration, the hydrogel adhesive strength can therefore be significantly higher than that measured for mfp-3 and mfp-5 in aqueous solution at pH 5.5 with 1.4 mN/m and 4.6 mN/m respectively after 2 minutes of compression. Importantly, we note the adhesion quantified here is of the outer surface of the hydrogel against the mica surface, the adhesion against the gold surface, at which it was electrochemically grown, is significantly stronger and never failed during the SFA experiments. In order to break the adhesion at the hydrogel-gold interface both adhesion over the area and the cohesion of the hydrogel along the perimeter of the contact area would have to be smaller than the adhesion of the mica-hydrogel interface. Therefore the cohesion of the hydrogel, close to the interface is also likely to be strong and contribute to there not being a failure of the gold-hydrogel interface even after multiple force runs. These are also both smooth surfaces and therefore the overall adhesion to a rough bio-material could be higher from the increased effective surface area and opportunities for an interphase on a nanoscale.

# Conclusions

In this work we studied the electrochemical characteristics of a comprehensive set of differently functionalized catechols. The following specific conclusions can be summarized as follows:

- Based on the comprehensive set of molecules, electrochemical reaction mechanisms could be elucidated.
- Compared to non-functionalized catechols, all catechol molecules that contain either amine, acid or both functional groups indicate an ECE mechanism in CVs.
- The chemical steps indicated a consecutive inter-molecular condensation either as a Schiff-base reaction for L-DOPA, an ester formation of DHCA, or an intra-molecular

ring formation for dopamine after the first electrochemical oxidation of the catechol functionality.

- No hydroxyquinol formation was detected for the catechols used in this work.
- DHCA shows the least pronounced auto oxidation tendency. It is also more stable and hence easier to control compared to L-DOPA. In particular, if the potential during oxidation is maintained below 0.45 V vs. Ag/AgCl.
- This suggests that DHCA is a more stable and well controlled precursor for catechol based polymer design for underwater adhesion.
- A novel polymeric hydrogel was electrocrosslinked based on DHCA modified polyamines,
   using the intermolecular Schiff-base reaction.
- In SFA measurements the hydrogel showed high adhesion compared to previous work on mussel foot proteins at the outer water/polymer interface.
- On the electro-crosslinking substrate the adhesion appeared considerably higher, that is the polymer showed a strong attachment to the surface it grows on combined with the cohesion of the hydrogel in both dry and wet conditions.

Based on our findings, new and more stable, as well as highly adhesive underwater glues may be developed. Our outlook is that further studies and simulations will help contextualize the reactivity of L-DOPA and L-DOPA modified peptides, with a great degree of control over the micro-environment. The strategy of combining catechols with other functional groups and amino acids in adhesives allow for synergy, in adhesion and reactivity, between different moieties to be explored. Also, subsequently developed polymers may form a reliable and reproducible electrochemically deposited coating for a range of applications, including corrosion inhibition and substrate modification for further chemical/structural modification for more complex interfacial architectures.

# Acknowledgement

The authors thank the European Research Council for the support given through the ERC Grant No. 677663 (understanding of catechol electrochemistry) and the Austrian Research Promotion Agency FFG in the framework of the COMET Center of Electrochemistry and Surface Technology, CEST, through grant #865864 (biomaterial synthesis, biomimetic glues and coatings).

# Data availability

The raw and processed data required to reproduce these findings are available from the corresponding author via www.repositum.tuwien.ac.at upon reasonable request.

# Supporting Information Available

Supporting information contains: Additional cyclic voltamograms of L-DOPA and dopamine, self healing images.

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